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## Moneys of England.

King Edward the first establisht  
a standard for Coyne. viz.

24 Graimes made one penny ster-  
-ling, 20 penny weight one ounce,  
& 12 ounces, or 5760 Graimes made  
a pound sterling consisting of  
twenty shillings. Of these 12 oz.  
11 0 2 penny w. sterling was to be  
of fine silver, & the weight of 18  
penny sterling the minter did  
add. So that anciently a pound  
sterling was a pound Troy weight.  
whereas now, 1<sup>lb</sup> sterling is but  
 $\frac{1}{3}$  of 1<sup>lb</sup> Troy, & a little more  
then  $\frac{1}{4}$  of 1<sup>lb</sup> Avoir du pois. w.

In the time of the aforementioned Silver  
Edw. 1. The Coyne were only 4 pence  
3<sup>d</sup>. 2<sup>d</sup>. 1. halfe penny, & the farthing  
all of silver. The first Gold Coyne by Ed: 3.

The pound weight Troy of silver  
since the Reigne of Q. Eliz: hath  
ben cut at 62 shillings, & the  
silver Coyne now current in Engl:  
are the Crowne or 5 shill: w<sup>ch</sup> is  
almost the ounce Troy, then halfe  
Crownes, Shillings, 6<sup>d</sup>, 4<sup>d</sup>, 3<sup>d</sup>, 2<sup>d</sup>, 1<sup>d</sup>.

For Coynage, there was till of  
late allowed 2 shill: in the pound Troy  
of silver, so that the Merchant who  
brought in the bullion, received  
only 60 shill: for each pound Troy,  
which

which made the ounce to be just  
5 shill:; but by Act of Parl: for  
encouraging of Coyneage, the charge  
of Coyneage is defrayed by an Imposi-  
-tion on Brandy, & nothing payd  
by the bringer in of the Bullion, so  
now the Merchant receives 6s Shill:  
for every pound Troy of Bullion.

Gold.

The pound weight or 12 ounces  
Troy of Gold, is divided into 24 pts  
called Carrats, each Carrat 10<sup>gr</sup>  
Troy, or halfe an ounce, & the Car:  
divided into 4 pts<sup>ch</sup> are called  
Carrat Graines. The Carrat Gr  
is 2<sup>gr</sup>  $\frac{1}{2}$ , or 60 ordinary Graines.  
The Car. Gr. is divided into divers pts.

The Standard of Crown Gold  
is 22 carrats of fine Gold, & 2  
Car: of allay in the pound<sup>wt</sup> Troy.  
The Allay of some Gold is all silver  
as the Guinea Gold, & some all Cop-  
-per, w<sup>ch</sup> renders the Gold Coyneage some  
more white, some more yellow.

The pound<sup>wt</sup> Troy of Gold is cut  
into 44 pts & halfe, each pt 20<sup>s</sup>  
& the halfe pt 10 shill: There are  
coyned also some peices of 40 S<sup>s</sup>,  
some of 100 shill. of proportion-  
-able weight & fineness w<sup>th</sup> the 20<sup>s</sup>  
peice. Of the 44<sup>th</sup> 10<sup>s</sup> coyned  
of the pound Troy, the King had  
15<sup>s</sup> for Seignorage & Coyneage, &  
the Merchant recd but 43<sup>l</sup> 15<sup>s</sup>  
but now since the Act of Parl.



forefaid 44<sup>th</sup> 10<sup>s</sup>  
The Standard of Sterling Silver Silver.

is 11<sup>oz</sup> 2<sup>dwt</sup> of fine silver, & 18<sup>dwt</sup> of  
allay of Copper out of the five, & so  
proportionably; so if 12<sup>oz</sup> of pure silver  
w<sup>th</sup> out any allay, is worth 3<sup>li</sup> 4<sup>s</sup> 6<sup>d</sup>  
& an ounce is worth 5<sup>s</sup> 4<sup>d</sup>  $\frac{1}{2}$ ; but  
w<sup>th</sup> allay is worth but 3<sup>li</sup>, & if ounce 5<sup>s</sup>.

The Spanish, French, & Flemish Gold.  
Gold is almost as fine as English.

The English Silver hath less allay Silver  
then the French, or Dutch.

The moneyers divide the pound  
weight into 12 ounces Troy

The { Ounce.  
Pen-w.  
Graine.  
Mite.  
Droite.  
Perit. } into { 20. penny weight.  
24. Graines.  
20. Mites.  
24. Droites.  
20. Perits.  
24. Blanks.

The proportion of Gold to silver  
is as 1 to 14 & about one third;  
viz: 1 ounce of Gold is worth in  
silver 14 ounces & about  $\frac{1}{3}$ , or 3<sup>li</sup>  
14<sup>s</sup> 2<sup>d</sup> of English money.

Since Reft. Car. 2. stamping  
of money w<sup>th</sup> hammers hath been left,  
& all stamp'd by a mill or Screw.

Weights & Measures of England. weights

By the 27 Chapt: of Magna Charta &  
all weights & Measures ought to be Measures  
according to the Kings Standards  
kept by an Officer of his house (in  
the Exchequer) called Clerk of y<sup>e</sup> Market.

Weights. Of weights 2 sorts { Troy weight  
 In Troy weight. { Avoirdupois  
 Troy weight 24 grames of wheate make a penny w<sup>th</sup> <sup>(sterling)</sup>  
 20 Penny weight make an ounce  
 12 Ounces make a pound. So there  
 are 480 Grames in an ounce, and  
 5760 Grames in a pound Troy.

By this weight are weighed peales  
 precious stones, Gold, silver, bread  
 & all corne & grame; & this w<sup>th</sup>  
 the Apothecaries use though by  
 other divisions, their least mea-  
 sure is a grame.

20 Grames	} <sup>℥</sup> {	Scruple	} <sup>℥</sup> {	3
3 Scruples		Drachm		3
8 Drachms		Ounce		3
12 ounces		pound		16

Avoir-  
 du-pois weight. In Avoirdupois weight.  
 438 Grames make an Ounce  
 16 Ounces make a pound Avoirdupois

The ounce Avoirdupois is  
 lighter then the ounce Troy by  
 42 Grames in 480, that is neare  
 a 12<sup>th</sup> part, so the ounce Avoirdupois  
 containeth but 438 grams, & is  
 as 73 to 80, that is 73 ounces  
 Troy are as much as 80 Avoirdupois.

The pound Avoirdupois is  
 heavier, the pound Troy, & is  
 as 73 to 60, that is 73 pound Troy  
 makes but 60 pound Avoirdupois.

The ounce Troy being heavier then  
the ounce Avoird<sup>l</sup>: 14 ounces Troy  
& halfe & the 10<sup>th</sup> pt of a Troy ounce  
make a pound or 16 ounces Avoird<sup>l</sup>.

By this weight are weighed all Avoird-  
Grocery wares, Fleesh, butter, Cheefe, -du-pois.  
Iron, Hemp, Flax, Tallow, Wax,  
Lead, Steel, & all things of which  
comes wast; & therefore 112<sup>lb</sup>  
Avoirdupois is called a hundred  
weight, 56 pound halfe a hundred,  
& 28<sup>lb</sup>  $\frac{1}{4}$  of hund, or Tod; 8<sup>th</sup>  
Avoird<sup>l</sup>. amongst Butchers a Stone.

Note that when wheate is at Bread  
5 shill<sup>l</sup>. the bushell, then the penny Troy  
white loafe is to weigh 11 ounces weight  
Troy, & three halfe penny wheate-  
en loaves to weigh as much, &  
the household penny loafe to  
weigh 14 ounces Troy, & two  
third parts of an ounce, & so  
more or less proportionably.

Note also that here, as in other Silke  
Countrys, Silke men use a weight Avoird-  
called Venice ounce, w<sup>ch</sup> is 13<sup>dr</sup> -du-pois  
& 12 gr: so that 12 ounces Venice  
is but 8 ounces 4 penny Troy, &  
9 ounces Avoirdupois; but of this  
there is no Standard, neither  
doth the Magistrate allow of it.

Measures

All Measures are either  
Applicative or Receptive.

measure The smallest measure applicative

Application is a Barly corne, whereof 3 in-  
length make a fingers breadth or  
Inch, 4 Inches makes a handfull  
3 handfulls a foote, 1 foote & halfe  
a Cubit, 2 cubits a yard, one  
yard & a quarter an Ell, five  
foote makes a Geometricall pace  
6 foote a fathom, 16 foote & a  
halfe make a perch, pole, or rod  
40 Perch make a Furlong, 8 -

Mile.

Furlongs or 320 perch make  
an English mile; w<sup>ch</sup> according  
to the Statute of 11. H. 7. ought  
to be 1760 yards, or 5280 foote,  
that is 280 foote more then the  
Italian mile; 60 miles or more  
exactly 69 miles & a halfe make  
a degree, & 360 degrees, or 25020  
miles compass the whole Globe of  
the Earth.

Land.

For measuring Land 40 perch  
in length & 4 in breadth make  
an Acre of land, 30 Acres ordi-  
narily make a yard-land & 100  
acres are counted a Hide of land



but in this & also in some weights  
& <sup>other</sup> measures, the Custome of y<sup>e</sup> place  
is otherwise, yet must be regarded.

In France about Paris 12 fathes French  
make a foute, 22 foute make a perch, measure  
& 100 perches make an Arpent.

Receptive Measures are two-fold, Measure  
of Liquid or moist things; & 2<sup>d</sup> Receptive  
of dry things.

About a pound Avoirdupois makes <sup>of moist</sup> things.  
the smallest receptive measure called  
a pint, 2 pints make a quart, 2  
Quarts a Pottle, 2 Pottles a Gallon, Ale.  
8 Gallons a Firkin of Ale, 2 Firkins  
a Kilderkin, 2 Kilderkins or 32 Gall.  
make a Barrell of Ale.

Nine Gallons make a Firkin of Beere.  
beere, 2 Firkins a Kilderkin, 2  
Kilderkins or 36 Gallons make a  
Barrell of Beere, 1 Barrell & halfe  
or 54 Gall. make a Hogshead,  
2 Hogsh; a Pipe or Butt, & 2 Pipes  
a Tun, consisting of 1728 pints.

A Barrell of Butter or Soape, Butter  
is the same with a Barrell of Ale. Soap.

The wine measures are smaller Wine.  
then those of Ale & Beere, & hold  
proportion as 4 to 5 so that 4  
Gall. of Beere are 5 of wine mea-  
sure, & a Gallon of wine is 8 pounds Troy

Troy weight; 18 of these Gall  
 make a Rundlet, 31 Gall. &  $\frac{1}{2}$   
 make halfe a Hogshead, 42 Gall.  
 make a Tierce, 63 Gall: make  
 a Hogshead, 84 Gall: a Puncheon,  
 126 Gall. a Pipe or But, & 252  
 Gall: or 2016 pints make a Tun.

Of dry things. To measure dry things as Corne  
 or Graine, there is first the Gallon,  
 wh<sup>ch</sup> is bigger then the wine Gallon,  
 & less then the Ale or Beere Gallon,  
 & is in proportion to them, as 33 to  
 28 & 35, & is counted 8<sup>th</sup> Troy.  
 2 Gall. make a Peck, 4 Pecks  
 a Bushell, 4 Bushells y<sup>e</sup> Comb  
 or Curnock, 2 Curnocks a  
 Quarter, & 10 Quarters a Last  
 or Weigh, wh<sup>ch</sup> contains 5120  
 Pints, & about so many pounds.

Troy weight for Gold. 24 Grains 1 weight  
 460. 20 1<sup>st</sup> wt made 1 ounce. wh<sup>ch</sup> is 480 gr  
 which is worth 3<sup>th</sup> 14<sup>th</sup> 2 The halfe  
 10. 1<sup>st</sup> wt ounce 240 gr worth 1<sup>th</sup> 17<sup>th</sup> 1 the gr  
 240. of an ounce is 5. 1<sup>st</sup> wt 120 gr worth  
 120. 18<sup>th</sup> 6<sup>th</sup>  $\frac{1}{2}$  The  $\frac{1}{8}$  of an ounce 2. 1<sup>st</sup> wt  $\frac{1}{2}$   
 60. 60 gr worth 9<sup>th</sup> 3<sup>th</sup>  $\frac{1}{4}$  The  $\frac{1}{16}$  of 1 ounce  
 30. is 1<sup>st</sup> wt  $\frac{1}{4}$  30 gr worth 4<sup>th</sup> 7<sup>th</sup>  $\frac{1}{8}$   
 15. The  $\frac{1}{32}$  of an ounce is 15 gr & worth  
 2<sup>th</sup> 3<sup>th</sup>  $\frac{3}{16}$  A graine is worth  
 1<sup>st</sup>  $\frac{3}{4}$   $\frac{1}{8}$  almost.

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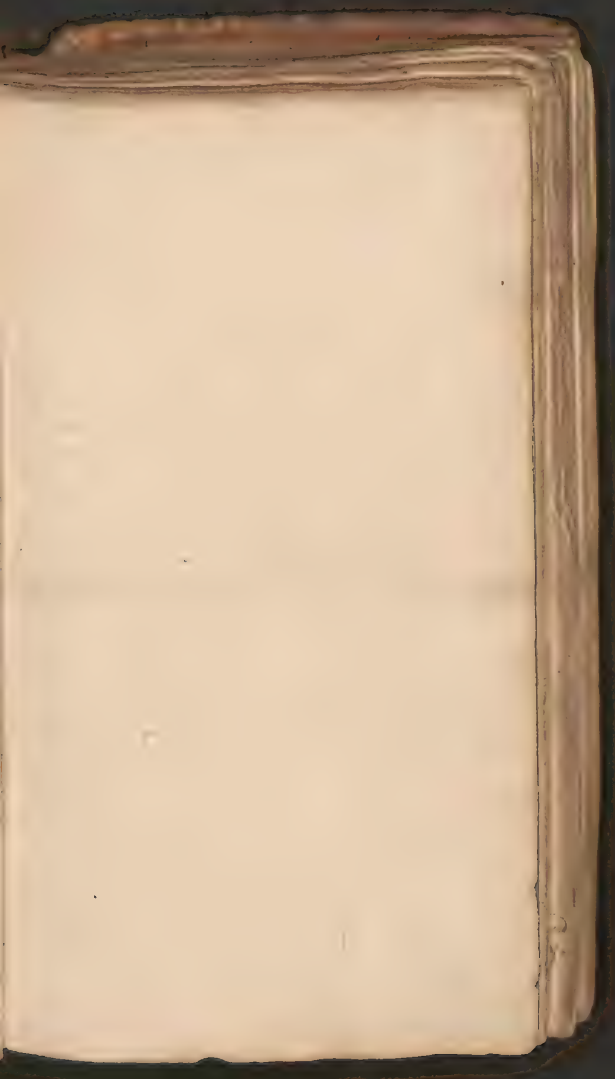
Uznea Cran: humani	℥i	2:8
Adeps human.	℥i	3:0
Mummi.	℥i	1:0
Venice Turpentine	℥i	3:0
White. Sugar candy	℥i	3:4
White Copperas	℥i	0:2
Oyle of Johnswort	℥i	0:3
Minium Plaster	℥i	2:0
Lysarge of Gold	℥i	3:0
Silver of each	℥i	3:0
Diapalma plaster	℥i	1:0
Diachylon cum Gum	℥i	1:0
Nellilot	℥i	1:8
Corraline	℥i	1:0
Ivory	℥i	0:8
Paracelsus Plaster	℥i	3:8
Sena	℥i	0:4
Diafcorium	℥i	0:3
Myrk	℥i	0:4
Colloes	℥i	0:6
Flos Sulphuris	℥i	0:1
White Copperas	℥i	0:1
Burnt hartshorne	℥i	0:1
Irish Slatt	℥i	1:0
Oyle of Amber	℥i	2:0
Ardrumacas Treacle	℥i	10:2
Venice Treacle	℥i	6:0

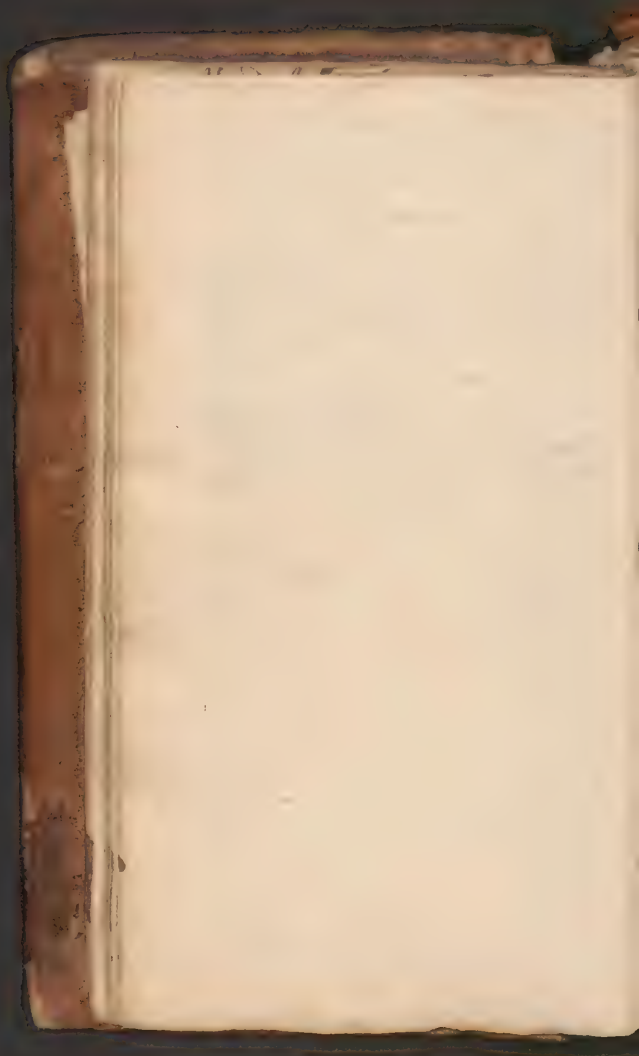
	Nitrideate ℥viij	—	5:2
3i 10	Chemical Oyle of Nith ℥i	—	3:6
	Gum Lacca ℥i	—	0:6
	Gum Sandrach ℥i	—	0:9
	Benjamin — ℥i	—	0:3
	White Frankincense ℥i	—	0:5½
	Gum Arabick fine ℥i	—	0:1
	Olibanum ℥i	—	0:2
	Camphir ℥i	—	0:4
	Sarcocolla ℥i	—	1:3
	Taccamahauca ℥i	—	0:7
	Euphorbium ℥i	—	1:6
	Elemni ℥i	—	0:2
	Bdellium ℥i	—	0:6
	Ammoniacum ℥i	—	0:8
	Storax ℥i	—	0:5
	Pix Siccā ℥i	—	0:11
	Galbanum ℥i	—	0:1
	Gum Hedera ℥i	—	0:9
	Opoponax ℥i	—	0:5
	Sanguis Draconis ℥i	—	0:10
	Gum Tragacanth ℥i	—	0:5
	Sagapenum ℥i	—	0:3
	Ussa fetida ℥i	—	0:8
	Colophonia ℥viij	—	0:5
	Mastic ℥ij	—	0:1
	Gum Anna ℥ij	—	1:7
	Pix Burgundica ℥viij	—	0:11
		—	0:3

Caranna ℥i	— — — — —	<sup>5</sup> 3:10
Gum Ceraſum ℥i	— — — — —	0:5
Sulphur vivum ℥i	— — — — —	0:2
Lignum Aloes ℥i	— — — — —	1:6
Amber ℥ij	— — — — —	1:3
Galingal ℥ij	— — — — —	1:3
Musk, Civet, & Ambergris	of each 4 Graines	3:6
Terra ſigillat Rubr. & vera	ana. ℥i	0:9
Zedoary ℥i	— — — — —	0:6
Lapis Calaminaris ℔i	— — — — —	1:4
White Pepper ℔i	— — — — —	2:0
Quickſilver ℔i	— — — — —	5:0
Cubebz ℔i	— — — — —	4:8
Graines ℔i	— — — — —	1:0
Sal petra ℔i	— — — — —	1:8
Garayacum ℔i	— — — — —	0:6
Fine Bole ℔i	— — — — —	2:0
Coarſe Bole ℔i	— — — — —	0:5
Cantharides ℥ij	— — — — —	1:8
Cardamon ſeeds ℥ij	— — — — —	1:2
Gum Guaiaci ℥ij	— — — — —	2:6
Red, Yellow, & White Sanden	of each ℥viij.	6:9
Sassafras ℔i	— — — — —	1:4
Lignum Rhodium ℔i	— — — — —	1:0
Cassia lignea ℔i	— — — — —	6:0

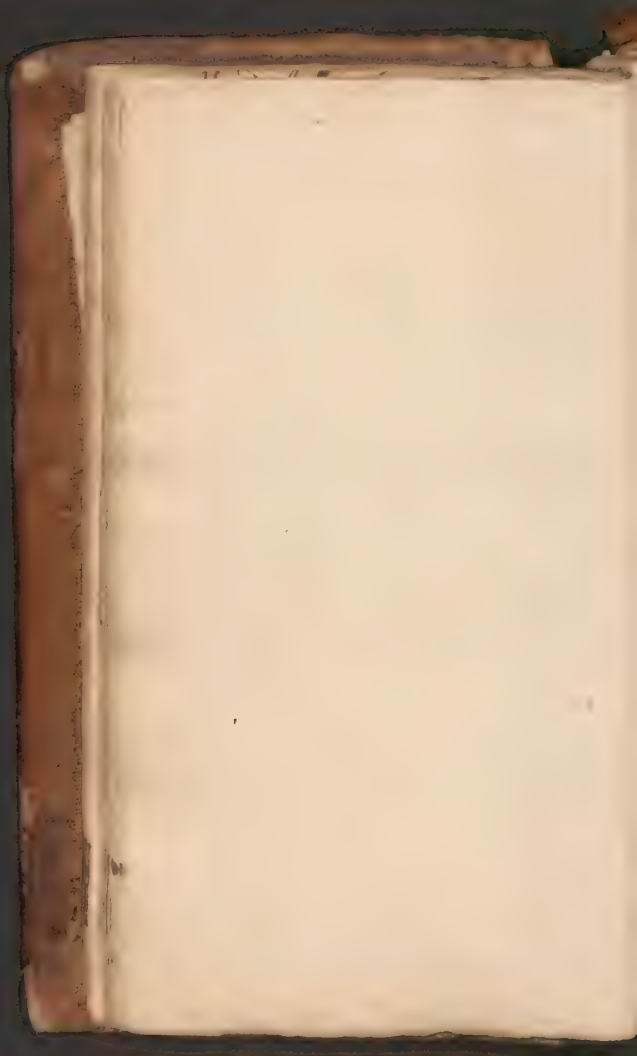
Calamus Aromaticus ℥ij -	5:8
Stirax liquida ℥j	0:4
Chio Turpentine ℥j	1:0
Cyprus Turpentine ℥j -	0:9
Common Turpentine ℥i -	0:8 6
Rock Allum ℥i - - -	0:3½
Roman Vitreall ℥ij - - -	2:0
Verdegrease - ℥s - - -	1:8
Rosin - ℥iiij - - -	0:1
Mercury Sublimate ℥j - - -	0:8
Arfnick ℥ij - - -	0:1
Bolearmoniaek - ℥iiij - - -	0:2

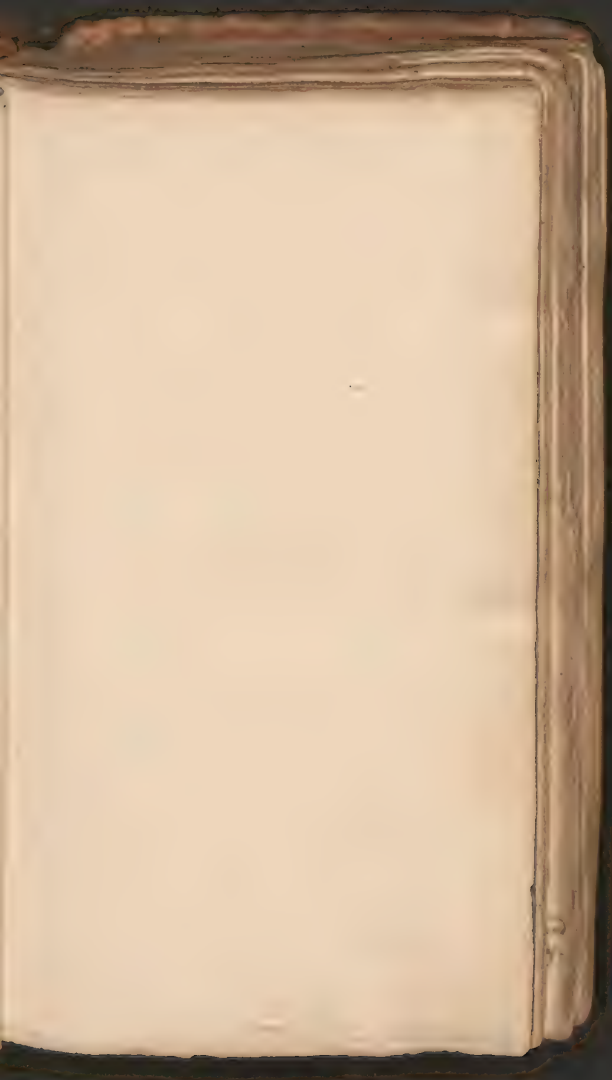




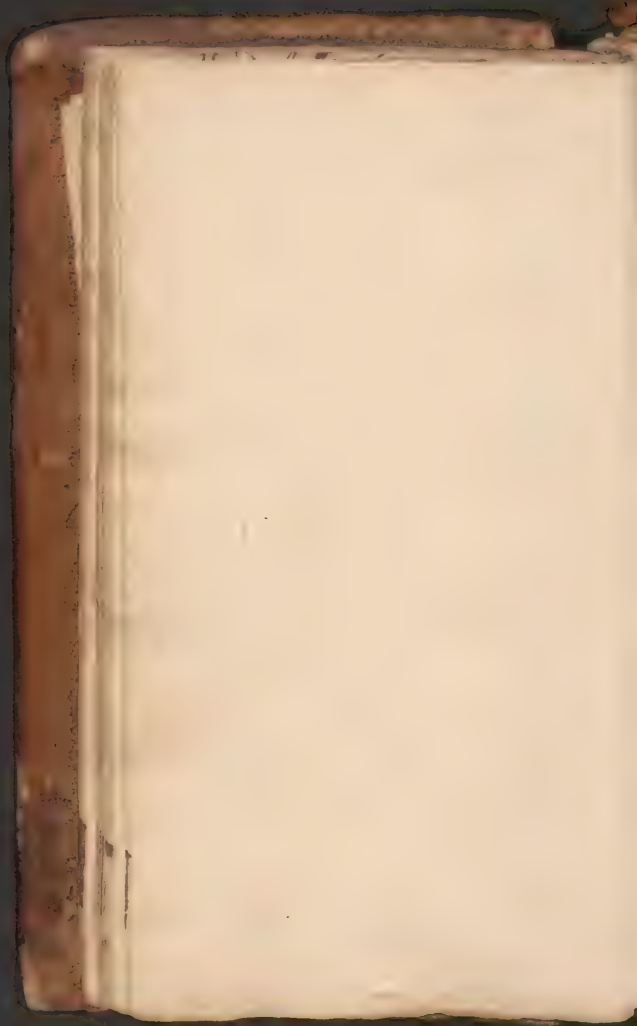


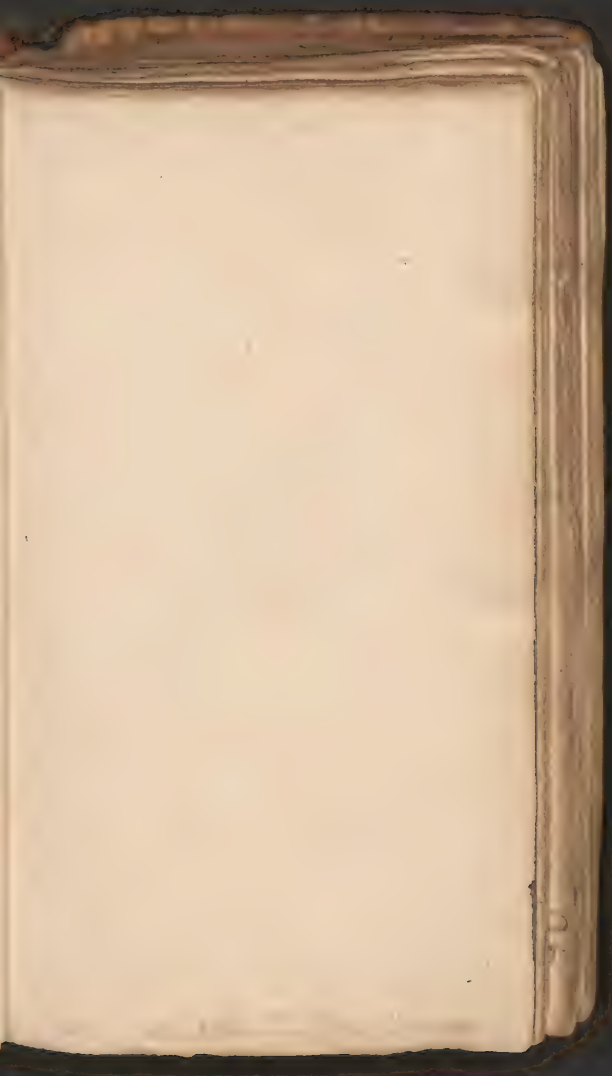


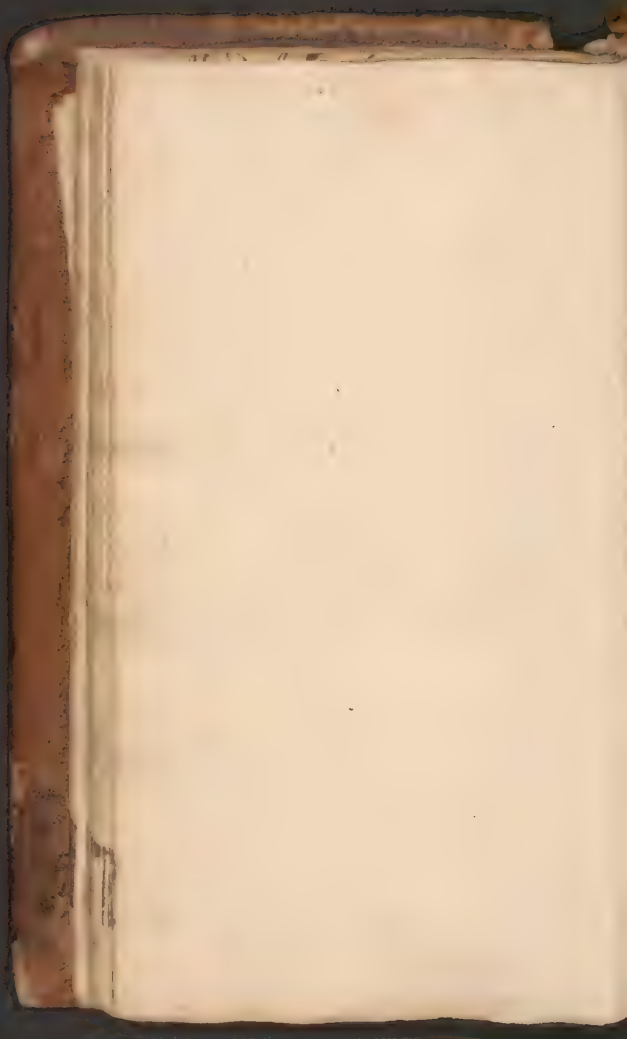


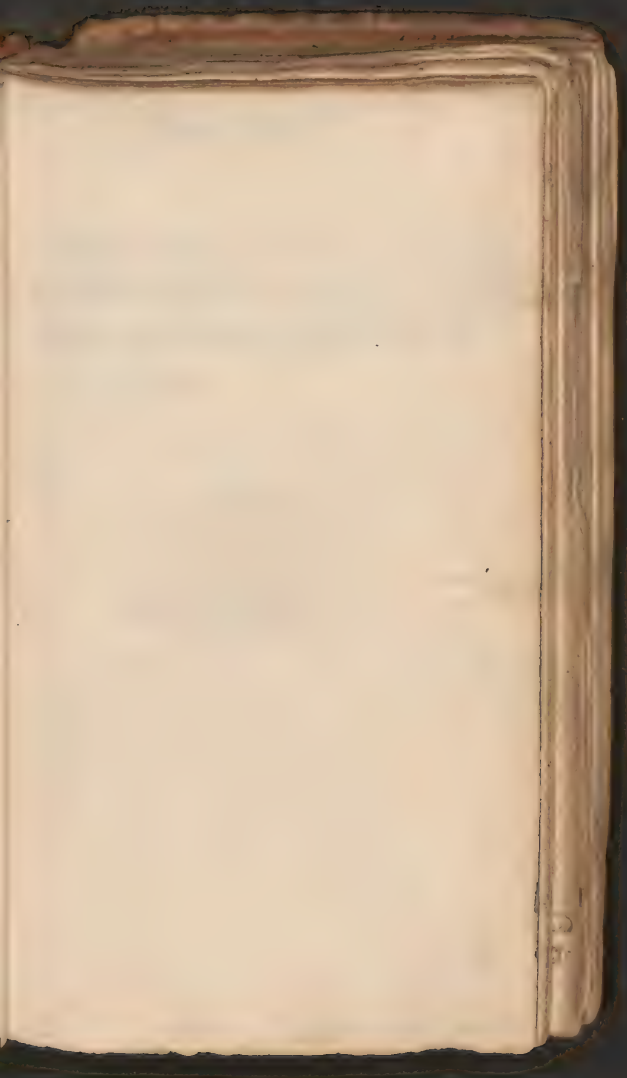


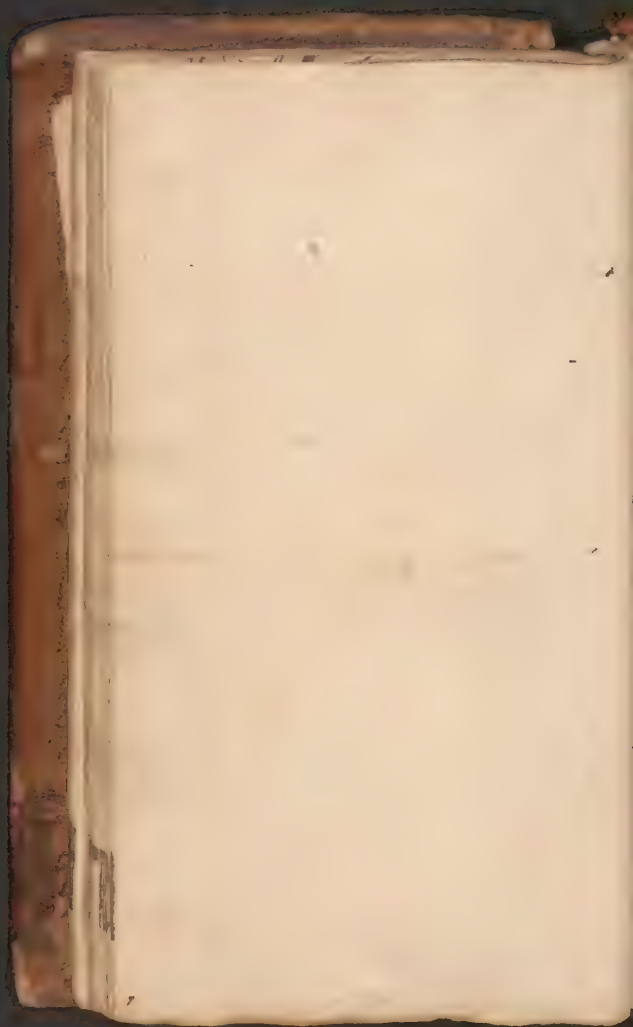














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Wm. F. J. no 1



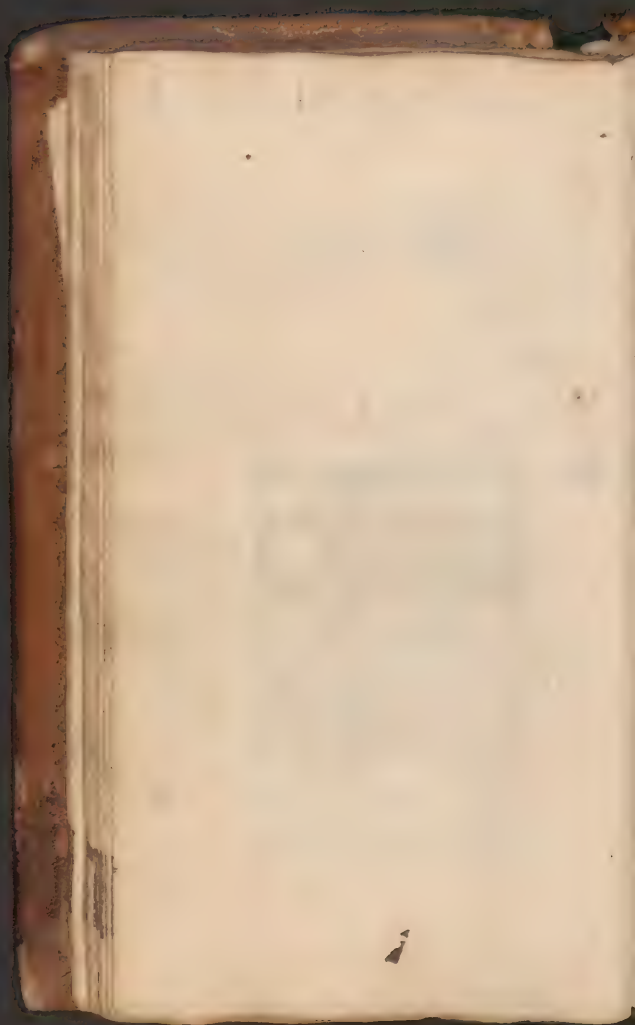
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27



12. 6. 4. 7. 8. 14. 10. 18.

10.







They that will bring the  
Saxons from the Gr. Harts  
I got them for as good as  
as a man who is  
Saxons to go to good known  
others at a gift to the  
Crested for the man his  
Loren came to good, Thomas  
word came to end at his back  
against the marks: and bring  
asked why he did so, and in  
I was that he did for his  
the fellow was from  
Rising the marks, giving the  
and more at the end

Naturall and artificiall Con-<sup>Page 7.</sup>  
sions.

The generall properties of y<sup>e</sup> Eggs.

And first the round egg, set  
under the henne, bringeth forth a henne  
chicken, & the long egg set under  
the henne bringeth forth a cocke  
chicken. Also the eggs w<sup>th</sup> the

shell laid to three in vinegar for  
three dayes more, doth after for  
soften it, that any may worke y<sup>e</sup>  
same at length like unto waxe.

An the same eggs after made hard  
in water, doth come againe to  
the former state. Also if an  
Egge be painted w<sup>th</sup> sundry colours,  
& the same set under a henne,  
to bring forth, she shall hatch  
a chicken having such qua-  
lities, unto the colour paint-  
ed on the eggs.

2. Also the egg laid for twelve  
dayes to stand in strong vin-  
egar, & after for one whole  
month laid to dry againe in a  
furnace, with other by degrees  
come to the hardness of a  
stone.

#### To make Golden Inke.

Take Salt & honey alike quantity, And  
mixe them together with leafe Gold, &  
Gum water, & the white of an egge.

Another.

Take Christall beaten small, & temper  
it with the white of an egge, & when it  
is dry, rub it with a Gold ring.

#### Silver Inke.

Take black lead, & temper it with Gum  
water, & write upon a black paper, &  
when it is dry rub it w<sup>th</sup> a wollen cloth.

#### Red Inke.

Take honey & salt of each alike quantity  
mixe them well & in a pot well covered  
let it stand 8 or 10 dayes, & write w<sup>th</sup> it.

#### Yellow Inke.

Take Saffron & Argill, & temper them  
with gum-water, & write w<sup>th</sup> it.

#### Purple Inke.

Take Saffron & temper it w<sup>th</sup> the yolk of an  
egge, a little gum & raine water.

Greene Inke.

3.

Take halfe a pint of honey  $\frac{3}{4}$  of a  
pint of Vineger, temper them together  
in a pot of brasse or pewter, & cover  
it close, putting to it a handfull of  
beaten chalk, & let it stand 12 or 14  
dayes before it be used.

Another.

Take Verdegrease & Argill, & grind  
them together on a stone, then temper  
it this will colour, vellum, parchment  
paper or quills.

Blow Inke.

Take Elder berries, & a little powder  
of Chalke, & temper them together &  
put some beaten Gum in it, then let  
it boyle a litle while, & when it is  
cold use it.

Gum-water.

Take a dishfull of faire water, & put  
in it a handfull of Gum, let it stand  
3 dayes & then stirr it well.

To write on Steele or Iron.

Take an ounce of Salt peder, & an ounce  
of green Coparis, & beat them grossly  
together, then put them into a strong  
glass bottle, then spread soft wax over  
the knife, & write on it with a sharpe  
pointed bodkin, then poure the water  
on the writing, let it ly a day and  
night, then wipe it off.

4. To make a Candle burne in water.

Take wax, brimstone, & Vineger, of each a litle quantity, & boyle them together, untill the vineger be consumed, make a candle of the wax remaining, which will burne in the water.

To kindle fire at the sun.

Take a bright bason & put a new looking glasse into it, set the bason in the sun, put about it dry tow & it will take fire.

Black Inck.

Take of Galls 3 ounces, & an

small rosey water, put it on in  
boyle of 3 or 4, of the same water  
till it is reduced to 2 or 3 ounces  
in 2 days, then take it out  
2 ounces for the use of the world, and  
a little of the same, stirring it with a  
stick, till it is put in for it being  
of the same for use on 2 days, then  
it together. Being reduced to 2 or 3 ounces  
it is then to be used for the same, being well  
shaken to make full the same in a  
to it for a certain piece of  
the use of the same, being well  
a small quantity of the same, being  
or more, then say it will be the  
greatest piece, being it will be the  
it in a glass of 2 or 3 ounces, and  
the same.



How to Digest as many men in 5  
such sort, that rejecting the 5<sup>th</sup> y<sup>m</sup>  
10<sup>th</sup> cast, there shall remain  
those w<sup>ch</sup> you will have.

Its done by the vowels of this  
verse. pOVI EA m. EA m. mAE  
rEgI nA lEnEbAt. Have respect  
to them thus. count a. 1. 2. 2. 1. 3.  
o. 4. u. 5. The vowel o being  
the first in the first word  
& taken for. t. shews that there  
must be 4 of those w<sup>ch</sup> you would  
have to remain) placed first, then  
the next vowel is. u. w<sup>ch</sup> taken  
for sine shews that there must  
be five, of those w<sup>ch</sup> you would  
have rejected, placed next;  
& so they must be placed turn  
by turn according to the num-  
ber of the vowels. Then cast  
away every ninth man, and  
only those, w<sup>ch</sup> you would have

On the second, will be the same. Take  
the same extent to any number  
whatsoever. Therefore to apply  
a general rule in counting the 3.  
4. 9. 10. &c. amount 30. to 50.  
more, or more or less: this is  
to be observed. Take as many u  
nites and dispose them in order  
ordinarily: as for example. Let  
24 men be proposed to have  
committed outrage, 6. of them on  
ly are found necessary. & let it  
be agreed that counting by 8  
and 8. the eight men should be  
always unified. ~~th~~ Take there  
fore first 24 unites, or use a  
rod of paper write down  
24 circles, & account from the  
beginning to the eighth, which  
eighth make, and so continue  
counting, always marking the  
eighth, until you have marked  
6. by wh<sup>ch</sup> you may easily per  
ceive how to place the eight  
men you would have un  
ified. and so of others: —

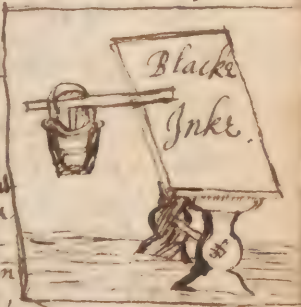
# To make Inke .

7.

Take coppas, & galls grossly  
beaten of each halfe a pound, put  
this into a quart of rainwater,  
& set it by the fire one day, to  
boyle by it, then put in a quart of  
a pound of gumme arabicke, or if it  
then be too thin,

a quarter p. halfe,  
& halfe an ounce of  
white sugarcandy  
powderd. let it  
stand three dayes  
under the fire that  
the heate may come  
to it, or els let it  
stand out in the sun  
nine or ten dayes,

stirre it often every day till the  
gumme be consumed, & it will be good. *℞b.*



## To make white Mithiglin .

Take foure gallons of water, a  
gallon of honey at the least, mixe  
the honey & the water untill it will  
beare an egge the breadth of iij &  
let it be boyled & skummed .  
then take of Lycoras beaten and  
sifted a quart of a pound, of  
aniseeds bruised the like, of  
ginger bruised halfe an ounce,  
of Nutmegges & number of 3 bruised  
of Cinamon bruised one ounce or 2 .

8. of flour and maer brused, a little;  
put these pieces into a bagge, &  
when the liquor is boyled & scummed,  
put the bagge into it let it boyle a  
little, then take it from the fire  
& when you have turnned it, hang  
the bag by a thred at the bung  
hole, & sinke it with a stone all-  
most to the bottoome. The best time  
to make it is after christmas for  
then it will last till that time a-  
gaine & be as good as facke.

To make Jack

Take a pint of Vineger or raine  
water. Gauls beaten one ounce,  
boyle it halfe an hower; then put in  
an ounce of Vitreal beaten & sceth it  
a little, when you have took it of,  
put in an ounce of gum, a little allur  
beaten, stir it till it be cole after  
it hath stood a while straine it, & use it.

Another

Take 3 ounces of Gum Arabick white  
& cleare, 4 ounces of Galls beaten, & 3  
ounces of grein Copperas put them all  
into a quart of raine water, & let it  
stand a weeke at least (but the longer  
it is kept the better it will be) only  
be careful to stirr it often, else  
a white scum will arise w<sup>ch</sup> will take  
away the strength & blackness of the  
Jack.

Hyckop.

Stop both eares w<sup>th</sup> your fingers; & bat:

Observations for planting of 9.  
Young Trees.

Remove and set young trees  
either in the end of October  
November or February. (Or  
in January being  
exposed to the cold  
winds of those months) you  
must set the trees the  
moon increasing and be  
sure to set them to the South  
which was South before, be-  
cause it cannot endure the  
cold North. The warmer  
the time is, that you set  
your Trees the better: where-  
fore set not the wind be-  
in the East or North, be-  
cause such winds are cold  
especially being helped by  
an aspect of the moon with  
Saturne or Venus in cold  
signes, as Virgo, Capricorn,  
Taurus, Scorpio, Aries or  
Cancer.

For y<sup>e</sup> pin & webb in y<sup>e</sup> Eye.  
Take y<sup>e</sup> marrow of the bone of a  
Goose whiting & put some of it on the  
Spot in y<sup>e</sup> Eye. y<sup>e</sup> older the wing y<sup>e</sup> better.



10. To make trees newly set to  
grow maine.

Digge about the Trees newly  
planted once every month  
untill they shal be of  
years standing in that  
ground. See Tale. But  
if not once a month  
(because of the continuall  
toylome) yet to loosen y<sup>e</sup>  
ground about the roots.  
Twice or three times a  
year I thinke it very  
needfull and convenient.

To make barren Trees fruitfull.

Take of Roshard & mustard  
inde a like quantity, put to  
th<sup>e</sup> the foots of a tree  
& a little piece of a fruit  
full tree. hang all these mixt  
together on a line about  
the midst of the tree, and  
this will wonderfully re-  
fresh the Tree, & make it  
very fruitfull. See Mixat us.

Bloody Flux.

Take yarrow & plantaine of each  
alike stamp them well, put thereto  
red wine, straine it well, & drink  
a good draught, 1st & last 3 or 4 days  
together.



To wipe away a Spot in y<sup>e</sup> <sup>11.</sup>  
Eye.

Take foure Spoonfulls of y<sup>e</sup> best  
honey, one ounce of fine sugar-  
candy white, powdered, the galls of  
two cockes or hens, one pennyworth  
of saffron dryed & powdered, one spoon-  
full of bay salt powdered, six spoon-  
fulls of white wine vinegar, or as much  
refreshwater, let them steepe all a while  
together, then strayne it, & keepe it  
in a glasse, & put it into the eye,  
once a day upon topp of a feather.  
Its very good to put into y<sup>e</sup> eye white  
sugar-candy finely powdered, once a day.

A water to bathe y<sup>e</sup> eyes warme. Eyes

℞ Semin: Cydonij ℥i.

Fenugr: Semin. ℥i.

Hordei decoct: m. i.

Borag: rad: contus: et mund: ℥iij.

Semin: Lini. ℥i.

Anisi Semin: ℥i.

Vini albi. ℥vi.

Aqua Euphras: ℥xv.

Aqua rosar: altar:

Aqua plantag: ana: ℥xij.

Aqua Hyssop:

miscantur et paululum coquantur.  
qua pluaturs oculus quotidie.

12. A water for the Eyes.

R. vini albi. ℥iiij.  
Aqua rosar. ℥vi.  
Aqua Selind. ℥iiij.  
mellis dyspumat. ℥i.  
Sarcocoll.

Tutia preparat. et pulv. ana ℥ij.  
Lapid. Calam. pulv. ℥s.  
Saccar. candi albi pulv. ℥i.  
Alors Hepat. pulv. ℥i.  
miserantur et fiat collyr.

Dropt into y<sup>e</sup> eyes 3 times a day.  
you may put 10 blades of saffron into

For the Eyes; to recover sight.

eyes. Take clours, graynes, Nutmeggs, of  
each halfe an ounce, fennell seed  
Canisior, of each an ounce, of saffron  
two penyworth, of Eyebright leaves  
a good handfull, make all into a  
powder, & take thereof morning, and  
evening, in 9 or 10 raizons of the  
sunne stoned, as much in each raizon  
as will lye on an halfpenny.

Face  
hurt w<sup>th</sup>  
pox.

A water for y<sup>e</sup> face hurt w<sup>th</sup> pox.  
Take water of white lillies one pint,  
white reservator, & water of brans-  
flowers, of each halfe a pint, two  
handfulls of siccamore leaves made  
to a pulpe, strawberry leaves halfe  
a handfull, cammomill, primrose,  
& borrag flowers, of each two

handfulls, spoonfulls, two owners of 13.  
sugarcandy powdered, Camphire one  
owner, white frankincense two ounces  
& halfe, two handfulls of mathurs,  
let them be all well bruised & steep  
in the water one night, then distill  
it & you shall have a precious water  
for the face. when you use it, dippe  
a ragge into it, & wash the face, & let  
it remaine a while without wiping it,  
you may use it sometimes warme, some-  
times cold. It is very good to wash  
the face now & then with cowhot milk.

### Doctor Stevens water.

Take a gallon of good Gascoigne wine,  
then take ginger, gallingall, anis seeds,  
nutmeggs, graynes, cloves, coliadore  
seeds, fennell seeds, carraway seeds,  
of each a dramme; then take sage,  
mints, red roses, tyme, pellitory of  
the wall, rosemary flowers, wild tyme,  
wild marjoram, organ, cammomell,  
Pyramountaine, small Lavender, &  
avenes, of every one of them a hand-  
full; then brate the spices small,  
& brate the herbes & put it into the  
wine altogether, & let it stand  
twelve howers, stirring it often,  
then distill it in a limbecke, &  
keepe the first water by it selfe  
for it is the best, then there will  
come a second water which is  
very good likewise.

The vertues of this water are these,  
 It comforteth the spirits vitall, &  
 greatly preserveth the youth of a man  
 it helpeth inward distempers coming of  
 cold, & the shaking of the palsy, it  
 cureth the cold dropsey, it helpeth the  
 stone in the bladder, it cureth the con-  
 tract of sinewes, it helpeth the con-  
 ception of women that are barren,  
 it killeth the gout, it ripeth the  
 toothach, it comforteth the stomach  
 very much, & the rigors of the back,  
 it cureth the canker, it cureth a  
 stinking breath, & whosoever useth  
 this water moderately, it preserveth  
 him in good liking, & will make  
 him firmer young, very long, with  
 this water Doctor Steuens preserved  
 his life for long that he could not  
 ride, nor goe, but liued in his bed  
 divers yeeres: & he confessed a little  
 before his death, that <sup>where</sup> he was sick  
 at any time, he used not other physick.  
 This water will be much better if it  
 be set in the sunne all the sommer.  
 Take of the first runnyng & put, & of the  
 second as it will runne. You may use  
 sharp pines and rivors. Calamus, Azo-  
 muticus, its good for the stone. Peditory, is  
 good for the palsy & braines; Camopithes,  
 its good for the kidneys & liver. Stheras,  
 its good for the liver, lungs, & head. Juniper  
 its good for the stomach, & to provoke urine  
 mytilot, sage, tutsjon, red gillyflowers,  
 Knotgrasse, hare hound, & filipendula.

An approved purging Ale, to be taken Doit  
Burgis  
purging  
Ale.  
pag. 15  
 every spring & fall, viz: from the first of  
 Aprill to the end thereof, & from the  
 middest of Sept: to the end of Oct: It cures  
 it droply, palsy, negrom or headach, foulness  
 of the lungs, pain of the stomach & back.  
 It cleanse the body of all corrupt humours,  
 as water, & milder, & purgeth the stomach,  
 liver, lungs, & head, & other parts of the body  
 without offence, its good for Stone, & many more.  
 Take 4 gallons of the strongest ale or  
 beer bring of the first froth or running;  
 then, bring boyles from 4 gallons untill it  
 come to three, or three abouts, turre it up  
 with good store of barne, that it may worke  
 well, and against you be ready to turre it,  
 provide a canvas bagg, & put into it these  
 ingredients viz: of Sina, & polipodium  
 of the oake, of each 6 ounces; Ashen leaves  
 bruised 3 ounces, Aniside, Sassafras wood,  
 Bay berries kilted, & Saldanilla of each of them  
 2 ounces, let them be all bruised, except the  
 Sina; then thrust an hable stick through the  
 bagg, & soe fasten it, within the barrill, that  
 the bagg gea not within three inches of the  
 bottom, nor flow on the toppe with the barne,  
 and when the ale hath done working, stop it  
 close, drawing good store of barne on the toppe,  
 Caster three or foure dayes, drinke thereof,  
 during the time aforesaid, every morning  
 halfe a pint at breake, about twoe howers  
 space betwixt, & every evening, if you please,  
 these parts of an halfe pinte. This drinke  
 may be taken by a childe or old body without  
 offence; if they take a little warme breth every  
 morning it will worke the better; but in the  
 evening you must take it when you goe to bed.  
 keepe your selfe warme during the whole time; you  
 take it, the more you exercise your body the better it workes.



**Headach.** For the headach. Take burdock leaves  
e binde them about the head; wear camemill  
in your stockings or shoes.

**Ach in any part.** For an ach in any part. Take the ker-  
nells of wallnuts e bruse them, e there will  
come an oyle from them. Strayne the oyle,  
and annoynt the place you need.

**Cough.** For the cough. Take Pyracra, slic it, e  
steep it in rainewater, e drinke it cold.

**Flux.** For the flux. 1. Take Rubarb, yalls, e  
Cinnamon of each alike. beatin to powder;  
e drinke it in posset. 2. Take black Zist  
flat beatin to powder, e drinke it in posset.  
3. Drinke y powder of merron bones in posset.  
4. Fry butter black, e drinke it in posset.  
5. Take jack e saltit cyte of each a quarter  
of a pinte, warme the sack e drinke it.

**Shortnesse of breath.** For Shortnesse of breath. Drinke Loopes.  
in hure or wine, the first morning one,  
the second twoe, the next three, e for on  
to nine, or eleven, e then back againe  
till you come to one as at first.

**Convulsion.** For the convulsion fits. Take y dang  
of a stoned horse. bring new, presse out the  
juice of it, e drinke it, e drinke every morn-  
ing for feavin dayes your owne water.

For Lice, or Scabbs in the head.

**Lice e Scabbs.** Take an egge e rost it very hard, then take the  
in y head. yoller, mixe it with fresh butter, e annoynt it.

**Stone.** For the Stone. 1. Take the roots of Elr  
campane e alexandro, dry them, pound them to  
powder, e drinke it in white wine. 2. 2 eggs shells  
bryl'd hard, beaten, e drinke in white wine.  
is very good. 3. Elr berries dried e powdered to  
powder e drinke in wine or curre. 4. Sampier,  
cyte, the flower of camemill. e a bath of many  
herbs to bath in, all very good. 5. the juice of  
camemill drinke in white wine. miliam solam.  
6. lay a bagge of camemill hot to the place  
pained; or 2 or 3 handfulls of russh with a  
little vinegar, e applyd hot to the place you  
is very good.



7. Drinke laker & salt cyte, & take downe-  
tobacco. 8. The powder of thunderstone, as  
much as will cover a greade & Syrup of  
Stonewort, & white wine warme & drinke.  
9. Take downe the yolke of an egge rawe, & a good  
draught of small beer after. 10. boyle pulitery  
of the wall in poset & drinke it. 11. Take one  
spoonfull of the peger of limmon, one spoonfull  
of cyte, one spoonfull of leafe sugar, mixe it,  
warne it, & drinke it. 12. Take 2 ounces of  
the Syrup of marsh mallows, one pint of  
milke, halfe a pint of white wine made to a  
close poset with a spoonfull of henry & birr.  
& drinke it. 13. Take Snails in the shells, &  
dry them in an oven in an earthen pot after the  
bread is drawne, doe this twice, then beat them  
to powder sift them through a silke searse, &  
drinke them in white wine, 3 dayes before the  
full, & the new of the moon. 14. Take Dia-  
salpionella powder in white wine. to make  
the powder. Take saltpetre & 2 or 3 knobbs  
of brimstone burnt in an earthen pot such as  
goldsmiths use.

For the Gout. 1. Take Arthriticus in Gout.  
white wine & drinke it. 2. Take gumme  
carana with gumme Alumen mixt, & spread  
on a playster of leather, & apply it to the place  
pained; 3. If windy take Curicostinum in  
halfe a pint of white wine. 4. Drinke worm-  
wood beer in the morning often.

A drinke to cleanse the Liver  
Take Liver wort & hartstonger of each a good quantity, boyle them in wort instead of hops, drinke  
then turne it before it be ripe, put barne Liver  
to it; then take anisides, lycoras, & red sandres,  
all beuisd & put into a bagge of each 2 ounces,  
put the bagge into the barrill, & sink it  
with a stone almost to the bottom, let it  
hang by a thred, & after thre dayes, drinke  
of it a good draught, only in the morning  
fasting. m<sup>r</sup> Trotter.

18.  
Pox.

To Drive out the Pox. <sup>Shavings</sup>

Take an ounce of hartshorne put  
Infectio. it into a pint & halfe of water. Let  
it steepe all night. then boyle it.  
till it come to a jelly, wch will be,  
Wormes. when it hath boyled till it come to  
you may a quarter of pint. put in to this  
put a stick jelly a little resinater & sugar &  
of cinnamon give it in a little warme posset.  
or a little mace in the Or beer. Its good against infection.  
boyling of it. its good alsoe for the wormes.

Pox. to

To Drive out y<sup>e</sup> Pox, & to ripen them.  
ripen. Take 3 brende figgs & boyle them  
or drive a little in a pint of beer with the  
them out. floures of marigolds keepe it covered  
& boyle them in the boyling. Burnt hartshorne about  
out of the throat. 20 gr: or 10 or 12 grossa lincaine powder  
given to a child in a little warme posset  
or beer is good to drive them out.

To make Almonds milke, wch is  
a comfortable  
Drinke. a very good drink for a feaver, or in  
any sickness.

you may Take about 2 quarts of raine or  
put on a running water & boyle in it an ounce  
crust of bread of french barley, halfe an ounce or  
better of hartshorne, & a stick of  
cinnamon; let it boyle till halfe be  
consumed then take it off, & let it  
stand: then having in readiness  
~~Put~~ a quartaine of the best and  
largest almonds blancht in a little  
warmer water, & very well powdered  
in a stone mortar, put some of the  
barley water to them & stirre it very  
well, then straine it through a cloth

pound the same againe & put more of  
the water to them stire & straine it as be-  
fore, & thus doe as long as the water comes  
off white. With this barley water you  
may make a fine cooling Iulep, by a Iulep.  
putting some Syrrup of framboys, car-  
aways, & or if the party be costive  
Syrrup of violets.

For the cough, wheate

Take of the courtest brame ~~of~~ Cough.  
full of each alike quantity. Dry them  
both very well & bray the salt very  
small in a mortar, mixe them toge-  
ther & row ~~them~~ <sup>it</sup> up betwixt a fine cloth  
& lay it to the mole of the head.  
otherwise take the powder of frankin-  
cense & strow it upon the mole & let  
it there remaine. Its good likewise  
to annoynt the stomack with capons  
grease or driers furt. Another is to

Take an ale quart of running water  
& boyle in it halfe a pound of Currants  
when a quarter is boyled away put  
in a quarter of sugar & let it  
boyle till a thirde of that be con-  
sumed soe that there remaine only  
halfe of the first quantity of water  
Take of this three or foure Spoon-  
fulls currants & all, as often as you  
feele the tickling in your throte.

Comfortable Drinks in a sweavour

Barley water before prescribed in the Drinks.  
making of steamed milk is very good. in Feaver  
its Boyle a crust of bread in spring  
water with a little sugar candy squish-  
ing some Lemmon into it; for costiveness  
you may add some Syrrup of violets into it.

20. Eyes enflamed.

Take rose water, white wine vinegar,  
the whites of two or three eggs very  
well beaten, & new mans milke, mixe  
them all very well together, then  
take as much Balsamomiale, finely  
powderd as will thicken it well; y<sup>n</sup>  
make a playster for the forehead  
to be applyed every day.

A powder for the worms.

R. Corallina ꝑꝑ.

Cor. Linn: ust ꝑ℥ an. ʒij.

Rui elict:

Rad: Dictamni alb: an. ʒi.

Sem: Santonic: ʒij

Saccar. Cand: alb: ʒj

Pulveriscenter omnia tenuissima  
ac mortur pulvis in vase fictile:

Dosis gr xv vel ʒi dand: aurora

ac quarta pomeridiana in cochli-  
catri Cervisia vel vini albi.

wormes Take of this powder a dragme & divide  
it into 6 papers & give  
2 of them a day. in morning & at 4  
in the afternoon. & let the party  
fast one hour after: & continue  
this the space of 3 days. you may  
increase or diminish the quantity ac-  
cording to the age & strength of the child.

For the Stone .

21.

Take a Glistre made <sup>in</sup> mallows <sup>Stone</sup>  
parfly roots, fennell roots, and  
Pellitory: and Drink Pellitory  
possets sweetned with the Syrup  
of violets . ~

Hydromel .

Take a vessell that may be  
close covered, then put into  
it a pottle of water; provide  
halfe a dozen toasts rounde a-  
bout a loafe of rancid bread  
not leavened, bake them very  
hard but take a care they be  
not burned, then spread them  
over with honey pritty thick  
on both sides, and cast them into  
the vessell of water, and cover  
them very close. You must pro-  
vide before hand a little bagg  
of Telfany and put into it ten  
clowes bruised, twelve slices of  
ginger, a little blade of mace,  
a proportion of Cinamon as much  
as all the spices, put them into  
the bagg loosely and cast them  
into the vessell. Then bind the  
vessell close about with a linnen  
cloth, and set it in the chimney



22. Cover with the fire lowe and  
twenty hours, then cast it -  
through a range and straine  
it and put it into bottles close  
stoppt, and it will be fitt to -  
Drinke in a fortnight.

### For the Cough.

Cough. Take 2 quartes of running water,  
or rain water put to it a gill  
of a pound of french barley, a gill  
of a pound of blew figgs shred;  
a gill of a pound of sun raisons  
stoned and shred, an ounce of  
aniseed bruised, and halfe an -  
ounce of Licoras beaten; boyle  
it till halfe the water be con-  
sumed, then straine it, and put  
into it a gill of ~~an~~ ounce of  
white sugarcandy.  
you may boyle in it three penny  
worth of maidenhair.

### Another.

Cough. Take an ounce of the oyle of  
sweete almonds, and an ounce  
of white sugarcandy finely pow-  
dered. mixe it in manner of an  
Probat. Electuary. you may put into it  
a little of y<sup>e</sup> spirit of Brimstone.



## Another.

23.

Take  $\frac{1}{2}$  of a pint of oyle & Cough.  
 Sugar it on a fire pan or iron  
 wedge made first red hot, having  
 under it a platter to receive  
 the oyle; burn the same againe  
 & againe till halfe the quantity  
 be consumed. with this oyle  
 anoint the navill & the higher  
 part of the stomach.

## For a Tetter.

Take a pint. of white wine vine-  
 gar. 2 ounces of green Cop-  
 peras; 1 ounce of Allom. one  
 handfull of vervain. another  
 of Rue. boyle all together  
 till halfe be consumed. &  
 wash the Tetter with it <sup>or twice</sup> once a day.  
 Prohibe

## For the Plague.

Doctor.

Take 3 pints of Malmsey or muscadine Burges his  
 Boyle in it a handfull of sage and <sup>in Decemr.</sup>  
 another of rue till one pint be con-  
 sumed then straine it and set it over  
 the fire againe and put thereto one  
 penny worth of long pepper, halfe an  
 ounce of ginger, and ~~an ounce~~ <sup>an ounce</sup>  
 of nutmeggs, then let it boyle  
 a little & then put thereto 4 penny  
 worth of Mithridatum 2 penny worth  
 of Triacle, & a quarter of pint of Red

24.

virginia water. Take this always  
both morning and evening warm  
warm it & a spoonfull for two if the party be  
dehydrated and heat upon it. If not  
dehydrated then a spoonfull a day is  
after it. sufficient. & take this for certain  
that there was neither man nor woman  
nor child in all the time of y<sup>e</sup> plague  
that took this but by Gods blessing  
were recovered by it. If the worst  
were not clean mortified & drowned  
with the plague before. This is also  
very good against the small pox,  
meazels, & surfills. & Chabums.

For the Rickets.

Take half a dozen Branches of  
Some say Springwell boyle it in water and  
And Treacle thinke it as broath & take it every  
morning.

Take of maiden hyssop, broad time,  
hartstongue leaves, spruce mints, oregan  
of each one handfull, 2 handfull,  
of Linowort 6 branches of Cumfury,  
half a lb of raisins of the sun stoned,  
half a lb of broad figgs, take these things  
& boyle them in 3 gallons of the first  
running of your wort till half be  
wasted. Take a little sanders in a  
spoon & fill the spoon with this  
water & let the child take it, an  
hour after it hath eaten the pot-  
tage. leave then the sanders out  
& let the child drinke of it 2 or 3  
times a day.

Take all these herbs after boyled  
in the wort & boyle in half a lb

of barrows flick till the heart be  
dry, then straine it and anoynt the  
childe from the heart pitt (but doe not  
touch the pitt by any means) downe  
athwart the ribbes, & the veins of the  
back upwards & also the loines, & the  
loins, & handwrists, & every joynt,  
mornings & evenings, then take a  
table napkin double & wrap it a-  
bout the childe, & when you take it off  
to anoynt the childe put the same  
on againe though it be conge till  
it rott off.

### For the Eyes

Take a large red fennell roote, put  
it into 3 quarts of running water boyle  
it till a third part be consumed, put  
then to it halfe a pinte of white wine  
vineger let it boyle a little while after  
& then sweeten it with honey to the taste  
drinke this twice a day at ten in the  
morning & at 4 in the afternoon -  
halfe a pinte at a time.

Two dayes after you have used this -  
make two plaisters of Burgundy pitch  
the bignesse & fashion of an Eggs lay -  
them to the shoulder blades.

Two dayes after you have used these  
Take as much white Copious pow-  
der as will ly on a grate put it  
into halfe an ale pinte of running  
water, & wash the eye lidds with it

Take May Butter & Virgine wax,  
a little Venice Turpentine, & of Tarr  
a little quantity. boyle it well together.

For Sores that are exceeding  
hot & burning. Oynment.

Take about halfe a pound of May-  
butter, Strawberry leaues, Marigolds  
leaues, Feverfew, Elder buds, & Sen-  
greene a quantity of each pound & boyle it.

For an Ach. Oynment.

Take a little Craime & Cammomill,  
& a pretty quantity of Sen Greene.  
pound it & then boyle it.

For burning & Scalding.

Take of Hyssop a good handfull, cut it  
small. of the inner rinde of Elder, a  
little handfull. of new Sheeps dung,  
halfe a pinte. boyle all these together  
in a pound of fresh barrows-grease,  
Straine it into an earthen vessel. &  
anoint the place therewith twice a  
day being first warmed. Lay on the  
fore a leafe of golden Roo. or linnen  
cloth finger & anointed.

For the Cough.

Take of Lent Figgs first. one pound.  
Raisons of the Sun stoned. halfe a pound.  
Greene Licorus sliced. 2<sup>d</sup> worth.  
Aniseedes. 1<sup>d</sup> worth. boyle all in 2  
quarts of water till halfe be consumed.  
Straine it & put therein 2<sup>d</sup> worth of  
Sugar candy. Take it warme morning  
& evening about the quantity of a  
small glass of wine.

For the Rot or Cough in Sheep.

27.

Take a gallon & halfe of Urine. twoe handfulls of Holly bush vindowes. twoe handfulls of Bay Leauies. two handfulls of Ground Iuice. two ounces of Pepper pounde. a pint & halfe of Bay salt. boyle all together till halfe be consumed straine it, & mixe therewith a pint of Tarr. Give 4 Spoonfulls to a Sheepe being pens up the night before. Give it every third day for 3 severall times.

For the Plague or new discaise in Horses.

Take a pint of Sack. two ounces of London Treacle, a small quantity of Nitricate & also of Diapente. This may serve for two Treacles.

Another.

Take of Rue & Sage of each one handfull pound & boyle them in 3 pintes of Ale till it come to a quart straine it & put therein one Nutmeg. 1<sup>st</sup> worth of Long-pepper. 1<sup>st</sup> worth of Ginger, & then boyle it againe. halfe a quarter of an hower. she take it off the fire. & put therein 2<sup>nd</sup> worth of Nitricate. 2 ounces of London Treacle 2<sup>nd</sup> worth of Saffron drue into powder. a quarter of a pint of Angelica water. mixe it well together, & put it in a stone bottle which may be well stopp'd. Take about 3 large Spoonfulls at a time, & give the horse.

For an Aitch or Spraine in a man.

Take Dances blood boyle it in hoggs greafe straine it & anoint y<sup>e</sup> place therewith.



Take a single piony roote 5  
 Inches in length & of the big-  
 ness of mans thumb. slice it.  
 yells hoose scrapt. as much as  
 will ly on a shilling. & a hand-  
 full of Rue shred. Boyle all  
 in a quart of strong Ale, till  
 halfe be consumed, then straine  
 & keepe it bottled. Let the  
 Patient take 3 Spoonfulls at  
 a time twice a day (viz) in y<sup>e</sup>  
 Morning fasting, & last at  
 Night 3 dayes before & after  
 the new & full of the Moone,  
 & some litle time before the  
 fets, if possible. If it be a  
 sucking child the Nurse must  
 take it a litle before y<sup>e</sup> child  
 begins to suck. The Patient  
 must (2 howers after the morn-  
 ing & evening dozes) take halfe  
 a spoonfull of the oyle of sweete  
 Almonds mixed w<sup>th</sup> the like  
 quantity of white sugar and y<sup>e</sup>  
 dissolved. This is the quantity, &  
 no more for persons of all Ages.  
 The diseased persons must  
 beare to eate milke, & not use



perfumes or sweete flowers. The  
Patient must have hung about y<sup>e</sup>  
neck one ounce of *assa-fatida*  
bruised & put in a cloth or little  
purse full of holes. that by y<sup>e</sup> pores  
no other smell may have access  
to the said party or Patient.

29.

For Soare Breasts.

Take a pint of white wine put  
it in a beu-crass skidded over the  
fire untill it boile then take  
ocean meate & strow into it untill  
it be thick enough for a pulter &  
let it boile a pretty time after  
then cut a linnen cloth fit to  
cover the breast with a hole in  
the middle of it for the nipple to  
goe thorough. then spread the  
pulter over the cloth & so haimey  
by a warming pan with coales  
in it, lay the plaister on the cover  
of the pan untill it be so roth  
as may be well endured & lay it  
to the breast twice a day. viz: morn-  
ing & Evening when the party goeth  
to bed.

For a sudden or hasty violent Swelling.

Take Hyslow or Maiden haire <sup>\*ground</sup>  
the leaves warme them, & binde them  
thick on the swelling. or apply them  
in a pulter.

30. For a greene wound in a horse.  
Take halfe a pound of new stone  
pone halfe a handfull of Sage  
Boyle them in a quart of running  
water till the hard part be boyled  
away. let it settle a while then  
straine it exactly out it in a  
stoning bottle & as occasion is  
warne it & wash the wound  
therewith.

For a burne or Scald  
Take a considerable quantity of  
eggs boyle them hard then take  
the yolks & crum them small  
put them in a skillet & boyle them  
gently till they come to an oyle  
then annoynt the wound therewith.

For the Murrin in beaſts.  
First let bloue: then Take a spoone-  
full of Turmerick a spoonfull of  
hercung a spoonfull of bolus armoniak  
& mixe it in a pint of urine giue  
a considerable quantity to y<sup>e</sup> beaſt.  
If it be a piggs bloud him in a vine  
about the knee of the fore legg.

For one that piſſeth bloud.  
Take red blind nettles chopt small, tem-  
per them in batter made with Rye  
grower fry it in a pancake & give  
it the party diseased. If it be a  
woman take white blind nettles.

For an Ague .

31.

Take Garlick & Saffron mixt  
like a Salve. binde it on y<sup>e</sup> upper  
joynt of the fourth finger of the  
right hand .

To make one goe to steele if it  
have bound in his body .

Take honey & put it on a little  
gentle dish foulded downe on a few  
coales of fire. & stirr the honey  
with a knife till it is very thick  
then role it up into pills: then  
first take one end of a Candle &  
sharpen it & put it up into the  
fundament: then take a peece of  
steele poynt it & put that up:  
then put up the honey pills & it  
will open the body .

A Purgifs.

Take mutton suet, wheate gummings,  
Hale & strong grounds. boyle it well  
together & apply it warme .

A Salve .

Take strong wort of the first  
running boyle it till it comes to  
an oyle or Salve apply it upon

plaisters

Spots or staines in cloth, cap, or hat .

Wash the spot in water wherein Laven-  
der hath ben sodden .

32.

To make Metheglin.

Take Bitany, Egremony, browne  
 Burnet, mead parfly, wild carret,  
 Harts tongue leaues, eyebright,  
 blew buttons, Contary, fennell rootes,  
 Parfly rootes, browne Sage, rismary,  
 Costmary, Pennyroyall, winter  
 Savory, Sweet Thyme, Ronyquilles,  
 balme; Take a considerable quan-  
 tity of each according to the nature  
 of these herbes, boyle them very  
 well in faire water, then straine  
 it, & when the liquor is a little  
 cooled, being not scalding hot, put  
 in the honey combs & all, squeeze  
 out the honey till the liquor  
 will beare an egge the breadth  
 of 6<sup>d</sup> above the water, then  
 boyle it againe & scum it well &  
 when it is cleare, put into the  
 quantity of a hoghead of liquor  
 an ounce of Ginger, an ounce of  
 cloves, halfe an ounce of mace,  
 all bruised together, & boyle well  
 in the liquor, then put in 3 or 4  
 pound of Molasses of Sugar, &  
 boyle it a little; then put it  
 abroad in coolers till it be cold,  
 then put it together & put to it

a considerable quantity of Barne 33.  
which is very new, let it stand 2 or 3  
dayes in the kin, covered with a  
cloth. then put it in the vessell, but  
stop it not too close till it hath done  
purging. The drier the Herbes be,  
the better, so they are dried in the  
shade.

For a broken Belly.

Take 2 ounces of Solomons seale  
or Jacobs ladder, & boyle it in a  
quart of strong ale till the 3<sup>rd</sup> part  
be boyled away, straine it & let 4  
partys drink this and no other liquor  
for the space of 24 howers, but be  
sure the broken place be well put  
up, kept with a truss, & lying on  
his back most of the 24 howers.

An Electuary for a Cough.

Rx Conserve of red Roses. ℥iij.  
Raisins of the Sun stoned. ℥iij.  
Brownie Sugarcandy. ℥ij.

beate it well together w<sup>th</sup> a wooden  
pestle in a stone mortar. then  
put to it of oyle of vitreal. gut. 20.  
& of oyle of Sulphur gut. 12.  
alloe of the Syrup of Cloisfoote. ℥j.  
mixe & beate it well together.



## Pill. Maure.

℞ of the best Aloes.  
 of Flowers of Marjeram. an. ℥ij.  
 Salt of wormwood. ℥j.  
 Maytick. ℥ss  
 Made up with the juice of a  
 Colwort & sugar.

To fatten an Ox, bull, or cow.  
 Take pease & dry them upon an  
 East or in an Oven that they  
 may grinde: then grinde them &  
 make ther meale into don w<sup>th</sup>  
 small beere or the droppings of  
 the barrells make this don up  
 into balls the bigness of an egg  
 of a Turkey or a small goosell  
 egge. & giue the beast twelue  
 of these balls at a time twice  
 a day viz. morning & evenings  
 & let him haue hay betweene  
 let there be allwayes water  
 by him that he may drinck his  
 fill: be carefull in giuing these  
 balls that the beast be not  
 cloyed with them: But if he  
 eates them w<sup>th</sup> a good sto-  
 mach, you may giue him some  
 of



of them about the middle time 35.  
of the day also according to <sup>their</sup> ~~their~~  
strength & stomach of the beast.  
If at first giving them the beast  
refuse to take them take one of  
them & force it into his mouth &  
rub it about his teeth & force him  
to swallow it & after that he will  
take them himselfe. Grinde about  
2 bushells of pease at a time, & mix  
as much of the meale as will serve  
him a day, & so day after day. he  
will eat about a bushell a week  
& 12 bushells will make him fat.  
Gray pease are counted the best &  
the biggest sort of them the best.  
An Oynment.

Take a gallon of Adderstongue  
bruised very small; a pinte of sallet  
oyle, one ounce & halfe of virgin  
wax: let this simmer very well  
together over the fire; then put in  
to it a penninorth of Saffron: &  
mix it well together.

#### A Salve

Take a quart of white wine put  
therein halfe a pound of Burgundy  
pitch; Lebanon, Mastick, Frankin-  
sence, virgins wax, <sup>seer</sup> just  
& Turpentine of each one ounce, &

36. Let all these ymper on the fire till they are all melted, then straine it through a fine linnen cloth. & the next day worke it well into a salve.

The danger of falling sick  
on the dayes of the Moon.

1. If the sickness be fierce or tedious he shall quickly dye.
2. Shall be cured, though for sick.
3. w<sup>th</sup> good care & Ph<sup>is</sup>ick cured.
4. Soone restored to health.
5. Restored after 10 dayes.
6. Shall not be in danger.
7. Hardly live above 3 months.
8. Sickness will continue long.
9. After 9 dayes shall haue health.
10. After 10 dayes shall amend.
11. Shall recover though long.
12. After 12 dayes shall recover.
13. Shall be long sick.
14. No doubt of recovery.
15. No feare but easily to escape.
16. Kept from open ayre in danger.
17. No Ph<sup>is</sup>ick does him good.
18. 19. 20. Good dayes.

21. Shall be incurable. 37.

22. After 3 months he'll escape.

23. In few dayes shall dye.

24. Shall remaine sick long.

25. 26. 27. 28. 29. All good times.

30. Shall hardly escape though  
many good medicines be.

A crink in a favour.

Rx of faire water.

Red Rose water. an. 2 Spoones.

Currents. 1 Spoonfull.

Sirrup of Gilliflowrs. 2. Sp.

Juyce of Lemons. 1 Spoon.

Mixe all well together & brui-  
sing the Currents with a spoone

Let them remaine in the

Liquor. Doz. 2. Spoonfulls

a little warmed.

Burnings & Scaldings.

Rx. of Honey & Soape. ana.

a like quantity. mixe them  
well & apply them to take  
out of fire.

## For the Scurvy.

Take of new chaste whay  
 3 quarts. of the flowers  
 of Marigolds, Horrage. and a  
 halfe a handfull. of  
 Pellitory of the wall  
 Brooklime. watercresses.  
 & Scurvy grass. and a  
 quarter of a handfull  
 Currants washed & bruised  
 2 spoonfulls. mixe all  
 together. & in an earthen  
 vessel close covered boyle it  
 till one third part be con-  
 sumed. Take a good <sup>large</sup> glass  
 full in y<sup>e</sup> morning <sup>early</sup> at  
 10. before noone, & at  
 4 after noone. This is  
 very safe to be used by  
 all sorts having respect  
 to the quantity.

For the Cough, & Cold  
distempers of y<sup>e</sup> head & wind.

℞ of Rosemary & Aniseeds of  
each alike. powder y<sup>m</sup> Auger  
of Lyons of the weight of the  
powder. Spirit of Turpentine  
the weight of  $\frac{1}{4}$  of the powder  
Honey Clarified w<sup>th</sup> the white  
of an egge as much as will  
make it into a mass for pills.

The Dose 3 the bigness of a  
small hable nut, morning  
& evening, fast after.  
A Salve for a Cut.

℞ Clowes woundwort, plant-  
taine, of each 5 ounces. Truilly  
Roger & wax of each 3. ℥.  
Valerian. 2 ℥. Sage. 1 ℥.  
Jop. 2. ℥. Turpentine.  
Rosin. Barrows grease. Ana  
1. ℥. Oyle halfe a pint. Let  
the herbs be well powdered &  
boyle all together till the  
herbs be dry, then press it  
very hot. & put in y<sup>e</sup> Turpentine.



40. & boyle it againe, add Myrrhe  
& frankinsense; then straine  
it up.

It diet Drink.

R. Rubarb

Aggarick ana. ℥ij. } purgers.

Senna. ℥iij. or ℥iiij.

Sasaperilla. ℥ij.

Maioacan.

Stockadoes.

Sassafras.

Aniseedes. ana. ℥ij.

Lycorus. lb. B.

Raisons of the Jun ston'd. lb. iij.

Scurvigrales halfe a peck. w<sup>ch</sup> if  
it can be gotten, abate 1 ounce,  
of the Senna for it. bruse and  
fliee all these small, put them in  
a canvas bag, put 4 gallons of  
new ale to it, & let it worke  
together about 4 or 5 dayes before  
it be drunk. Take a pint in the  
mornig fasting, if that doth  
worke well, take no more that day,  
if not, take as much about 4 in  
the afternoone. If you can get store  
of Scurvigrales, abate half of the purgers.



For a Canker in y nose or mouth.

Take the inner green rinde of elder or  
the juyce thereof mixt with life honay  
& a little Ginger, & annoynt the place.

For a Canker or blisters of a fore mouth.

Take Melrosarum or the honey of  
roses mixt with plantaine water &  
wash the mouth or fore therewith.

An Oyntment

A Rosemary.

Bayleaves

Rue.

wormwood. of each a handfull.

Specke in the blade.

Camnomill.

Red Sages

Elder leaves

Greene Mallows.

Brook lime.

Adders tongue, or the oyle thereof.

Sallet oyle Neats foote oyle.

Sheepes brother oyle.

Tallow of the Sheepes quills.

Barrows grease or flick.

To make a quart of the oyntment  
take a pint of each sort of y oyles  
chop the herbs together & boyle it 3  
or 4 howers straine it through a lin-  
nen cloth; make it in the moneth of  
May.

42. For a running Legge.

Take stone lime, Rosin, & red led,  
of each alike quantity; pound it  
all small, mixe it & apply it, &  
when the wound is well cleanged  
put in chalk instead of lime.

For the dimness of the Eyes.

Take Rose water & dissolve in it white  
sugar candy & dropp it into y<sup>e</sup> eyes.

For a brooke in the Eye.

Take y<sup>e</sup> Juice of Smallage & fennell  
mixed w<sup>th</sup> the white of an Egge, & put it  
into the Eye.

For watering Eyes & darknes of y<sup>m</sup>.

Take May butter & Honey of each alike  
quantity forta them together, & after  
that put in the white of an egge, & put  
it cold into the eyes.

For an Itch.

Take plantaine & Sorrell of each alike  
quantity. press out the Juices & mixe  
the Juice with the like quantity of  
Vineger; & so wash or anoint y<sup>e</sup> place.

Another for the same, & to kill Lice

Take 2<sup>n</sup> worth of quicksilver kild it w<sup>th</sup>  
fasting spittle beating it well together in  
an earthen dish & putting therein 4<sup>th</sup>  
worth of the oyle of Bayes, & so anoint  
the place: it will kill lice in the head or  
body.

For a sore mouth.

Take y<sup>e</sup> powder of Cattle bone & malted  
lett it be beat w<sup>th</sup> wine & wash  
the mouth w<sup>th</sup> it.

For a Bruise.

Take a handfull of Madewes seeth y<sup>e</sup>  
in fresh y<sup>e</sup>neffe straine it & put there-  
to a quantity of aquavite & anoynt y<sup>e</sup>  
bruise place before the fire.

For a sore legges.

Take unwrought wax & as much sheeps  
tallow seeth them together with a little  
quantity of white Copperas & make a  
plaister thereof.

For the deafness.

Take old oyle of Olive & put therein  
fresh cast young naked mice w<sup>th</sup>out  
hauere & let them remaine in the same  
till they be rotten then take a peece  
of Bonycastle dippe the same in the  
oyle & put it in y<sup>e</sup> patients eares.

For a cold & hoarseness.

Take a pound of Raisons of the Sun stoned  
& 4 ounces of white sugar, beate them  
in a stone mortar & in beating it cast  
in some fine powder of Lycoras & halfe  
a Spoonfull of Rosewater & eate thereof  
at sundry times.

For an etque if it may the party.

Take a quart of strong ale & seeth therein  
9 bayleaves till it com. to a pint. then  
take out the bayleaves & put therein one  
pennyworth of treacle & a halfe pennyworth  
of pepper stirr it well together & let it  
boyle againe one halfe houre take it off the  
fire & let the patient drinke it as hot as  
he can & as covered as warme as he may abide  
by the space of six or seven houers.

For a Shurff in y<sup>e</sup> Body.

Take of Boares greafe. ℥ij.

the powder of Oyster shells burnt. ℥i.

The powder of Brimstone.

Mercury mortified w<sup>th</sup> fasting spittle.

℥iij. Compound all these together

& anoint the body 3 or 4 times. &

take an easy purgation. ~

A drink for the paine of the back

& for making thick water w<sup>ch</sup> is  
occasioned by a worme in the bottome  
of the belly. ~

Take the tender topps of broome, the  
roots of parfly, fennell, & smallage  
of each one handfull, purslane one  
handfull. wash them cleane, & sceth  
them in a gallon of new ale, till a  
quart be consumed, then straine it &  
keepe it in a vessell close stoppt 3 or 4  
dayes, & then let the patient drink it  
& noe other drink for a weeks space.

A Searecloth for an Itch.

Take Oyle 2 pounds, white & red lead  
10 ounces, wax six ounces, goose  
grease & Capons grease halfe an ounce,  
sceth all till it be black. ~

A pultifs.

Take Mallowes & stampe it, & sceth it  
with fennell & Cammomill. Oyle of Roses  
& crummes of bread. ~

For the Gout, or sinews shrunk. 45.

Take 3 ounces of Turpentine, & 2 ounces of brimstone, 5 yolks of 4 new layed Eggs, a quantity of y<sup>e</sup> topps & seedes of red nettles: Take a young whelp of an ebrage hound the fattest can be got skale him & draw out of his gutts as much fatt as thou canst, then roast him, & y<sup>e</sup> oyle is good for the disease aforesaid.

To take away warts.

Take fermen & Orpiment, & calx vive powder them together & this will take away the warts.

To make one piss that cannot.

Take a quart of Renish wine & a <sup>Boyle parley</sup> peise of venise soape as big as a walnut, & seeth them together till it come to a pinte, & drink it.

To keepe teeth from shining & to make them white.

Take salnitre & Rock allome & distill them together & w<sup>th</sup> a cloth or cotton web in this rub the teeth.

For the toothatch.

Take a little long pepper beate it small, then take a little honey, & a little ale or beere & boyle them together & put a little allome unto it & when it is boyled put it in a cloth & lay it to the gummes.



## For the toothache.

Take 20 leaues of Iuie, & a little long pepper, & boyle them w<sup>th</sup> a handfull of salt in old wine, & when it is well boyled, put the liquor into thy mouth on that side the paine is.

For smarting or pricking in y<sup>e</sup> Eyes.

Take the white of an Egge the iuice of houlleeke & womans milk: beate them well together, straine it and droppe thereof into thine Eyes.

## For hoarsnes.

Take the water of Scabious, fennel, liquoras, bugloss, of each a pint, Sugar and a pound, seeth them together, & drink nine spoonfulls at a time, morning & Evening. ~

## For one that bleedes often.

Drinke the iuice of livenwort in warme posset drinke morning & evening.

## For bleeding at the nose.

Take Bol armoniack the white of an egge & vinegar, beate them together, make plaisters thereof & lay them to the temples. ~

## To stanch bleeding of a cut or wound.

Take hoggs dung hot from the hogge, mixe it w<sup>th</sup> sugar & lay it hot to the wound. ~~Leaves of hem~~ stamp & lay on.

## To kill wormes in the belly.

Take mares milk & drinke it as hot as it can be had from the mare in the morning fasting. ~



For a bruise with a fall.

47.

Take Stone pitch, beate it, & drink it  
with white wine, sack, or malmsey or some  
other liquor; then melt Spormaceti  
& anoint the place where the bruise is.

It pulstifs for a swelling.

Take the crum of white manchet, seeth  
it in milk till it be thick, then put  
in a peece of new butter of the bigness  
of a walnut or more.

For one that is broken.

Take a quantity of Consery, kneeholme,  
Knott gras, Ribwort & polipody stamp  
them all together & straine it give  
it the patient to drink in ale Cold &  
truss him up with some bolster, & let  
his diet be competent, avoiding all  
slippery meates, as butter, & such like,  
let him keepe his bed 6 or seaven  
dayes, lying upon his back & sometimes  
holding his belly with his hands.

For the shrinking of sinewes.

Take the marrow of a horse bone, the  
tops of Elder & as much sage chopp  
them together, boyle them in the mar-  
row, straine out the herbs, & put to  
the liquor one spoonfull of honey, two  
Spoonfulls of aqua composita, & a  
quantity of pepper, boyle it againe.  
& keepe it for use.

A salve to take dead flesh out of a wound.  
Take vinegar & honey of each a spoonfull,  
a quantity of verdegrease & as much allome  
boyle these together, & keepe it for use.

For a fore throat.

Take of Columbine leaues & gassell  
of each a ~~handfull~~ halfe a handfull,  
10 leaues of finchfoile, & 2 fews eares  
boyle them in a pint of milk, & let  
the party gargale his throate with it  
morning & evening.

For weakness in the back.

Take Clary, Dates, & the pith of an  
Ox, & put to them creame eggs &  
grated bread, fry them together, streis  
sugar on it (hauing mixt it together  
w<sup>th</sup> some white faulners) & eat it in  
the morning fasting.

For all evil in the head.

Take Rue & stamp it w<sup>th</sup> strong ayfill  
mingle it & wash thy head therewith.

For a Consumption.

Take the oldest Cock, skato him, draw  
him, & cut him all in peeces put it in  
a glaz pot stopp it as fast as may be  
& put among the peeces cloues, mace,  
small raisons & salt, then put this  
glaz into a great pot, & let all seeth  
together till they be a golly, then  
straine it into a cleane vessell, & giue  
the sick first & last blood warme.

To restore y<sup>e</sup> Braine.

Take powder of Bittony & use it in thy  
pottage, it will destroy the stone.

Another for the same.

Take an egge, roast him hard, peeke him,  
cleaue him in two, & lay it to y<sup>e</sup> temples  
as hot as can be suffered.

To cure the hinde of evill humors. 49.

Take unſet hyſop, & unſet time pounce  
them & bring them into thy drink and  
drink thereof every day. ~ probat.

For a fellon.

Take herbage, reſty bacon, ſowre  
leaven, & howſe ſnailes take the ſnailes  
out of their ſhells, beate all together  
& lay it to y greife.

For the yellow jaundis.

Take white ſpaniſh ſoape, & a little  
ſtale ale in a cup, rub the ſoape againſt  
the cups bottome till the ale be white,  
then ſhawe in a halfpenny weight of  
Ivory, & drinke it morning & laſt at night.

For all maner of atches.

Take ſage, rue, wormwood, laurell  
leaves, hore hounds, red nettles, ſtamp  
them all together, & mingle them with  
may butter, let it ſtand ſo ~~ten~~ ten dayes  
oſt fry them, ſtraine them cleane, &  
then melt therewith ſuccre.

For the windy Collick.

Take halfe a ſpoonfull of the powder of  
orange pills, the like quantity of the  
powder of anifeedes, put them into ale  
or beere, & drinke it when the paine  
taketh thee, & walk upon it.

(Another)

Take 2 new laid eggs, & beate y yolks  
& whites together, with a quantity of  
pepper bruised, & lay it on a peece of flaxe  
at thy back & belly alſo where the paine is.

50.

Another for the same & Stone.

For a  
Bastard  
Collick.  
wormwood  
Rue  
Motherwort  
Luncheon  
Cotton stamped  
with gall  
of an Ox  
worms &  
laie plants  
waie to the  
Belly.

Take a quart of white wine, two ounces  
of parfly seede, time, phillipine,  
charwell, Salsifras of each 2 handfulls,  
boyle all these from a quart to a pinte, &  
then drinke thereof morning noone & night.

Another for the Collick & Stone.

In May when broome flowers be neere  
spring forth, take halfe a pound of them  
pick them cleane from the stalks, & beat  
them in a mortar very small, mingle them  
with may butter, & kepe it close 8 dayes  
in a vessell, seeth it, straine it, & anoint  
the place greived, with the oylment warme.

A Salve for any wound.

Take Snarles with shells sprinkle salt  
on them & let them shewer themselves  
therein all night, in the morning beate  
them small, & put thereto the juce  
of a handfull of kousleeke, then take  
a spoonfull of honey & a little fresh  
butter boyle them moderately upon the  
moers & anoint w<sup>th</sup> it & make a plaister  
& if the flesh waxe pround, wash it with  
white wine, or with allome fresh butter  
& keere boyled together.

For the paine of the stomack.

Take Malmsey & butter heate it &  
anoint the stomack with it, then  
dip a rose cake therein & lay it where  
the paine is.

For faintness in y<sup>e</sup> Stomak, or Morpheus.  
 Take of the powder of Amber, & the -  
 powder of English Saffron, & drink it in <sup>51.</sup>  
 white wine. 7. or 8. times. <sup>is green Saffron hung</sup>  
<sup>about the neck to touch</sup>  
<sup>the pain neare the nose</sup>  
 of the Stomack both  
 Strengthen it.

Take of Peatefoot oyle or a quart.  
 Linings of Turmeric feathers 12.  
 of Redd feathers 12.  
 of Yellow feathers 12.  
 of White feathers 12.  
 of Black feathers 12.  
 of Grey feathers 12.  
 of Blue feathers 12.  
 of Green feathers 12.  
 of Purple feathers 12.  
 of Orange feathers 12.  
 of Pink feathers 12.  
 of Lavender feathers 12.  
 of Clove feathers 12.  
 of Nutmeg feathers 12.  
 of Mace feathers 12.  
 of Cardamom feathers 12.  
 of Pepper feathers 12.  
 of Clove feathers 12.  
 of Nutmeg feathers 12.  
 of Mace feathers 12.  
 of Cardamom feathers 12.  
 of Pepper feathers 12.

Take of the Linings of feathers 12.  
 of Redd feathers 12.  
 of Yellow feathers 12.  
 of White feathers 12.  
 of Black feathers 12.  
 of Grey feathers 12.  
 of Blue feathers 12.  
 of Green feathers 12.  
 of Purple feathers 12.  
 of Orange feathers 12.  
 of Pink feathers 12.  
 of Lavender feathers 12.  
 of Clove feathers 12.  
 of Nutmeg feathers 12.  
 of Mace feathers 12.  
 of Cardamom feathers 12.  
 of Pepper feathers 12.  
 of Clove feathers 12.  
 of Nutmeg feathers 12.  
 of Mace feathers 12.  
 of Cardamom feathers 12.  
 of Pepper feathers 12.

Take water for an old fault sore  
 or fistula.

Take Rosemary, Hon. & thick tops.  
 Brier tops, & seed, Scurvy grass, Sage  
 Rival plantain, N. H. tops, & honey  
 allome & a t. of y<sup>e</sup> herbs a Canoll  
 3. or 4. Spoonfulls of y<sup>e</sup> honey. <sup>is a good</sup>  
 7. Spoonfulls of y<sup>e</sup> water. <sup>is a good</sup>



For a cure of ...  
Rx. of nallare, gentian, red rock  
52. Perillane, nientane, green bellwort,  
hensbake or fongane, & more ...  
inward rind of orange, of each alike  
quantity, beate & bruse them then  
boyle them in as much of white  
as they can ly in, & better be  
as handfull above the herbs, let it  
boyle fether for 3 houres & when  
it is growne enuge straine it  
through a linnen cloth, & put to  
every pound of oylment one  
ounce of Bees wax.

R. of Balsome ...  
Take one quart of lymbecke oyle,  
alfe a pound of Roshin, & wax  
Serpentine, pitch, of each half  
a pound, melt them all together,  
take it from the fire & put into  
it oyle of specke, & Galbanū  
of each one ounce, & let it be  
ingred in white wine.

A Cordiall Electuary.

R. Musk. gr. 6. Beſoar gr. 4.  
Amber greece gr. 3. Crocus. gr. 6.  
Gallangall gr. 6. or 8. Ari  
fol: 3. Sur Carriophyllorū ʒi  
ʒ. ʒ. ʒ. A. Ade. gut: 3. Spt  
vit.



For a Cough.

R Conserve of red Roses ℥j.

Powder of Mastick ℥ij. incor-  
porate them in a mortar, & take  
therof in the morning & evening y<sup>e</sup>  
bigness of a small nut, & oft in  
the night let it ly in y<sup>e</sup> mouth  
till the Rhume thicken.

For a Cold yellow Jaundice.

R Brimstone in a reare Egge eaten  
or supt, or in wine is good for such  
as are troubled w<sup>th</sup> the Asthma cough  
or yellow Jaundice.

For an old Cough or Pleisick.

R & boyle Garlick in water till it  
be tender, then change the water, &  
add honey to it, & make therof a Syrrup.

For y<sup>e</sup> burning of the Stomack.

Eate often bitter almonds betweene meales.

Good for the heart. (Soloman)

R Bugloss rootes take out the pith &  
boyle them w<sup>th</sup> sugar, & eate them —  
morning & Evening.

A water for a Consumption.

R halfe a bushell of shell Snailles  
& prick them with a needle to make  
them spit out their slime y<sup>e</sup> breake  
their shells & pick them out & skorne  
them w<sup>th</sup> salt, & wash them w<sup>th</sup> water  
till the water looks cleare, then let  
me

54.

the water from them, & boyle them in 2 quarts of new milk; then take them from the fire & put into them a pound of Dates stoned & cut in small peeces, & a pound of currants unwaight, put these into a cold still & save the water &c: & sweeten it with browne Candy.

For an Aque.

Beate white pepper & boyle it in white wine vinegar, spread it on a cloth & lay it to the hollow of the sole of the foote. *℞b.*

For the Itch.

Beate dock rootes, put them in a bagg with the fine powder of brimstone, & let the bagg ly & sleepe in sallet oyle, & with the bagg anoint the parts greived every night. *℞.*  
It helpe for the Aque or feaver before the 3<sup>d</sup> fit Cures.

*℞.* Barly or any other cooling water & Syrup of violets & Syrup of red poppies as much as will sweeten it, drop in as much oyle of vitreal as will make it pretty sharp, & drink when thou art dry.

For deafnes when the eare is obstructed with foule matter which is visible to the eye.

*℞.* Ol. amigd. amar:  $\text{℥ij}$ . Ol. Terebinth: Gut:  $\text{ij}$ . m. Drop 3 or foure drops into the eare, as the

the party lyeth in bed, doe to the 2<sup>d</sup>  
night, & against the 3<sup>d</sup> night make  
ready this ensuing Decortion, & inject  
into the eare a very little.

℞ Colopionida seedes ℥j. aqua com  
q.s. bruise the seede ℥. d. s. a.  
then use the eare siringe s. a. being  
taken out. stop the eare w<sup>th</sup> cotton or  
wood dipt in y<sup>e</sup> oyle of bitter almonds.

℞ aquavita, & aqua coms q.s. In-  
iect of this untill the stoppage be  
removed, then annogat the eare with  
civet or ol. amaggo: amar: & stop  
the eare with black wood carded.

For an Impostume in y<sup>e</sup> Stomack.  
℞ the rootes of white lillies, & wipe  
them cleane, stamp them & straine  
them, & take every morning two  
spoonesfull of the Juice in a glass  
of warme beere, 2 weekes together.  
Cure sometimes by vomit.

A drying water to cure the piles,  
or Itch, or any sore, & is good for  
sore mouths, or quinsy, or an old  
sore, or sore Itching Eyes.

℞ white Coperas ℥iiij. Camphore  
℥j. caline them together then  
bring it to a powder with fine bole  
℥iiij. & keepe it in a pot. For use  
Take a quart of aqua com, & make

56. make it like to sooth then put in  
a good Spoonfull of the powder. then  
keepe it in a bottle, & shake it oft  
2 dayes, then when you use it dip a  
cloth in it & apply it.

For a great belly in children when  
they be much fwell.

Annoynt them with Englifh Honey &  
spread it on browne paper & lay it  
to the belly, & it will swage it, &  
let them drinke often good sallet oyle.  
Clysters are good that are made w<sup>th</sup>  
a strong decoction of centory & honey

For the payson of a Toade.

Make a pulvis of burdock leaues.

For Agues.

Apply burdockes leaues to y<sup>e</sup> handwrest.

Against heate in y<sup>e</sup> eyes or bloodshed.  
Rx that wh<sup>ch</sup> is calld the cocktread  
in the whites of eggs a quantity of  
them & stirr them in a brass mortar  
with a pestle till they come to an oyle  
& drop a drop of it morning & Evening  
into the eye.

To stop Rheumes in the Eyes.

Alloes in fine powder wet with  
mel rosarum & put into the eyes at  
night 3 or 4 times in a night.

As water for the eyes when ill hu-  
- mors flow to them, & a waterish

matter hath almost covered y<sup>e</sup> sight.  
Rx Rosewater. ℞ij. Roman Vitreal. gr. x  
mel rosarum ℞6. misce. drop 3 or 4  
drops into y<sup>e</sup> eyes 2 or 3 times a day.

## A Powder

R Lapis Calaminaris ℥ss. white sugar  
℥ij. Silaemoniac. ℥ss. Sal gem. ℥i  
grind them with rosewater till they  
be very fine then dry them, & put of  
the powder into the eyes.

Let those that be apt to miscarry  
drink milk boyle with rosemary (3  
weekes together) with sugar.

An Excellent Iydment for an  
itching watry humour in y<sup>e</sup> Eyes  
& piles

R Sweete Lard ℥ij. then take a  
cleane pipkin that will hold 3 pints  
fill it full of damask rose leaues (picked  
& cleaffed from all it's fildes) 12 cloues  
& 1 blade of mace, then thrust the  
lard upon them & cover it close &  
set it into oven after bread is drawne  
out, & when the oven is cold boyle  
it gently on the fire often stirring  
it least it burne, & so look black,  
then straine it through a strong cloth  
& if it be not sweet enough, you may  
add to it so many more roses as before,  
then straine it into a skillet & to a  
pint of it put ℥ij of white wax,  
& when that is melted, put in Camphore  
℥ss. stir that till it be melted & put  
it into a pot & put to it 4 spoonfull  
of oyle of Tartar, & as much oyle of  
bitter or sweete almonds. The oyle of



58. of Tartar will make it looke white like milk, stir it till it is almost cold &c. You may add Civet or oyle of Rhodium & oyle of cloves for Pomatu. You may use unsalted butter if you have no Lard, but it will not looke so white, though as good & better for use. It takes any paim from nipples, & y<sup>e</sup> piles. If for red Eyes add powder of tutia.

To cure one y<sup>e</sup> hath y<sup>e</sup> Plague. Take ripe Joy berries & dry them in the shade, beate them to powder, & give as much as will ly on q<sup>d</sup> in 2 or 3 Spoonfull of white wine, & let y<sup>e</sup> party sweete well after it.

Another.  
Put the roote of bastard helebore in any part of the body, cut an hole, & put it in, & it will draw all the infection thither &c. as in beasts for the murrine &c. ~

An Oyle to cleanse y<sup>e</sup> Morpew.  
Rx white tartar & salniter. ana. alike quantity, grind them small on a stone, then make a hole in the midst of the powder into which put a glowing Cole, & save y<sup>e</sup> oyle that runneth from the stone w<sup>ch</sup> w<sup>ill</sup> annoyat the Morpew. ~ Els.  
Take white helebore ℥iij. strong w<sup>ine</sup> vinegar ℥ij. Sope ℥vi. m. & wash.



To stop blood an Artery being cut.  
 R Aloes, fine bole of each alike  
 quantity grind them in a mortar, &  
 wet a pledget of lint in  $\frac{1}{2}$  a spoone-  
 full of vinegar wherein is dropt 6  
 or 8 drops of spt of vitrl: then dip  
 it in the powder & binde it hard to  
 the place.

For Agues

Boyle Groundsell, pepper, & black  
 soape together, & lay it to the scales  
 of the feete. Another.

R the powder of Cynafoyle ℥i.  
 infuse in white wine ℥vi. &  
 drink it (being strained) before y<sup>e</sup> sitt.

To stop blood, an Artery being cut.  
 R a Pledget of lint wet it with  
 the white of an egge & vinegar,  
 then dip it in the powder of  
 aloes & frankincense of each alike.  
 & lay on a ragg toucht w<sup>th</sup> spt of vitrl:

For the falling sicknes.

Shave or cut away the hayre from y<sup>e</sup>  
 mouts of the head, & pound some radish  
 rootes & apply.

For Ruptures. (Scala cali better.)

R the powder of yarrow fine, & give  
 the child in milk, & the Nurse. Els.

R the powder of ricket ferne,  
 morn: & Even.

60.  
etch  
stick.  
use oyle or  
butter.

For a cold ach in any part.

Rx a beeres Gall, a quarter of a pint of oyle, & as much aquavita boyle them together, & chafe where the paine is.

Consumption Cough.

Rx Mastick, olibanum, & amber ana alike, & white candy 4 times the weight of all the rest powder it. m.

To cure Deafness.

Rx Black Snailles, prick them, & let their oyle run through a bagg. then take the sapp that runs out of an ashen stick when it burnes, straine it cleane from ashes, then mix them together, & drop 3 or 4 drops blood warme into y<sup>e</sup> eare at night. Make it as you use it.

For the Piles.

Beate a red onion w<sup>th</sup> fresh butter. <sup>apply</sup>

Elx. Annoint w<sup>th</sup> Linseed oyle & sit over the fume of frankincense.

Macaroones.

Blanched Almonds to j. Dry them in a cloath, beate them very small with some rosewater to keepe them from oyling, then by degrees put into the almonds 6 lb of fine searched sugar, & beate 4 whites of Eggs very well, put them

to the almonds & sugar, beate all together, then see the oven be not too hot, bake them  $\text{f. a.}$  & after dry them.

### Naples Bisket

Beate a pound of Eggs w<sup>th</sup> a whisk very well, then put in  $\text{lbj}$  of the whitest powder sugar, beate it well with a spatula till it be melted, then put in a pound of very fine flower & beate it well with the spatula. you may put in some milk dissolved in aqua rosarum. paper the pans, & see the oven be not too hot: but enough to make them rise &c: & after dry them &c:

### Sugar Cakes.

$\text{Rx}$  Sugar  $\text{lbj}$ . butter.  $\text{Ziij}$ . 3 Eggs. some carraway seeds as much fine flower as it will wet (i.e. a quart) roule y<sup>m</sup> & bake y<sup>m</sup>.  $\text{S. a.}$   
Mace Cakes.

$\text{Rx}$  yolkes of eggs 3. butter  $\text{Zij}$ . flower a pint. mace  $\text{ʒss}$ . &c:

To prevent miscarrying.  
let her drink the water of distilled oaken leaves 2 spoonfull at a time, with 1 spoonfull of red roswater, morn. & Even.

For the white Scarff.

Rx Quicksilver ℥j kill it in vineger  
then take oyle of bayes ℥j. Lard ℥j  
beate the Quicksilver & oyle of bayes  
in a brasse mortar, then mix it all  
together, & annoint with it once  
a day, or once in 2 dayes. &c.

For a Fellon.

Beate Rue w<sup>th</sup> soft Soape. & apply it.

To make Confectio Alkermes.

Rx Syr. Papaver: ℥vj. made  
w<sup>th</sup> Juice & as much spt of vitro  
as will give it a fine colour;  
then take of Pectorall Loxenges  
in powder ℥ij. musk gr. ij.  
ambergreene gr. i. leafe goats  
q. s. f. l.

For burnes.

Rx the whites of 2 eggs & beate  
allome as much as will ly on 3 &  
mix it with the whites, & with  
a long stone of allom stir it  
till it come to curds & whay w  
apply to y<sup>e</sup> sore twice a day.

For an humour in the Eyes.

Rx Aquavita 1<sup>st</sup> worth, as much  
white Candy boyle it betweene 2  
dishes on Coales, wipe of the dew  
from the upper dish w<sup>th</sup> a feather &  
drop 1 or 2 drops into y<sup>e</sup> Eyes.

For y<sup>e</sup> webb in the Eye.

Take the oyle of white paper.

To stop a flux of Rhume in y<sup>e</sup> Eyes.

R<sup>x</sup> fine aloes in fine powder, dissolve it in fine honey or mel rosa-  
rum, or mixe it with flowre of  
white sugar candy, make it thick  
with aloes, & at night put of it  
in the Eyes. & when thou wake  
at night, & in y<sup>e</sup> morning wash  
thy Eyes with eyebright water.

For a Pearle in y<sup>e</sup> Eye.

Burne holland in a pewter dish  
& take of the oyle in the dish &  
drop into the Eye. —

For Lues Venerea.

R<sup>x</sup> Mercurius dulcis gr. 20.

Turbith mineralis gr. 3. Give

this quantity 4 mornings one  
after another, & sweat in bed 2  
howers after it, & change well &  
carefully. Drink all this time mace  
ale or small beere, y<sup>e</sup> filthy matter  
will come away much. after these  
4 dayes are past, purge every day  
for a month with conf<sup>r</sup>-hamech 2  
or 3 drams, after y<sup>e</sup> give a diapho-  
-retick of Guaiacum & Salsaparilla.

Another way.



64.

Another way.

Rx the Chymicall oyle of Brim-  
stone rightly drawne, & annoint  
the vlcers, & give ℥j of this oyle  
in ℥ss of Rose, Carduus, & sorrell  
water, & sweate in a bed 1 howre.

For burnes.

Rx Thorne apple of Peru a good  
quantity, & halfe so much of Eng-  
lish Tobacco, & an handfull of  
ground Ioy, 2 or 3 leaves of hen-  
bane, 6 or 8 mandrake apples,  
let all be well beate, (& put as  
much laurd to it as will cover  
it) or put oyle & sheepes suet so  
it of each alike quantity, boyle  
all together till the herbs be  
crispe, & straine it out.

For heat rising in pimples or  
swelling.

Rx 3 parts of ~~coms~~ aqua coms  
& 1 part of vineger

To prevent miscarrying.

Rx Red Corraill & amber, venice  
turpentine ana ℥j scrape the  
wooll off from a peice of scarlet  
cloath, as much as will make it  
into pills.

Bleeding at y nose.

Rx Green periwinkle & put it up.



# Convulsions .

65.

Scrape the Braine from a skull digg'd out of a grave, w<sup>ch</sup> lyeth in the hinder part of the skull neere the pole dry. Give of it inwardly at the Change of the moone or when they are like to have a fit.

## For a Canker.

First scrub it with lint on a probe (in all y<sup>e</sup> soule places) Dipt in a Decottion made of Lign-vita & the rinde of Sassafras boyled to a strong consistence. Then w<sup>th</sup> some of this, mel rosarum spir of vitreal & ung. Egyptiacum made strong dress it every day till it be cleane & sweete, & then only inject w<sup>th</sup> a Syrring the former ingredients (without the Agyptiacum & spir vitr) & lay on some lint wet, & a mizium plaister over the hole. *℞d.* to a Canker that had eaten through the Cheeke. & it was cured.

To ripen & break an Impostume.  
Boyle the powder of Fenugreece & linked in strong beere to a pulvis

68. Lay it on a cloth & put some Basilicon upon it & apply it warme, & when it is ripe put some vinegar or Lemmon & it will soone breake.

Almond & Milke simple.

Wash ℥ij of french barley cleane & boyle it in a quart of water, as soone as it boyles take ℥ij of sweet almonds & blanch them in this first water, & fill up the skillet with fresh water, & let it boyle till the almonds be blanch'd & beate very small & in beateing them put ℥iiij of roswater to them by degrees: then poure the water from the barley a cooling then put the almonds into it & straine it out adding to it 1 spoonfull of sugar.

For y<sup>e</sup> Rickets.

R hartshorne ℥ij let it infuse or boyle in a pint of sack till it be a Jelly. & bath y<sup>e</sup> childs limbs. Els. Boyle Ivory in running water & w<sup>th</sup> that make broth or water growell, & let it eate milk w<sup>th</sup> oatmeale boyled in it, & if y<sup>e</sup> child

child be weak give it stonehorse  
dung. infused in clecane to drink.

For pills of the mother

℞ cassia alida ℥ss Castor ℥i;  
nettle seeds & smallage seeds ana  
℥ss. aloes rasht ℥iij. f. saffron  
℥i briony root pared ℥ij. oyle of  
Cinamon, oyle of amber ana Gutto  
Levant Musk ℥ss spt wine q.s.  
f. pill. s. a. Dose ℥i.

taken 2 a month before y change  
of the moone, or when neede is.

One stung w<sup>th</sup> an Adder was Cured.

The arme being swelled was tyed  
above the swelling, then live pigeons  
were held to the place the feathers  
being pulled of behind y<sup>m</sup>. then some  
mithridate was put to the place, &  
to all the swelling some burdock  
rootes beate w<sup>th</sup> laund, & he drank  
some juyce of asch in sack.

W<sup>om</sup>en. If a woman be w<sup>th</sup> child her urine  
will be amber colour and a circle  
on the top of it.

To hasten a birth.

℞ Borax in fine powder gr: 18 or  
20. in white wine or mace ale. ~

For the sting of bee or hornet.  
Suck the place hard a while, then  
bruse marigold leaues & lay on  
for a bee dip a clout in vineger  
of squills & lay on.

To bring downe y<sup>e</sup> Courses.  
℞ Bedwort (i.e. water horehound)  
Boyled in posset drink &c:  
mugwort the like.

A fine drinke in a feavour.  
℞ 2 quarts of running water boyle  
in it ℥ss of nutmeggs cut small  
when it boyles put in the under  
crust of a browne loafe & when  
halfe is consumed put in ℥iij  
of Tamerinds persue & let them  
infuse a while (they will not ex-  
-dure much boyling) then straine  
it & sweeten it with ℥ij of  
browne Candy beate small.  
If the feavour be very strong put  
in the Juice of Sengreene into y<sup>e</sup>  
drink. & drink when dry.

A rich Cordiall to expell the  
Chilld & help fainting.

℞ Beazor Orient gr: iij. Amber-  
-greece. gr: iij. musk gr: ij. saffron  
gr: 10. galingall. ℥i. all in powder  
mixt in Syre. Moryill flowers ℥ij  
& leafe gold q. s. Dose. q. of a peece.

One had hot embers strew in her Eyes . 69 .

To wch was applyed a sop of white bread wet & warmed in milke  $\frac{1}{2}$  a Spoonfull, &  $\frac{1}{2}$  a Spoonfull of Camphire water cured in one night .

To make Camphire water .

R Damask Rosewater ℥i Camphire ℥ij alone ℥ij borax ℥ij oyle of Tartar ℥ij boyle all together & keepe it in a glasse .

Lac virginis .

R white wine vinegar ℥i .  
Litharg of silver ℥ij boyled to a 3<sup>d</sup> part . then mixe this with as much Camphire water, & it will be white . It layes the paine of the gout, & sore Eyes .

For the Eyes .

Beate the white of an egge till tis like oyle . add to it ℥ij of Camphire water & dropt into the Eyes . takes away paine & bloodshed by bruises & stopps ruine , a cloth dipt in it & laid on the Eye .

To stopp blood .

Lay on a pledget wet in y<sup>e</sup> white of an Egge & vinegar, & dipt in the powder of aloes & frankincense of each alike quantity & strow the powder on it . & where the blood comes .



70. out, apply a little lint dipt in  
spt of vitriol.

For the Piles.

R Lusty bacon verdegrease &  
Ginger in powder mixe & apply  
Pelewort is good.

For the Gout.

Apply to the place Comfry rootes  
pounded cold. —

Pills for the wormes.

R Croci pulvis ℥i. powdered dry  
with knob of sugar in a dry  
mortar, add to it sugar ℥i &  
grind it together, then add to it  
helebore ℥ij in fine powder,  
flos sulphur. ℥j flos liqui-  
-rissia ℥j. Gallangal ℥j. oyle  
of aniseeds, naturall Balsom, &  
oyle of wormwood ana. 3 or 4  
dropes; make it into past with  
mischilage of Gum drag.

Rickets

R Garden shell snails & bruise  
them in a bag of Canvas and  
catch what runs from them, &  
with the liquor anoint the  
weake Joynts.

Lapis Infernalis an easy worker.

R Calx vivum ye bigness of a  
nutmeg. Salarmoniac gr. 2.



gray soape to make it a past. 71.  
lay it on for 24 howers. It eates  
flsh.

For the toothack.  
Ginnipepper ty it in a cloth &  
steepe the cloth in aniscede water  
& put the cloth into the tooth. haue  
2 cloths to steepe one while the other  
is in the tooth.

For Stinging of an Adder.  
Heat a knife red hot in y<sup>e</sup> fire & hold  
it very neere the place doe this often  
with 2 or 3 knives.

at Balsome.  
Bees wax to 3. slice it very wax: 8  
thin & melt it by it selfe gently Turp. 1:10  
in a bellbrass skillett. add unto oyle 8  
it one pound of Turpentine Venice oil 2:6  
(it being first well washed in water Batt: 2:0  
distilled from Red Roses, or Juniper oyle 8  
berrys, Hyssop, broad lime, or speare Johnys 0:3  
mints) then boyle them gently toge- Sand 10:3  
ther for a little space stirring it w<sup>th</sup> Sacko: 1  
a smooth staff, then take it from 7:7  
the fire, & let it stand 12 howers  
or more; then take it out of the  
skillett, scrape away the bottome,  
& slice it into thin peeces, & put  
away the water that was in it,  
then melt it againe untill it doth  
gently boyle. & stir it in y<sup>e</sup> boyling

72.

with the staff; then take it from the fire, & add unto it Sallet oyle or oyle olive 3 pints, naturall balsome ℥s. oyle of Johnswort ℥i. Red Saunders ℥ij finely searfed. sack six Spoonfull. Then set them all on the fire together, & boyle them very gently for a little space, stirring it with the staff. then take it from the fire & stir it very well about the space of 2. hours, then put it into potts & keepe it close stoppt or covered with bladder & leather over that. ~

For the Eyes.

Take the quantity of a small pease of white Coperas, with double or treble the quantity of white sugarcandy, put them in the shell of a new layd egge fill it w<sup>th</sup> spring water & boyle them gently together & in boyling scum off the froth with a fine feather, afterward set it a cooling in the shell, then poure it cleare into a glass & keepe it close stoppt. take 3 or 4 drops at a time in a spoone & wash the eyes mornings & evenings w<sup>th</sup> a feather, & twinkle the eyes w<sup>th</sup> water may goe in.

Set it a boyling in sand or ashes.

In a quart of the universall  
medicine. add halfe a handfull of  
Juniper berries bruised, halfe a  
handfull of broad lime, spearemint  
& organy. Boile Bours water.

73.

### Cordiall Lozenges.

R Muske gr. vi. Ori. Bezor:

gr. x. Ambergreece gr. 6.

Galang. ℥i. Crocus. ℥ij.

Sacrum ℥ss. 4 leaves of

aurum. <sup>Another</sup> Pulv: Orris ℥i. for a

pulv: Elecampane ℥ij. <sup>Boile on</sup>

Sacrum ℥i. pulv: Lycorish. <sup>Dough.</sup>

℥ss. fiat Lozen: with

Muske & of Gum tra-

gacanth.

Syn: Violets.

Take a good quantity of y flowers

beate small being clean pickt

put to them a little boyling water

& let it be croust hard out as long

as it looks blew, ad a little more water to it with a touch of Spt <sup>x or 2 or</sup>

of vitrl. & put to the strained <sup>3 drops</sup>

Liquor as much loose sugar in pow: <sup>of Juice</sup>

der as it will melt cold & so keep

it & poure of the clearest into a <sup>of Lemon</sup>

bottle & the bottome will serue more Juice.

Phyſick: c<sup>th</sup>le 6 gallons  
 ℞. Senæ ℥ij. Rubarb ℥ij  
 Agarick ℥ss. Epithimū ℥ss.  
 Polipodiū ℥ss. Cologuintida  
 pulpt ℥ss. Sem: Coriand:  
 Anisi. Carawana. ℥ij.  
 Guaiacū ℥iiij. Salsaperilla  
 ℥ij. Sassafras ℥ij.  
 Galanga ℥ij. Raiſon Jun  
 ℥i. Lyquoriſh. ℥iiij.

For the Cough.

℞ Sassafras & Nutmegge in  
 fine powder ana ℥j. Saffron  
 in powder ℥ij. Sugar candy pound  
 ℥ij. Doſe ℥j.

For a Chine Cough.

Take a greate apple & make a  
 greate hole in it & fill the apple  
 with oyle olive & cover againe the  
 hole of the apple with the peice it  
 was taken from it, roast the apple  
 under the embers then ſpread it  
 on a cloath & lay it on the breaſt  
 of the party as hot as may be  
 ſuffered.

For a moist Cough, when one  
hath much fleame in his breast  
& cannot bring it up.

Take Hyssop, Horehound, Pene-  
royall of each two handfulls,  
Eculacampane leaves number 8  
steep all in a quart of running  
water till it be watted to  
forage it & put in as much clari-  
fied honey as will make it sweete  
boyle it againe a pretty while then  
take it off & let it stand till it be  
cold then drink it.

For the Cough a good Drink.  
Boyle a quart of white wine w<sup>th</sup>  
Lycoras aniseedes & sugarcandy, of  
each alike quantity putting to them  
10 figgs of the best & let them boyle  
till halfe be consumed. Take two  
spoonfulls at a time morning and  
Evening warmed.

A powder for the Cough.

Take Rosemary topps & nutmeggs  
dry them to powder & sift them  
through a fine sieve, beate some  
white sugar candy & put to it.  
Eate it morning & Evening and at  
any other time of the day. ~



## Purify to Cure.

Let blood plentifully in the  
Arme on the same side the pain  
is in. If that ease not doe it  
the next time in the other arme.  
By Inwardly a saliv in which  
is spirit of vit<sup>l</sup> with pecto-  
rall syrrops: every 3 howers  
drink whey, posset, or thin broth.  
If Costive use a cluster of  
emollient Herbs w<sup>th</sup> some sugar  
or honey, a little sp<sup>t</sup> of salt  
& oyle or butter to be added.

A drink to cure fitts like  
the falling sickness or tremb-  
ling of the heart, & makes  
the party senseles for a time.  
Boyle in a pottle of faire water  
a good handfull of sage & Rose-  
mary, & the roots of single peonie  
& give a draught of halfe a pint  
of it sweetened w<sup>th</sup> a little sugar  
or some syrrop of peonies in the  
morning & at 4 in the afternoone  
& last at night 3 dayes before  
& after the new & full of  
the moone. if this disease  
is not speedily cured it usually  
turnes to the falling sickness, or  
makes the party become grow simple.



R. *Herba mentana* ℥ss.  
*Epithimi* ℥ij.  
*Rubarb. el.*  
*Creem. Tartari* } ana ℥i.  
*Sem. Feniculi dulcis*  
*Macis* ℥i.  
*Cinzibaris* ℥ss.  
*Folium trium Cordialium* ana ℥ss.  
 Quibus crasso mero contusis affun-  
 -de vini albi q. s.  
 Stent in infusione per noctem  
 mane colantur ℥iiij.  
 In quibus dissolue  
*Manna Calabri* ℥i.  
*Confect. hamech* ℥iiij.  
*Tinctur. Croci* ℥i.  
*Chitce.* ℥ss.

For the Gout.  
 R. Aceti vini ℥i.  
*Flos Tritici* q. s.  
 fiat Cataplasma  
 quibus addatur  
 Ol. ex pedibus vituli.  
 Applicetur.

For a totall stoppage of Urine.  
 R. of Sallet oyle  $\frac{1}{4}$  of a pint &  
 as much urine of a male child about  
 10 yeares old, partly saved small

an handfull boyle all together a  
pretty while then straine it out  
hard, & annoynt the bottome of the  
belly. Also R<sup>x</sup> of white wine a  
quart of partly & time of each a  
handfull shred boyle them in the  
wine then straine it out hard, &  
set it over the fire againe and  
scrape into it of Castelle. sope. ℥i  
(or common hard white sope) then straine  
it againe through a cleane woollen  
cloth. & drinke thercof a good  
draught warme. ~ prob.

For warts

Take the Juys of Stone crop, or prick  
a black Snayle.

For a Feavour.

R<sup>x</sup> 2 Spoonfull of Tunitory water  
& as much mint & bugloss and  
redwood water sweeten it with  
white sugar & drinke it before &  
in the feavour.

For an Aque

Let the party eat & drinke well at  
supper the night before the aque  
day, & let him forbear to eat or  
drinke all that day, & the Aque  
may miss him.

For Issues

Cantharids put on a pease will  
cause the Issue to run after that  
the skin is growne over. or ether  
pith in a peice of Liffany like a pease.  
or Hermoadactills or white Hellebore  
cut like a pease & put in. ~

For the Farfigns in a horse. 79.

R. Rue m. i. thred small, boyle it  
in 2 quarts of Ale or Beere to  
the consumption of halfe, & give  
a pint for a drench.

For the farfigns neere the throat  
~~Wash the~~ Rue put in y<sup>e</sup> Eare  
being first pounded with fresh  
lard & the eares sticht up  
or knit to keepe it in.

Inguentum e Nicotiana.

R. of Tobacco leaves bruised to ij.  
keepe them a whole night in red  
wine. in the morning boyle it in  
fresh lard diligently washed to ij  
till the wine be consumed: straine  
it & add  $\frac{1}{2}$  a pound of Juyc of  
Tobacco, Rosin  $\mathfrak{z}$  iij. boyle it  
to the consumption of the Juyc  
adding towards the end, round Birth-  
worth rootes in powder  $\mathfrak{z}$  ij, new  
wax as much as is sufficient to  
make it into an Oyntment. s. a.

It cures Tumors, Aposthumes, wounds  
Vlcers, Gunshot, Bitches, Scabbs, Itch  
stinging with Nettles, bees, wasps, hornets,  
venemous beasts, wounds made with poi-  
soned Arrows, &c. It helps scaldings

though made with Oyle, Burnings  
 though with Lightning & that w<sup>th</sup> out  
 Scarr, It helps nasty rotten stink-  
 ing putrefyed vlcers, though in the  
 Leggs whether the humors are most  
 subject to resort, If fistulas though  
 the bone be afflicted, it shall scale it  
 without any Instrument, & bring  
 up the flesh from the very bottome;  
 The face anoynted w<sup>th</sup> this all red-  
 ness pimples, & sunburnings will  
 vanish; A wound doessed w<sup>th</sup> this  
 will never putrefy; a wound made  
 w<sup>th</sup> so small a weapon if no tent  
 will follow, anoint but with this &  
 you need feare no danger; If the  
 head ake anoint the temples w<sup>th</sup>  
 this & it giveth ease; The Stomack  
 anointed w<sup>th</sup> this no infirmity dares  
 harbour there, no not Asthma's, nor  
 Consumptions of the Lungs; The belly  
 being anointed w<sup>th</sup> it, helps the colick  
 & Illiack passion, & wormes & what  
 not? It helps the hemeroids or piles  
 & is the best oymment that is for Gout  
 of all sorts. ~ ~ ~

For y<sup>e</sup> soinging of an Aduer.  
 Heate a knife red hot & hold it very  
 nere to the place. Doe this often  
 with two or three knives.

For the Piles.  
 Take of the powder of burnt mussle  
 shells mixe it w<sup>th</sup> Lard, & use it.

Another.  
Take of verdegreece & powder of . 81.  
Ginger mix it w<sup>th</sup> the fat of ole  
Rasty Bacon & anoint therewith.

To make an Issue.  
Apply first a vassicatory on a pla-  
ster with a hole to take away the  
skin, then bind upon the plate a  
pease hard with a  $\phi$  upon it.

For the Convulsion or Mother fits.

R<sup>x</sup> of Starkeys pill Gr: 30.

Lo opiat Para: Gr: 4.

Out Succing: Gut 10.

Make herof 4 pills, to be taken  
1 at a time going to bed & drink  
a glass of white wine after it,  
& about 4 hours after take another  
& drink as before, take the other 2  
the next night in y<sup>e</sup> same manner  
or else the 2 next nights 1 at a time.

Probatu<sup>m</sup>. A woman cured w<sup>th</sup> 2 pills.

For the Gout.

R<sup>x</sup> Colenwort leaves beate doune.  
the seames, warme them against the  
fire, & apply them continually. ~

For a bruise.

R<sup>x</sup> Strong ale or beere, a good hand-  
full of worm wood & some butter,  
Boyle it well to a pulvis & lay it  
on hot. ~



For the falling sickness.

℞ 2 young Lites livers beate them to powder, then take a quart of Cowslip water & to j of Cowslippes stamp them & straine them with the water, then divide both water & powder into 9 parts, which fast when you use it mixe it & drink 9 mornings cold.

It pultis to break fore breasts & heale j.

℞ Mallows, Hollidocks, & violet leaves ana. Mj. chop them together & boyle them in milke & thicken them with linfeede; & if there be neede of drawing, put in a white lilly more. dress it twice a day. ~

For Sinnewes that be cut in funder.

℞ Earthwormes that you shall find cling together beate them small and then temper them with honey, & lay them into the Cut, & it will shut them together in short time. ~

For Sinnewes that be shrunk.

℞ Oyle of foxes ℥j Oyle of Camomill & oyle of Earthwormes ana. ℥j mingle & annoynt with them warme & lay over it some Carded wooll quillt upon a linnen Cloth.

For the Gonoreah.

℞ Venice Turpentine ℥ijss washt dissolve it in white wine ℥iiij or the yolk of an egge, then put into it ℥i of Sirrup of Consfry, & 4 dropps of oyle of Amber. f. potio.



For the Shingles.

1. Purge with Rhabarb. & Ienna.
  2. Dry it only with Lithargy in vinegar.
- ℞ the Juice of red Arickangell mixt with cream. & annoint the place w<sup>th</sup> a feather 3 or 4 times a day. Prob<sup>ly</sup> or annoint it w<sup>th</sup> the Juice of Baume, & plantaine beate with oyle.

To stay blood of any wound.

℞ Sanguis Draconis ℥i. terra Sig- gillata ℥i. of the white flux of an hare that is under his belly - very finely & short cut; & throw on the wound.

To take away the colour of a Squot. or black bruisse.

℞ vinegar & marigolds leaves, boyle them together & apply them to the Squot.

For the Brula fallen downe.

℞ Ale to 1 sack to 1 a good quant of long pepper grossly bruised & boyle them to the Consumption of the gargle the throat heere with warme.

For the Stone & Strangury.

℞ the filmes within Gizzards of geese in powder w<sup>th</sup> stale beere, or w<sup>th</sup> wine.

To voide the Stone & gravell.

The shells of honye snarles in powder.

℞ in the morning fasting 3 or 4 peeces of fresh butter as bigg as nutmeggs & drink presently after a glass of white wine, & fast till noone. ℞.

*Another*  
 & in strong mutton broth before tis  
 thick some very hot strong drink  
 in the morning. Rue water is also good.

To provoke urine.

& the Juice of flowerdelice rootes  
 & put the white of new layd egge away  
 & fill up the shell w<sup>th</sup> the Juice &  
 yolke make it hot in the embers  
 & drink it hot in the morning fasting.

An excellent receipt for y<sup>e</sup> Stone.

& a quantity of Egge shells, (those  
 are the best out of w<sup>ch</sup> Chicken have  
 come) dry them very well in an oven  
 or betweene 2 tile stones, make fine  
 powder thereof mingle it with w<sup>ine</sup>  
 or stale beere & drink oft  
 in the morning of it. or make  
 powder of the back bone of a  
 Thorneback &c: Rue water excellent.

Gulls.

*Gliaca passio*  
 Anoint the navill w<sup>th</sup> y<sup>e</sup> quantity  
 of a pease of Castorium.

For the Toothack.

Boyle halfe a Spoonfull of honey  
 in an Oystershell on the embers  
 & as much pepper small, till it be  
 thick & hot, put it in a sage leafe  
 & put the leafe in a ragge bound  
 fast, & lay it to the pained tooth  
 as hot as can be endured.

For head ach to bring a fantasy- 85.  
-sick head into temper & to make  
the party sleepe.

R<sup>y</sup> white arckangell, plantaine,  
wormwood, marigolds w<sup>th</sup> black bot-  
toms ana. m. i. Stamp & boyle y<sup>e</sup>  
in white wine to the thickness of  
a pulvis, & make a plaister of it  
six inches long & two broad. &  
spread an Inch thick on a cloth  
& bind it warme to the forehead  
& downe the eye browes, & lay  
another to the hollow of y<sup>e</sup> neck.  
Or lay 1 handfull of ground Irie  
betwixt 2 hot bricks, & lay it  
in a cloth to the forehead, & so  
1 handfull of chickweed to the  
nape of the neck.

For scabbed soles in Children.  
Anoint it w<sup>th</sup> Iuyce of Lemmons  
& oyle of Roses of each alike. q.  
For a sudden palsy y<sup>e</sup> drawes the  
mouth growy.

R<sup>y</sup> peeces of wheate bread keate y<sup>e</sup>  
hot at the fire, & lay them in Vin-  
eger, & smell to them hot oft times (6 times)  
in y<sup>e</sup> morning & also at night &  
eate 3 sage leaues 6 dayes.

Truala to put up.

Do it with small powder of allom.  
& pepper.

For a Lymfy.

R<sup>e</sup> red bramble berries boyle them  
& take the cleere liquor & put  
therin some spirit of vitreall &  
gargle with it very oft.

For the Toothack.

R<sup>e</sup> a roote of plantaine & put it in  
to the eare.

For an Ague.

R<sup>e</sup> of Cinckfoyle in powder ʒi.  
infuse it in ʒiij of white wine,  
straine it & take it before y<sup>e</sup> sitt.

For those y<sup>e</sup> void blood at the yard.

Roast a Nutmegg against y<sup>e</sup> fire  
then powder him, & take as much  
powder of Cinamon & mix w<sup>th</sup> it  
& make it into pills w<sup>th</sup> the white  
of an Egge.

To bring downe y<sup>e</sup> Courses.

Let the party weare a green mullin  
leafe to each foot, & change it every  
day. p<sup>6</sup>.

Shingles.

Apply to it a paister of fine soape.

To bring out the small pox.

Give morne & Even 3 grains of Befer.

For a blind Eye.

R<sup>e</sup> of Aquavita y<sup>e</sup> worth as much  
white sugarcandy cover it between 2  
saucers, boyle it on a few Coales, &  
wipe off the dew from the upper  
saucer, & drop it into the Eye. p<sup>6</sup>.

For a white thing over the Eye. 87.

R. fennell rootes & frankincense, stamp  
it together, wring out the Juice, & put  
of it into the Eye morn & Even.

Of Vificatory.

R. Burgundy pitch & worke into it  
some powder of Cantharides, & a  
little vineger, & apply it as big as  
the blister should be.

For Cornes

R. a Siregreen leafe, prick him full  
of small holes, steepe him in vineger,  
Or apply tarr to them.

Signes of Life, & health.

1. Not troubled in mind.
2. easy breath-  
ing.
3. Easy Enduring.
4. Pulse good.
5. Strong in body.
6. Meate lying.
7. The face of healthfull colour, amiable.
8. The belly & Spleene hard or bound.
9. The Excrements soft of an equall sub-  
stance, in colour yellow.
10. The Urin  
amber colour, the residue therein  
floating towards the bottome.
11. The  
Spitts white, coming forth easily, not  
sticking.
12. To overcome the Crit-  
ticall day easily, without great  
paine especially in a sharp feavour.

Signes of Death.

1. Strength failing.
2. Evil pulse  
waxe out of order & unequall.
3. in  
mind unconstant.
4. Hard breathing.



88. 5. hard to enquire . 6. unquiet . 7.  
a sliding of the Temples or falling .  
8. a turning or winding of the face  
9. the nose sharp . 10. the eyes hollow  
11. hanging downe of the Eares . 12.  
a stretching of the skin of the face . 13.  
The light of the Eyes failing . 14.  
Involuntary shedding of Teares . 15.  
A wrapping up of the Cloathes, &  
picking such things as are neere, 16.  
Drowsiness more then needes, & wake-  
-ing more then ordinary . 17. a devout  
-ing Appetite . 18. Red Eyes . 19.  
Black veines . 20. The Colour of the  
face green or darke . 21. The Lipps  
hanging downe or shaking . 22. the  
nailes & fingers black & cold . 23.  
Extream cold . 24. Cold sweats .  
25. The Excrements black, green,  
stinking like Carrion, or soft and  
white . 26. Urin black or dark, or  
like faire water in Children . ~

Contusions . i. Bruises black &  
blew .

Cure . Visible Evacuation . blood  
letting . Cupping glasses . Scarri-  
fication . or Leeches w<sup>th</sup> fitting purga-  
tions ; Annoint with dissolving Oyle  
A Sudorificke Potion to dissolve  
Coagulated blood .

R. Liqn. Guicw. ℥vj . Rad. Em-  
lacampare, Ireos, & polipodiū ℥i



Seed Anisi & Coriandri <sup>℥℥</sup> Lyco- 89.  
rith. Zij. Gilliflowers, Carduus,  
& Centory ana. m. s. boyle all to-  
gether in fountaine water, till halfe  
be consumed. Dose. to ʒ. in the  
morning in bed. sweat 1 hower or  
more at a time 8 dayes together.

Or take Centory, gentian, round  
Aristolock <sup>℥℥</sup> Fiat pulv. s. a.  
Dose. ʒi. <sup>℥</sup> Carduus water &c.

Or Sperma Ceti Zij, in Carduus  
water; or Mummia & Sperma Ceti  
ana. ʒss. for 7 or 8 dayes together  
in the morning.

Or Lapis Zebulofus <sup>℥</sup> is excellent  
in fractures. Dose. ʒi. & applyed  
outwardly.

A Medecine to cure Ruptures  
in old or young wearing a  
decent Truss. <sup>Veronica minor Knot wort.</sup>

Rx rootes of Knotgras. ℥ij dry  
Ribwort & Comfrey ana. to ij dry.  
make it into powder, then add to it  
powder of aniseed to iij. Give it to a  
child every morning for 14 dayes.  
& make Cataplasms w<sup>th</sup> the powder  
& put under the Truss. Connoit the  
part with Ung<sup>o</sup> Nervinu. p. 6.

For the Stone.

R pellitory of the wall, wild time  
ana m. i. roots of parfly pier, &  
fennell.

90. fennell barkt & sliced ana. m. s.  
parsly seed  $\mathfrak{z}$  i s. boyle these in  
posset drink to ij. Drink a good  
draught heereof with syrrup of  
Althea in the morning. ~  
If there appeare heate in the vrin  
boyle in the posset drink purflan. m.  
Lycorish  $\mathfrak{z}$  s.  
If Excoriation. R Gum Arabick  
very cleare in powder w<sup>th</sup> sugarcandy  
s. a. Take heereof the weight of  
6 d in posset drink.

To Dissolve the Stone.

R Rhenish wine to i. with Lemmons  
sift & sugar & nutmeggs, fasting  
not too long lest the vrin be sharp.

Gonorrhea.

R Venice Turpentine  $\mathfrak{z}$  i. wash  
it well & make it potable w<sup>th</sup> the  
yolk of an Egge, drink it in a small  
draught of white wine posset drink  
in the morning fasting. It gives  
betwene 4 & 8 stooles. Cures at  
the 1<sup>st</sup> or 2<sup>d</sup> time. (Egge)

Also Red Rosewater & y<sup>e</sup> yolk of an  
For the Stone.

R Parsly-piert, moule eare, dried  
ana.  $\mathfrak{z}$  i. bayberries, turmericke,  
cloues, the seeds of the great burre,

the leaves of the hipps of Sweet  
briar tree. Fenugreek seeds ana.  
℥i. & stone in the Oxes Gall. ʒss.  
℥i. pulv. s. a. in wine Dose is from  
℥ss. to ℥i. — Or quench a black  
flint ~~red~~ hot in wine & drink it.

Colick. Gripings of the belly.

℞ the Juice of Rue Extract it till  
comes to the thickness of a pill. Dose  
is 5 or 6 pills morning & Evening.  
Also Take a Rose cake, in 2 halves  
sprinkle them with muskadam &  
grate 2 nutmeggs on them, & apply  
them on both sides of the belly  
under the navill. Olives are  
also good. — Or Galang. ʒss  
in  $\frac{1}{2}$  a pint of sack. ℥ 6.

To ease the paine of the Gout.

℞ water Germanier or Scordiu  
bruised & mixt with a little  
vineger, & apply it s. a.

For an Ague.

℞ Sheapards purse. m. i. Spanish  
flay salt & currants dry & blew  
ana. m. i. beat them well in a  
stone mortar, with some white vine  
roote, then add to them a spoonfull  
of Mustard & a little powder of

of Pepper worke them together  
fry them in a pan, & apply it to  
the hand wrests. 2 howers before  
the fit, & let ly on 2 fits, & if it  
alter not doe so againe. *℞.*

For the falling sickness.

*℞* the eggs of Ravens in the Juyc  
of wild rice. The ashes of a swallow  
or stone in his maw. — The liver  
of a young Kite in Cowslip water.  
Craniū: Humanū pulv. never buried.

To stay a Gangrene.

Foment the part w<sup>th</sup> a Lixivium  
made s. a. put into it wormwood,  
Cammomill, bayes, (leaves, flowers,  
**B**erries) Carduus &c: if it pro-  
ceede from a wound forbear the  
wound: if the Gangrene proceede  
then scarrify. &c.

*℞*gyptiacū is good to apply to  
the Scarrification. —

Amputation.

Dissectio) Evacuat & fit diet, as  
If the Stomack be weake nourish  
slowly. *℞* bolus *℞ss*. far hordei.  
Defend? *℞* bolus *℞ss*. far hordei.  
Locally *℞* *℞iiij*. sanguis draconis, Terra  
figgillata. ana. *℞ij*. olivani. *℞ss*.  
aëti *℞iiij*. albuminis crudi. q. s.  
apply it just above on a peece of cloth

cloth that may goe 3 times about the 93.  
part hard to numb the part & hinder  
the falling of the vitall & animall  
spirits to the part. Lay unto the  
end of the bone lint wet in oyle of  
Roses & the white of an egge mixt.  
Have all things necessary before you  
begin, as stapes, bouldsters, ligatures  
& bladder. — To stop the blood  
Cautery, if not actually, y<sup>t</sup> potentiall.  
℞ Aloes succatrina, Trus, arjini  
℥ij. Calx vive ℥vi. Aceti tot.  
Boyle it to the Consumption of the  
vineger f. a. fiat pulv. ℞ of  
this powder ℥iiij. fine bole. ℥iiij.  
Egg shells calcined ℥j. albuminis -  
ovorum q. s. Wet the tow in vin-  
eger & wring it out to make the  
stapes, have 2 or 3 in readines, have  
sufficient assistance to hold the  
member. Lignember Carefully &  
specilly f. a. Defend the parts  
about the fore by wetting it every  
day. 7. dayes after take off the  
ligature & apply this unguent to  
scatch off the Eschar. ℞ butiri  
recentis ℥iiij. wax ℥js. vng.  
populeon ℥ij. f. vng. f. a. The



The Degenitive for the first Application to stay the flux of blood in wounds or amputation.

℞ Lapis hematitis, lapis Callamariaris, gum oliban, sang draconis, myrrh, mastick, aloes succatri, Calcino Egge shells in powder. boli armen. ana. to i. white wine vinegar worke it s. a. lastly add to it the flux of an hares belly.

To stop blood when a veine is broken in the lungs.

℞ the finest bole ℥s. terra sigillata & amitu ana. ℥ss. white sugar candy ℥ij. in fine powder add to them the oyle of aniseedes Gut. iij. Dose. ℥s. often Oyle of Sulphur excellent in healing the lungs, & oyle of vitreal of each alike quantity with some convenient lambitive or Lohock.

Diapente.

℞ Myrrh, aristolochia rotund, gentian, Ivory, Juniper or bay berries of each alike quantity s. p. s. a.

Dose ℥j. or ℥ij.

To take away paine in a plurisie. A bolus.

℞ an Apple cut of the top, take out the Core & fill it w<sup>th</sup> gum olibanum



cover it and roast it very tender then  
peele it & incorporate the pulp with  
the oilbanum. swallow it all in a  
spoon. *is Draught*

95.

*Re* the Juice of stone horse dung  
with white wine in the morning.

*An Electuary.*

*Re* Conserve of barberries, Borrage,  
wood sorrell, & cowslips of each alike  
quantity. m. & add to it spt of bitr  
or sulphur, make it very sharp.

To free the lungs from flegme.  
Mixe in some pectorall syrrop, as  
much spt of Sulphur as will make  
it soure, & a little of it being often  
taken, will cleare the lungs in Coughs  
colds, or the plurisy. *q. b.*

*Rich: i Matthews. Pill*

*Re* of Opium  $\text{℥i}$ . white hellebore.

$\text{℥ij}$ . salt of Tartar.  $\text{℥ij}$ . pow=  
der of Lycoras  $\text{℥i}$ . Oyle of Tur=  
pentine.  $\text{q. s.}$  Let the opium be

shred & with the salt of Tartar &  
oyle of Turpentine be beaten into a  
liquid mass. Let it stand one month  
or two till it be dry. then imbibe  
it with more oyle. then add the other Hellebore  
things in powder, & keepe it moist & Liquoris  
with oyle. ~

A vomit. R of vomit Extract  
10 Gut. If it worke not well. R  
Ox: squ: ℥ij. then R the next  
day if the party be bound 19 Gr.  
of Pill. duobus. ~

For extreame paine in head & Eare.  
R in the morning 23 Gr: of Pill.  
duobus in 3 pills..

For a droply

R of Brio: drink  $\frac{1}{2}$  te at a time  
Elect Hollinocks ℥j. diagrid: 21 gr.  
O<sup>r</sup> Anisi. m. for 4 doses.  
Jalep ℥ij. Crem: tartar: ℥ij. misce.  
make a bose for 4 times,  $\frac{1}{4}$  of it  
taken 1 hower before the taking  
 $\frac{1}{2}$  pint of the former drink.

Drink the decoct: of Guaiac:

For extreame paine in stomack w<sup>th</sup>  
vomiting. ~

Give a vomit. Crocus martis ℥ij  
with acetum squill: if it continue  
give vin: of squill: ℥ij. a spoonfull  
at a time to provoake vomit. then  
20: Beazor Loxenges at severall  
times; & a Glister every day till  
it worke well & give ease. The  
Glister. R sem: fenugreeke et lin:  
ana. ℥ij. sem: anisi et cammin: an:  
℥ss. gin ℥i pulvis ad pestem ℥j.  
Coloquim: ℥ij. boyd in aqua com. till  
to loj. with 2 spoonfulls of oyle.

For one in a plury taken with  
vomiting & looseness & paine in side. 97.

Let blood. & apply a plaister of  
Turkund: pitch: & if need be let  
blood againe & give Lambe's sye  
℥viij. with flowre of Lycoras & Spt.  
of vit: gut 10 & Carduus water  
℥l. & 8 beazor Loxenges at times.  
give a Julep. & to provide spit-  
ting give Spt of sulphur percopan  
in his sye. let him drink or barley  
water.

For extreame paine by fitts in  
the belly.  
Give ℥viij of ~~the~~ sack  
& Gallang at severall times

For extreame paine in the head &  
in other parts <sup>to</sup> vomiting all things  
that are taken.  
℞ 3 grs: of Cord: pill. after  
a glistter. then a vomit & after  
another glistter.

For a Jaunty & droply <sup>harts home</sup>  
℞ Spt. of vit: ~~℥l~~ c.c. w<sup>th</sup>.  
rubb the teeth & get of the scales &  
wash w<sup>th</sup> the decoct: of Guaiacum, &  
drink morning & evening of it 3 spoon-  
fulls made aye with spt of vit: for  
w<sup>th</sup> together, y<sup>e</sup> take 8 quarts  
of physick Ale.

For a Tempany.

Hold in the mouth the Roote of  
Lavage to bring away Rhume.

Greene Sicknes.

R. Aloes ℥ij. steell prepared ℥ss.  
Rhubarb. ℥ij.

For the wormes.

R. Corraline pep. 3an. ℥ij.  
C. C. ult. prep. - 3an. ℥ij.

Corrall pep. 3an. ℥ij.

Rhubarb - 3an. ℥ij.

Cinamon the weight of 3<sup>d</sup>.

Sugarcandy ℥ij. misse.

dose in fine powder as much as  
will ly on 3<sup>d</sup> in milt. or beere,  
or with syr of Rhubarb.

For the Farcions in a horse, a  
Powder of Drench.

R. Bolearmonie 2<sup>d</sup>. Bolis  
almys 2<sup>d</sup> Asafatida 2<sup>d</sup> made

give the  
Drench of  
the  
powder al-  
so.

into powder, & give a spoonfull  
thereof every morning mingled  
with oates. Then cut the  
bunches & put therein greene  
copperas mixt with vinegar.

Let blood.

The Drench.

R. Take Senna 2<sup>d</sup> horspice 1<sup>d</sup>,  
Drench mustard seed, Rosemary & hyssop  
first a quantity of each, Creame of  
Tartar. 1<sup>d</sup> boyle it in  
strong beere, &  
take it off & put in Collet Royle.

<sup>to either for the same.</sup>  
A Drench for a wheather in  
a Cow.

99.

Rx Long pepper, ʒ, Keyhows,  
Archangel, white wort of each  
an handful boyle all in a quart  
of strong beere till halfe be con-  
sumed then put in ʒ of Saffron.

Wind galls in a horse.

Rx the white of an Egge, Vineger, ʒ,  
green Copperas, ʒ, allom water  
Galls, ʒ, pound & mingle all w<sup>th</sup>  
the vineger & let it stand 3 or 4  
dayes, then wash it every morning  
& evening for 8 or 9 dayes let  
him stand dry.

For the Glaunders in a horse.

Rx Mustard seede, Cubebs, hyssop,  
Ginger, Lycoras, & pepper, beate  
it well together, then boyle it a  
while in strong beere, take it off  
& put to it gallat oyle, & a little oyle  
of Turpentine, give it the horse fasting.

For spots that appeare on the  
Lungs, after y<sup>e</sup> meafells, & smke  
in a game.

Give 10 gr: of Contrayerva in  
2 or 3 drops of Alkermes, &  
let y<sup>e</sup> party drink sack sometimes.



100. For the Stone: a water.  
Take a gallon of new milke of a  
red Cow; put thereto peltitory of y<sup>e</sup>  
wall, wild time, Saxifrage, & peltitory  
of each an handfull, & 2 or 3 radish  
rootes sliced, steepe all these in the  
milke one night, then distill the  
herbes & the milke ~~is a~~ ~~in~~ ~~the~~  
~~with~~ with a moderate fire. The  
best time of distilling this water is  
towards the later end of May: you  
must use it in this manner. Take of  
the water six spoonfulls, of rinish  
or white wine the same quantity, a  
little sugar & slices of nutmegge make  
it warme, & drink it fasting, & fast  
after it 3 howers, using moderate  
exercise. Take this 2 mornings -  
together & 2 evenings (of the same  
mornings) to bedward at the full of  
the moone, & at the wane or other  
if neede require. This medicine hath  
ben used by many to their great ease &  
benefit especially by one M<sup>r</sup> Furnham  
sombtimes Pensioner to his Ma<sup>tie</sup>, who  
had ben for the space of 30 years  
grievously handled by y<sup>e</sup> Stone & was by  
the use hereof not only eased but also  
to his dying day so preserved, as being opened  
after his death, there was not found any signe  
of the Stone in any part of y<sup>e</sup> body.



Take horse radish rootes & leaues, Ramsons  
rootes & leaues, Sampier of y<sup>e</sup> Sea, mayden  
hyslop, Philipendula, Saxifrage, mountaine  
tyme, pelitory of the wall, garden parfly,  
of each a good handfull, lay them a drying  
3 dayes, cut them small, steepe them in a  
quart of white wine 24 houers, adding -  
thereto a pottle of milke, w<sup>th</sup> 12 date stones  
beaten small, then distill them all together  
in an ordinary still w<sup>th</sup> a soft fire. ~

For the Stone.

Take syrrop of Althea 1 ounce, white  
wine 6 ounces, Red-neede water 2 ounces,  
& Gromwell seede halfe a spoonfull beaten  
into fine powder, drinke these mingled  
together in the morning before the fit  
comes, & waite an hower upon it. ~

A Clister for the Stone.

Take a quart of posset ale or nray, Tyme,  
& Dandelion of each halfe a handfull, of  
aniseede, & fennell seede of each halfe  
a spoonfull, bruiſed, of red sugar fower  
spoonfulls: boyle the liquor with the  
herbes & seedes till halfe be consumed, &  
take y<sup>e</sup> quantity of almost a pinte. ~

For the Gout.

Take Caricostinum new made  $\frac{1}{4}$  of 3  
dissolue it in a draught of burnt white wine  
& drinke it in the morning fasting, & fast 2  
houers after it, then drinke a draught of thin  
broath or posset drink, & so doe neyther  
as alter any ordinary potion. ~

et diet drink to be used Spring & fall.  
 Take 4 Gallons of sweet wort, Boyle it  
 faste an hower, then let it a working  
 in barne, & when tis ready put it up  
 into a vessel. Then take of Sena.  $\mathfrak{ss}$   
 Rubarb  $\mathfrak{ss}$ . polipodium of the oake  $\mathfrak{ss}$   
 Kernels of ashkeys  $\mathfrak{ss}$ . Jollop  $\mathfrak{ss}$   
 Bayberries  $\mathfrak{ss}$ . Sweete fennell seede  
 & aniseede ana.  $\mathfrak{ss}$ . Saxifrage  $\mathfrak{ss}$   
 hermodactills  $\mathfrak{ss}$ . Rub the Sena  
 betwene your fingers, slice the Rubarb  
 thin, beate the Jollop into fine powder.  
 slice the polipodium thin, let it rest  
 be grossly beaten, put all these into  
 boulder bagg & hang it in the middle  
 of the vessel. ~

#### et Black Salve

Take a pint of Gallet oyle,  $\frac{1}{2}$  a pound of  
 bees wax,  $\frac{1}{2}$  a pound of white led finely  
 beaten, put all these in a bea mottle  
 skillet over y<sup>e</sup> fire, & keepe stirring of  
 it till it be ready; the put it up in a pot  
 To put away any thing fro the Stomake  
 that lyeth heavy thereon. ~

Take a quart of white wine, burne  
 therein speermint topps & marigold  
 flowers of each halfe a handfull,  
 Diaferdium the quantity of 2 nutmegs  
 sweeten all this w<sup>th</sup> sugar, drink there of  
 a good draught morning & evening, &  
 sweat after it if you can. ~


Imperiall water.

103.


Take Scabious, Bittony, pimpernell,  
Turmentill rootes & all, dragons, burnet  
Leaves Knaps & all, of each 4 handfulls, Plaque.  
Lay them & drying after they are cleane. Fever.  
pickt three dayes, then choppe them. Stomack  
small, & steepe them in as much white  
wine as will cover them, let it stand  
24 howeres, then distill it in an ordinary  
still: put thereto 2 ounces of good  
mithridate, or good Treacle of Jane,  
3 penyworth of Turmericke rootes, a  
quarter of a pound of Licoras, a good  
handfull of aniseedes, a little saffron,  
4 ounces of hartshorne finely rasped,  
a peck of buglas or burrage flowers,  
one pound of sugar: then distill it  
all together againe; You neede not  
still the sugar in it but put it into  
the water after it is distilled.

This water is very good against the  
Plaque, either taken alone, or with  
Bezar stone, or Unicomes horne; it  
helpeth the burning feavour, it com-  
forteth the heart, & expelleth all  
offensive humors w<sup>ch</sup> offend the  
Stomack, it is most peticious for  
all aforesaid.

## Cherry water.

Take 4 pound of Cherries, 5 pintes of Claret wine,  $\frac{1}{2}$  a handfull of rosemary; of Balme, <sup>2 handfulls</sup> ~~2 handfulls~~ <sup>2 ounces</sup> ~~2 ounces~~, 2 nutmeggs sliced: take & stones out of the cherries, infuse all the rest in an earthen pot close covered one night & the next day distill them w<sup>th</sup> a soft fire in an ordinary still: let it in y<sup>e</sup> sun 10 dayes or more in a glass, putting in as much sugar as will sweeten it, & hang a little muske lapped in lawne therein by a thred: 

For watering & redness of y<sup>e</sup> Eyes that followeth y<sup>e</sup> small pox & meafells.

Take 6 pennyworth of Lapis calamaris in whole lumps if it may be, burne it red hot, quench it in a pint of white wine, breake it into small powder, then put it with the white wine in a glass bottle stoppt close, let it ly in shewe 24 howers, then drop the water into the eye; & or if it smart too much y<sup>e</sup> it cannot be endured, bath y<sup>e</sup> eye w<sup>th</sup> it, for y<sup>e</sup> w<sup>th</sup> opening the eye too fro, it may distill thereinto. this doe morning & evening, or at any time so that it be not within an hower after meales. 

Againe Dintn <sup>it</sup> for <sup>the</sup> Stomack. 105.

Take mint, warmwood, rosemary leaves  
& red rose buds of each a handfull, chop  
& beate them in a stone mortar, then take  
halfe the herbs & boyle them in as much  
Capons grease as will cover them, straine  
it, & then take the other halfe of leaues  
& boyle them in the same liquor, & when  
they are almost boyled, put into it halfe  
an ounce of Mace, & a quarter of an  
ounce of Cloves, & 2 spoonfulls of  
Aquavita this must be boyled till  
the leaues be hard then straine it.

For the yellow jaundies.

Take a pennynorth of Turmeric in  
fine powder, a pennynorth of saffron  
brayed, an ounce of conserve of Bar-  
berries mixe all well together; take  
of this the quantity of a walnut mor-  
ning & evening, & drink a good draught  
of Dentition posset after it.

Lozanges for <sup>the</sup> winde.

Take  $\frac{1}{2}$  a pound of coarse sugar in fine  
powder, boyle it w<sup>th</sup> a little faire water  
to a nighth, put into it aniseeds, carraway  
seeds, coriander seeds pipard, sweet fennel  
seeds of each halfe a quarter of an ounce  
all finely powdered, a dragme of common  
pills, a large nutmeg, a large race of  
ginger, & a dram of Galbanum all finely  
ground & powdered, put all into a sirrup with



106. with 6 spoonfulls of aniseede water.  
Boyle y<sup>e</sup> till they come to a thick past, &  
then drop it upon a plate.

For a Canker in y<sup>e</sup> mouth.

Take of Rose honey 2 Spoonfulls, red lill  
& Rew of each one handfull, rosemary  
7 or 9 topps, pound the Hearbs & straine  
out a good spoonfull of Juice, put it to  
the honey, & boyle it to a right, then  
put in as much burnt allome as will  
lye upon a Groale, & the 6<sup>th</sup> part of a  
pennyworth of Turmericke. Let it boyle  
a little after, & then put it in a cleane pot  
Annoint the Canker gently w<sup>th</sup> it, & let  
the water run out of your mouth, & it  
will cure it in 4 dayes.

For bleeding at the Nose.

Lay a playster of Bol armonick &  
white wine vinegar to the forehead  
it may reach from one temple to the  
other, let it remaine 1 day or 2 if neede.

Lozenges for y<sup>e</sup> winde.

Take Liquoras pared & sliced, aniseede  
horehound, the topps of hyssop, & penny-  
royall, Elecampane rootes, & fennell  
rootes, the pith taken out, all bruised,  
Infuse all in hyssop water 7 dayes  
putting in fresh hearbs: then steepe  
in that water gum dragon, & make  
lozenges w<sup>th</sup> it & fine Sugar, as  
you doe Sugar plate.



For a high Coloured face.

Take 3 drams of Camphir to  $\frac{1}{4}$  of a pintle of white rosenwater, let it stand 24 hours, & wash your face when you goe to bed. you may add some st Candy to it.

For a Planchy.

Take hot Dung of a stond horse, straine it with ale, & drink a good draught with a little Treacle. Drink it 3 times 3 hours betweene every draught. ~

To kill a Ringworme.

Take red dock rootes sliced thin, bake them, & lay them all night in y<sup>e</sup> strongest vinegar, & wash it w<sup>th</sup> all.

For the Gunere.

Take the white of ten new layd Eggs, beate them to an oyle, & drink them in the morning fasting. Then take these Pills following. Myrrh Aloes & Saffron Composit<sup>d</sup>. called Pilla Rubea.

A Paister for y<sup>e</sup> white or red Gout.

Take of Aquavite, Ale yeast, & English honey of each 3 spoonfulls, 3 whites of new laid Eggs, & a quantity of wheate flower, beate all together, & spread on a cloth, & apply it to the white warme, to the red cold. ~

Sugar plate.

Take unto  $\frac{1}{2}$  a lb of fine bearded Sugar, reit it a  $\frac{1}{4}$  of an ounce of dryed violets finely stamp'd with Gum dragon in rosenwater. (re it in a pan)

108. *Or Bath to wash a festered Sore.*

Take red Sage, mayden hyssop, plantane leaves, & red bramble leaves of each a handfull, boyle them in a quart of faire water till it comes to a pinte, take it off the fire & put therein a stone of allome y<sup>e</sup> bigness of a small nut, & 3 or 4 Spoonfulls of Hony.

*Or Plaster for such a wound.*

Take a handfull of Nallow leaves pickt from y<sup>e</sup> stems, boyle them in fayre water or milke till they be tender: then take a quarter of a lb of suet of a sheepe pickt from the skin & shred: Beate it very well together till it is thoroughly incorporated, then warme it in a pewter dish, spread it on a cloath, & lay it to the place greivd.

*Or Purging wine.*

Take a pottle of white wine, put into it 4 ounces of Senna, of Rubarb thin sliced 2 drams, Epithimum 2 ounces, hermodactils halfe an ounce, Camomill flowers 2 drams, Stickadus 2 ounces, cloves, mace, & Cinamon of each one dram in groys powder, Sugar halfe a pound beaten, let these infuse in the wine 2 hours, then let it run through an Appocraz 6 or 10 or 12 times. Take 3 or 4 Spoonfulls.

Spoonfulls in the evening when you  
goe to bed, & in the morning if neede  
require. If the patient have no great  
heate, there ought to be added to the  
former an ounce of Ginger sliced.

For the cough of the Lungs.

Take russet hyssop, Liverwort, lungwort,  
Peryroyall of each a handfull, 2 or 3  
tops of rosemary, a quarter of a pound  
of raisins of the sun stoned, 10 or 12  
blow figgs cut in peices, aniseede one  
ounce, two or 3 good sticks of Liquoriz  
bruised, & a little sweete marjoram,  
boyle all together in a pottle of running  
water to a quart, & drink morn & even.

For a Consumption of the liver.

Take a gallon of Strong wort & put in  
to it these herbs, Cardus benedictus, liverwort,  
mayden haire, Cowslips of Burrage,  
buglos, & broad leaved of each a handfull.  
Boyle all in the wort till  $\frac{1}{2}$  be consumed  
straine it & put into it a penny worth  
of red sanders, & 2 Spoonfulls of graines  
bruised. boyle it to 3 pints, & drinke  
a good draught morning & evening in  
your bed, bloud warme.

A water to dry an old Sore.

Take Tutia & rock allome of each  
an ounce, Sal armoniac Rasse an  
ounce, all in fine powder, adde thereto  
a dram or two of Camphire (if you  
please) infuse all these in a pinte

110. of plantain water 4 or 5 howers; but  
suffer it not to boyle; Apply it with  
warne cloathes or lint to the sore.

Another for the same.

Take a pintle of running water & boyle  
therein a pennyworth of white cop-  
peras till it come to halfe a pintle,  
take it off & put to it 2 penyworth  
of Camphire finely beaten, cover it  
close & let it stand till it be almost  
colds, then stir into it the white of an  
egge ready beaten to an oyle, & scrape  
in as much bole armoniack as a  
nutmeg, & when it is cold put it  
up in a glass & stopp it close.

Shake it before you put any forth  
& apply it with warne cloathes as before.

To expell any thing from y<sup>e</sup> Stomack.

Take a pound of Bole armoniack finely  
powdered & searced, Pimpernell, Caruus  
Benedictus, Scabius, Turmentill, bittons  
of each a handfull all bruised, put y<sup>e</sup>  
herbs to steepe in a quart or 3 pintes of  
whitewine 24 howers, then straine  
so much of the wine out, as will make  
the Bole armoniack thicke as white pot,  
set it out in the sun, stirring it divers  
times a day, & continue wetting it every  
day till it haue drank up all y<sup>e</sup> liquor,  
then dry it till it worke as wax, then  
print it into cakes, & keepe them for  
your use. ~

### Eye water.

111.

Take y<sup>e</sup> distilled waters of Eye bright,  
white Roses, Sclendine, fennell & ~~rose~~  
rue, of each halfe a pinte, then take  
3 ounces of Tutia make it red hot six  
times & quench it every time in white  
rosewater & white wine in equall parts,  
then cast away this rose water & wine,  
& take y<sup>e</sup> Tutia, cloves 3 ounces, Sugar-  
candy 4 drams, put all these, made  
into fine powder, into the distilled wa-  
ters, adde to it a pinte of grecke wine,  
stop it very close & take it for the  
space of 40 dayes, once or twice a day.

For the eye.

Take broome, fennell, browne sage,  
daylie leaves, of each a handfull, &  
halfe a handfull of wormwood; (if there  
be greake heat in the eyes then little or  
no wormwood will serve) Shred or pound  
them in a mortar, & put as much honey  
to it, as will make it moist. Then dip  
as much Towel in the white of an egge  
well beaten, as will cover all y<sup>e</sup> eye,  
then lay a pretty deale of this medicine  
on it, & dresse it thus twice a day.

### Another.

Take red rose buds, red fennell, worm-  
wood, vervaine, & sclendine of each  
alike quantity, distill them altogether  
& wash your eyes therewith, & it will  
keep them clear.



Another for y<sup>e</sup> Eyes.

Take Alloues, fennel dine, & day y<sup>e</sup>  
of each alike quantity stamp them  
in straine out y<sup>e</sup> juice, put thereto  
a little sugar & rosewater, & drop  
it w<sup>th</sup> a feather into the eyes.

It taketh away all manner of  
inflammation, spots, webs, itch,  
smarting, or any other greife in  
the eyes whatsoever, although y<sup>e</sup>  
sight were almost gone.

For y<sup>e</sup> Stone.

Take burr hede, fennell seed & parfly  
seed of each alike quantity, boyle  
it in posset ale & drink it.

Another for y<sup>e</sup> same.

Take a dale stone & Meire y<sup>e</sup> weight  
of the dale stone, beate them to powder  
searce or rye th<sup>er</sup>, & drink it in  
mace Ale.

Aqua Composita for a Surfit.

Take rosemary, Ruypp, & fennell of  
each a handfull, a good roote of Ele-  
campane, halfe a handfull of white  
tyme, six crops of Sage, as much of  
mints, & of pennyruall, a handfull of  
horehound, five crops of marjeron,  
2 ounces of liquoras, & as much anis-  
leede steepe all in 2 gallons of strong  
Ale 24 houers the distil w<sup>th</sup> an Ashmbeck.



Water of Life, for a Consumption. 113.

Take malmsey, or red wine 2 gallons  
a good Capon & a Rabbit liver & all  
the fat in of a whole mutton, the fat  
cut away, bruise all the bones &  
cut the flesh also, & take y<sup>e</sup> yolkes of  
12 eggs, a pound of sugar, a pound of  
great raisons, & of cloves, ginger,  
cinamon, liquorice, nutmeg, of  
each an ounce, of aniseeds a spoon-  
full, Burrage, rosemary, buglos,  
parsly, sage, & hyssop, of each a hand-  
full, of bitony leaves half a handfull,  
of St. Johns the warts & flowers 2 hand-  
fulls, & of white leavened bread a  
penny loafe. bruise all & put them  
into a pot to distill <sup>in</sup> an Alembick.  
It cures in 4 Drinke.

Take Borrage, Buglos, violets, fumi-  
torie, water cresses, & young hopp  
buds, of each 2 handfulls, 3 ounces  
of scraped liquorice, 2 ounces of  
fumitorie seedes bruised, 3 drams  
of whole mace, fennell rootes pithed  
2 ounces, great raisons stoned a good  
handfull, boyle all in 2 gallons  
or 2 galls & halfe of whay untill  
halfe a quart be wasted, straine it &  
add to it the juice of 2 or 3 Lemmons  
or oranges, keepe it in a cold place  
& drinke it in the morning fast.

Supper

114. Another for the same.

Take a quart of white wine, another of water, put therein a handfull of liverwort, another of violet leaves a quantity of Succory, Endive, & harts-tongue, boyle it well together, straine it, sweeten it with sugar, & drink it as aforesaid.

To provoke sleepe.

Take bay berries bruise them in a mortar & lay them to the Temple.

A good salve.

Take a pound of red led, a pinte of Sallet oyle, & 3 ounces of unwrought wax boyle all together, continually stirring it, untill it looketh black, then take it up & make it up in rolles.

A pultis for anie que fallen into

the <sup>the Lionbe</sup> Take graines of Ale, boyle in them mallowes & Cammonill, thicken it with Wheate bran, & put into it a peece of yest lay it on very hot.

For the Liver.

Take liverwort, hartstongue, & fumetorie of each alike quantity, boyle all in clarified whay, drink twice a day.

For Melancholic.

Take Balme bruise it a little and sprinkle it with white wine, distill it in an ordinary still, & drink thereof.

To keep Lemmons & Trenges.

Take white pane that is sifted dry it in an oven that there be no moisture in it. Then put the pane into a barrell an inch deep then set found Lemmons in it an inch asunder, then cast more sand on them to the same depth. & set a row of Lemmons & a row of pane, & keepe them very close.

For the Plurisy.

Take croppes of broome a good handfull Lute it in ale or beere from a quart to halfe a pinte, drinke it warme with a litle mithridate; And then lay to the side a booke / pread w<sup>th</sup> Treacle.

4 Salve for a Sore legge.

Take Castile Soape, rofec, lithargy of Gold, & barrowes grease washed 4 times in rosewater (& if need be) Some powder of burnt allome worke them well together untill they be very soft, & lay on as much as will cover the sore; take it of once a day, wipe it & lay it on againe till it be whole.

Plague water.

Take Angelica, Dragons, Rosemary, Sage, Rue, wormwood, mugwort, Solendine, Pimpernell, Eyremony, vervaine, Scabias, Bitonie, Carduus, mayden hyssop, Tormentill, Coitsfoot, Balme, valerian, Organe, heart, tongue, & each one pound. cut them & steep them in ale 24 hours. Distill it in an stillincke with a soft fire; You must save & drink it so. & if it must be droped it will be good with it. It will be good in any.

For y<sup>e</sup> Nipple of the breast being sore.  
Take perfect drink kerrid <sup>in</sup> allome,  
& wash the nipple with it, as hot as  
you can suffer it, then dip a cloth in  
it & lay it to the nipple, use it as  
often as the child both suck. ~

For sore Breasts.

Take mutton suet, Sallet oyle, & resin  
of each alike quantity, melt it toge-  
ther & let it stand to cleare, then put  
it into a dish & beate it w<sup>th</sup> a spoone  
more an houre, then spread it on a  
woollen cloth for y<sup>e</sup> purpose.

For y<sup>e</sup> Morpew or any spots in y<sup>e</sup> skin.  
Take a pottle of raine water & put to it  
the crum of a manchet & let it stand  
4 or 5 dayes, then straine it & put into  
it mercury sublimat. in fine powder  
halfe an ounce, Almonds blancht &  
beaten small 2 ounces, Camphire in  
fine powder 2 ounces, Ceruse in fine  
powder one ounce, then let it stand  
4 or 5 dayes.

Then take 2 ounces of lithargy of  
Gold made into fine powder, put to it  
halfe a pound of white wine vinegar, &  
let it stand 2 howers.  
And take as much running or well  
water & put to it one ounce of bay salt,  
& let it stand likewise 2 howers;  
Then put into each vessel a peece  
of white Cotton & distill the two -

Liquors each by themselves, till they  
are drawne out cleane, then put them  
together & it will be as milke; put  
these into the aforesaid water, & let  
it stand in the same 4 or 5 dayes, &  
then you may use it.

To strengthen the leggs & sinnewes.

Take 4 ounces of hartshorne filed very  
small, put it into a quart of white wine  
& let it boyle 3 or 4 howers simmering  
(when it is cold it will be in a jelly) you  
must annoynt the place grieved w<sup>th</sup> it  
morning & evening, bathing it a good while.

Against Bleeding.

Take linnen raggs dry them well, &  
take as much Duckfist as raggs. put it  
together & set it on fire, & when it is  
burnt, put it out with a board, as you  
doe tinver: lay this powder to the  
bleeding place the nose or else where.

A purging Diet Drink.

Take of Sasaerilla, & Senna, of each  
4 ounces, Aniseeds & English liquoras  
of each 2 ounces, of English saffron  
a penyworth, Cinamon a quarter of an  
ounce, raisons of the sun haife a pound  
Ginger a penyworth, bruise the spices &  
stone the raisons, & take 3 gallons of  
wine when it is newly fund, & hang all  
these in it in a fair bagg w<sup>th</sup> a stone in it  
to make it since, & when it hath stood  
7 dayes & the patient eate nothing but



118. Dry roasted meate all that time & lett  
himselfe very warme, he must drink  
no other drinke for 3 dayes space.

To kill an Itch in a Sore.

Take of the ashes of a Vine & the Juice  
of a Lemmon of each one spoonfull, &  
halfe a spoonfull of clarified honey,  
mixe it well & anoynt y<sup>e</sup> place greiv'd.  
A Greene Salve.

Take Scala Cali one pound, Rosemary  
flowers 4 ounces, Pomegranat rindes  
2 ounces, Sallet oyle 2 pound, white  
wine 6 pints, Infuse them 10 dayes in  
the Sun, Boyle them till the wine be  
consumed, then straine it & put to the  
oyle Mastick & Olibanum of each 4  
ounces, Aloes Cicha one ounce,  
Earthwormes 2 ounces, Venice Tur-  
pentine 12 ounces, Verdegrease 1 ounce  
Boyle the Mastick, Olibanum, Aloes  
& Earthwormes, untill the gums be  
melted, then put in the Verdegrease &  
let it boyle 2 or 3 walmes, take it  
from the fire put in y<sup>e</sup> Turpentine,  
& stirr it till it be cold.

Uble for y<sup>e</sup> Dropsy.

Take mayden hayre, red sage, & Chamapitus  
of each a good handfull being dried,  
Elicampane rootes dried & sliced, & y<sup>e</sup>  
common dock rootes dried & sliced of each  
a handfull the like quantity of Juniper  
berries & bayberries, an ounce of Cin-  
namon, five good nutme eggs & twelve



leaves, make all these into gross pow = 119.  
der hang it in a thin bagg in a vessell  
& tun up a gallon of Ale to it, &  
when tis 7 dayes old, drink it & no other drink.

For y<sup>e</sup> Greene Sicknes.

Take Germaner, Orgamon, maiden =  
hayre, & hyssop of each a quarter of a  
handfull, soyle it in a quart of good  
Ale or white wine; Then take white  
amber, red Cobrall, & date stones of  
each alike might finely beaten &  
searped, mingle it together, & take of  
this powder as much as will lye on a  
3pence every morning & evening, in  
a spoonfull of the aforesaid drinke,  
& drink ~~off~~ a good draught of it  
warne, & walke after it as much as  
you are able for the space of an hower,  
The first morning, the Patient must  
sweate after it in her bed.

Another for the same.

Take of Sassafras sliced halfe an ounce,  
Mugwort, Germaner, Lovage of each  
a handfull, wring them in peece with  
your hands, Aniseede an ounce, Liquorice  
one big stick scraped sliced & bruised,  
steepe these in a quart of rain water  
all night in a vessell close stopped,  
& in y<sup>e</sup> morning put the said vessell in  
a kettie of water, for let it marie till  
a 3<sup>d</sup> part be consumed, straine it & sweeten  
it w<sup>th</sup> sugar to your tast. Drink every morning  
a good draught of it warme & fast & hower after

A vomit to worke 8 or 9 times.

Take 8 graines of Stibium in fine powder put it into a viall w<sup>th</sup> 10 spoonfulls of cleare posset ale, boyle it in a skillett w<sup>th</sup> water 2 howers, you must shake it often & let it be but lightly posset, straine it through a thicke cloth, leaving the dregs take only y<sup>e</sup> cleare, & cast away y<sup>e</sup> rest. Then take a spoonfull of honey another of wine vinegar, boyle it halfe a quart of an hower continually stirring it, put it altogether into your posset ale, it must not be made a day or 2 before you drinke it. Take it fasting all at a draught, & after every vomit drinke a good draught of cleare posset ale, being but warme to make it worke y<sup>e</sup> better.

For y<sup>e</sup> giddincks of y<sup>e</sup> head, to strengthen y<sup>e</sup> memory, & cleanse y<sup>e</sup> blood.

Take 3 ounces of Sena leaues, Zedary, Cummin, parsley, & dill seede of each one ounce, Ginger ℥ss, Cloves, nutmeggs Calme mus, Gallinagal, pimpernell rootes Sage, rue, valerian, annes of each  $\frac{1}{4}$  of an ounce, Sugar ℥iij pound all small, & mingle them together. Take morning & evening one dram at a time. ~

A Punge for Melancholy.

Take y<sup>e</sup> Juice of Borrage & Bugloss ana ℥viij y<sup>e</sup> Juice of sweete apples ℥viij. let it stand & settle, then put into it Sena ℥ij & let it infuse 24 howers, then let it be a walme or 2 & straine it out

then boyle it to a Syrrup with 9 ounces 121.  
of sugar, hang with a little bagg  $\frac{1}{2}$   
a dram of saffron in it, & so keepe it  
all y<sup>e</sup> yeare for your use.

Lozanges for y<sup>e</sup> Stomack & winde.

Take  $\frac{1}{2}$  a dram of c<sup>h</sup>ithiride,  $\frac{1}{2}$  a quarter  
of an ounce of oyle of Aniseede, 3 grames  
of Ambergrece the 3<sup>d</sup> part of a penny-  
worth of Saffron, 4 ounces of fine Barbary  
Sugar beaten & searfed, as much Gum  
Dragon dissolved in red rosewater, as  
will bring it to a past, worke it well  
together & roll it thin, Cut it into Lozanges.  
Dry them & keepe them neare y<sup>e</sup> fire.

To keepe one Loofebellye.

Take a dram of y<sup>e</sup> powder calld p<sup>u</sup>ivis  
Sanctus & steep it a night in a  $\frac{1}{4}$  of  
a pinte of white wine, in the morning  
warne it & drinke it all at a draught.  
But stirr it well first that none be left  
in the bottome. Take it fasting thus  
every 3<sup>d</sup> day for a weeke or 2, & fast  
two hours after, then take thin breath.

An Oyntment for y<sup>e</sup> side.

Take oyle of Capers, oyle of Dill, & oyle  
of Broome ana  $\mathfrak{zj}$ . oyle of cammomill  
& mellilot ana  $\mathfrak{zss}$ . misce. put some  
of it into a sawcer, & annoynt y<sup>e</sup> side  
& belly very warme & lay a double  
cloth warme upon it, doe this mor-  
ning & evening. For Costiveness. Costive  
Use to drinke Buttermilke.

Take Daylies rootes & leaues, plantane  
& Mallow leaues ana.  $\text{℥.ij.}$  Smallage 3  
or 4 tops boyle these in running water  
till they be tender, take out y<sup>e</sup> hearts  
pound them small & put them in againe  
thicken it with oatmeale &  $\frac{1}{2}$  a pound  
of mutton suet finely shred, when it  
is boyled to a sufficient thickness, spread  
it on a cloth & lay it on warme.

A Pultis for the biting of a dogge.  
or fallen to a fellon.

Take  $\frac{1}{2}$  a pintle of vineger, a spoonfull  
of flower, & another of honey, the yolk  
of an Egge, a handfull of Smallage &  
a good quantity of Boares grease finely  
shred, boyle it on a soft fire untill it be  
thick: But if it be for a fellon use  
mutton suet & Rue instead of Boares  
grease & Smallage.

To make a posset without milke.

Take y<sup>e</sup> yolkes of 12 Eggs & the whites of  
8, beate them well together, then take  
a pintle of sack & another of Ale, put  
thereto  $\frac{1}{4}$  of a pound of sugar, beate all  
well together, set it in a pan on a soft  
fire & stirr it often untill it begin to  
boyle, then put it in a bason on coles  
in a chafindish, & let it boyle till the  
curd be sufficiently risen up, take off  
the Curd & strow sugar & spice.  
therein.

To draw up y<sup>e</sup> Pallat of y<sup>e</sup> mouth.

123.

Take leuen as much as a big walnut  
make it into a thin past w<sup>th</sup> whitewine  
vneger, put there in fetherseed on  
whitewort finely dried q. s. halfe a  
nutmeg grated, then boyle it till it  
come to y<sup>e</sup> thickness of Boobinders past,  
then put it in a little bagg, & lay it  
as hot as you can suffer it to the pit  
of your Throat. ~

For a burne or Scald.

Take of y<sup>e</sup> greene leaves, or greene rinde  
of Elder, & Sage leaves, of each a hand-  
full, chop them small & take as much  
new Sheepes dung as hearts, boyle them  
in as much hoggilard or mutton suet as  
will cover them, let it boyle  $\frac{1}{2}$  an hower  
very gently, then straine it & put it in  
to a pot till it is cold; & anoynt therewith.

To stop y<sup>e</sup> Rhume of the Teeth.

Take Torwe make it into 4 parcells as  
bigg as halfe crownes or broader, then  
put y<sup>e</sup> white of an Egge beaten to a froth  
all over the towne shawe thereon a q. s.  
of bole armonie, grate thereon the  
like quantity of nutmegg, warme them  
& lay one upon each temple & behind  
each eare one, keepe your head very  
warne, & let them sticke on, till they fall  
of themselves.

To expell any venome from y<sup>e</sup> heart.

Take Borrax. & Parsly of each a handfull  
pound it, put red rose water to it & straine  
it, then boyle it & put a spoonfull of -



124. Heartshorne, a peice of Gold, & sugar into it, & boyle it together to a syrrop; Take it morning and Evening first is last 15 Dayes.

For a Squinly or sore Throate.

Take Groundsell, whitewort, Elder (leaves in summer rinde in winter) of each alike quantity pounde & take the juice & mingle it with honey, & wash y<sup>e</sup> throate & mingle some of it with flower. make a plaister, & lay it to the throat: but for a Squinly add unto it y<sup>e</sup> white Album Gracum both in y<sup>e</sup> plaister & water.

For the wormes.

Take Aloes, Senna, & Contory, of each halfe an ounce in fine powder, put it into a bladder w<sup>th</sup> halfe a pinte, of muscadine & hang it in the chimney till it be dry: then slice it in peeces & take the weight of a goat at a time 3 mornings together at the new moone either in pill or any other way.

For deafness.

Take Stone pitch as much as a beane, melt it in a spoone, & put into it 5 or 6 graines of Civet, & as much ambergreene & twice as much Colloquintida, & 4 or 5 graines of Scamony, & stirr them well together till the mixture be cole, Take as much of this as a wheate corne put it in a thin peece of sargnet, into



the hole of y<sup>e</sup> Ear, y<sup>e</sup>ast in a moid to it &  
 tye it about y<sup>e</sup> Ear, that it may not be  
 lost; take it out every morning & wipe  
 it & put it in againe. It will make a  
 royle in the eade at first, & will not work  
 the effect (perhaps) in a fortnight, but  
 weare it untill it be quite consumed. prob: it.

For a benumbedness in y<sup>e</sup> Hands.

Take Rosemary, Sage, Lavender, & Tyme  
 of each a great handfull, boyle it well in  
 beere, & rub the hands & armes with it  
 twice a day, & after they be dry, rub  
 them & the neck w<sup>th</sup> a quantity of Aqua-  
 vite warmed.

For Marinating of Fish.

Take of y<sup>e</sup> best salted oyle & therewith  
 fry your fish well, then take a quart  
 of white wine, a pintle of white vinegar  
 & a good quantity of gross pepper, a quan-  
 tity of large Mace, Rosemary, Hyssop,  
 Tyme, & bayes, boyle all these untill halfe  
 be consumed, then let it coole; & when  
 it is cold put in y<sup>e</sup> fish cold & let it lye  
 in it two dayes, then serve it w<sup>th</sup> some of  
 the broth. It will keepe good a fortnight.

An Antidot to expell winde & water.

Take honey & Treacle of each 2 ounces  
 pepper graines halfe a dram powdered  
 mixe it well together without fire,  
 then powder a little Nutmegg & Cin-  
 namon & put into it.

126. For y<sup>e</sup> Rickets, An Oylment & Drinke.  
Take. Sneepestrotters oyle, & Bullocks Gall  
of each halfe a pint, put therein a good  
handfull of Cammomill, put all in an  
earthen pipkin & set it on y<sup>e</sup> fire &  
let it boyle gently or simmer for y<sup>e</sup> space  
of halfe an hower continually stirring  
it, then take it off & straine it; & with  
this annoynt all the Joynts of the child  
every Evening, keeping it very warme  
night & day for a weekes space. Then  
The Drinke.

Take Rock Rew, Maiden hayre, Liver-  
wort, Coltsfoot, of each a good handfull,  
Glew Currants, raisons of the sun ston  
& blew figgs of each  $\frac{1}{4}$  of a pound, &  
one ounce of Anisseed; boyle all these  
in 2 gallons of sweete wort an hower,  
then let it stand till its cōd enough to  
set it on worke, then straine it & put  
barme to it, & when it is ripe put it  
in a firken & stop it close. Give it y<sup>e</sup>  
child mornings & Evenings, & at night  
as often as he will drinke. Or els.

Another Drinke.

Take  $\frac{1}{4}$  of a pound of blew currants  
bruiſe them & steepe them in a pint  
of Muscadome, or for want of Muscadome  
in Rassy wine.

For the Stone .

127.

Take horseradish rootes,  $\frac{1}{2}$  a pound &  
an ounce of parfly seede cut them small  
& steepe y<sup>e</sup> in all night in a quart of white  
wine, then drinke there of, & let y<sup>e</sup> rootes  
& seedes lye in it till all be drunke;  
It may be sweetned w<sup>th</sup> sugar if neede be.

Another

Take rootes of filipendula or drop-  
wort in powder, or a decoction of y<sup>m</sup>  
in white wine, where unto add a little  
honey when they are boyled from a pintle  
to halfe a pintle.

For the Cough .

Take 6 ounces of sun raisons stoned,  
beate them very small in a stone mortar  
then add 8 ounces of old conserve of red  
roses beateing them together till they  
are well mixt, then take 4 ounces of  
brown sugar andy (being first beaten  
small) & strow it on with a spoone, as  
you are beateing the conserve & raisons  
continuing so to doe till all the candy  
be well mixed w<sup>th</sup> the rest; then gather  
it together into the middle of y<sup>e</sup> mortar  
& drop on it 12 drops of y<sup>e</sup> oyle of  
Sulphur & 24 drops of y<sup>e</sup> oyle of Vi-  
threal, mixe them very well w<sup>th</sup> a  
strong knife or silver spoone untill  
all have a sharp tast, put it in a gallipot  
& keepe it close stoped with paper & leather.  
Take y<sup>e</sup> quantity of a large Nutmegg by small

the morning fasting & fast 2 houres after,  
at night in bed.  
in the same quantity

Put 8 quarts of water in a kittle & when it beginneth to boyle. Take ℥iiij of Salsaparilla. ℥i of red saunders ℥i of white Saunders. ℥is of china Cut them & put y<sup>m</sup> into y<sup>e</sup> water. Let all these boyle halfe an hower, then Take ℥i of red saunders, ℥i of Misericord.  $\frac{1}{8}$  of an ounce of Guaiacū. Cut them & put them into y<sup>e</sup> water; let them boyle  $\frac{1}{4}$  of an hower; then take ℥s of Sassafras.  $\frac{1}{8}$  of an ounce of Rose wood. a sprigg of Liquoraz. Let all these boyle together till there remaineth but the quantity of 4 quarts of water. This will be 3 or 4 howers making although you keepe a good fire under it. When it is coole put it into glasse bottles, (w<sup>th</sup> out straining y<sup>e</sup> Sediment from it) & so powre it out upon occasion. This will last for two dayes & no more.

Take a glasse of it in y<sup>e</sup> morning an hower before you rise, & a full glasse when you goe to bed, the rest at dinner & supper, & when you are thirsty. In three weekes time you must neither drinke wine, water,

milk, vinegar, oyle, nor any liquid  
but the Diet Drinke. You must neither  
eate salt meates, pepper, beefe, pottage,  
nor mutton, unless dry roasted or  
broyled: but you may eate rost veale  
rost chickens, & y<sup>e</sup> Pike, but as ma  
dyet, & little. You must neither purge  
nor let blood: but may walke freely  
abroad.

Let y<sup>e</sup> proportion of water be  
but 7 quarts boyled to 3 with y<sup>e</sup>  
same quantity of druggs:

The whole Course will be 4:10. charge.

If no Meserion can be gotten, Lau-  
reola will serue: but it must be  
prepared in Vineger. Gil: Talbot.

To make hayre grow againe.

Take mice dung, the ashes of walpes  
burned & halsted nutts, mixe it w<sup>th</sup>  
a little vineger of roses: & anoint  
the bald place often therewith.

Sickenning time. Live or dye.

Marke y<sup>e</sup> day any doe fall sick on, and  
number y<sup>e</sup> dayes from y<sup>e</sup> sixth of the  
callends of July (w<sup>ch</sup> is y<sup>e</sup> 26 day of June)  
untill y<sup>e</sup> day the party began to be sick.  
Devide the whole number by 3: If one  
remaine, he will quickly escape; If 2  
remaine he will be long sick; If none  
remaine, he to be feared he will dye.

If 1 rest  
long sick  
2 remaine  
He will  
He will  
He will  
quickly  
N.C.



## Against Plague or Poyson.

Take Juniper berries 2 drams, & each of Lemme as much & one scruple more w<sup>ch</sup> is the weight of 24 barley cornes; make them in fine powder mixe them w<sup>th</sup> honey, & keepe it in a cleane vessel. Take y<sup>e</sup> quantity of a hassle nut at a time in 3 ℥ of aqua mulsa, w<sup>ch</sup> is made of one pound of honey & 8 lb of water bodden & skimmed over an easy fire untill y<sup>e</sup> 4<sup>th</sup> pt be consumed. If no poyson be taken before it will remaine in y<sup>e</sup> stomach quietly; but otherwise it will procure vomit.

## Remedy.

Binde old oxen leaves about y<sup>e</sup> end of a little stick, cut y<sup>m</sup> something round. Hold them as deepe in your mouth as you can, w<sup>th</sup> the stick betwene y<sup>r</sup> teeth, & y<sup>e</sup> Remedy will run; betwene while wash the leaves, & put y<sup>m</sup> in againe. Doe thus about halfe an houre, & use it 3. or 4 times a day for 3 or 4 dayes.

## For a Burne, or Bruiſe.

Take a pinte of oyle olive, put it into a cleane pipkin, & put therein a handfull of the second rindes of Elder spriggs, w<sup>ch</sup> are no bigger then your little finger: & Plantaine, Sengreene, the youngest leaves of Elder, of each halfe a handfull, w<sup>th</sup> the 6<sup>th</sup> part of



of a pintle of white wine. & 2 or 3 Spoonfulls of Urine, & 2 inches  
of a tallow Candle cut from  
the weake; boyle all these together  
halfe an hower on a soft fire stir-  
ring it now & then; straine it through  
a course cloath, put it into the pipkin  
againe w<sup>th</sup> an ounce & halfe of yellow  
wax sliced; when its melted take it  
of. When its use for a burne, it is  
to be spread on a cloath, & applyed,  
changing it but once in 24 howers.  
For a Bruise anoynt y<sup>e</sup> place therew<sup>th</sup>.

#### The Miscarrying water.

Good against Looseness also.

Take of red Oaken buds, woodroves,  
broad Plantaine, of each 2 handfulls,  
Pomgranate rinde, & Cinamon, of  
each an ounce powdered. Shred the  
herbes, & steepe them & y<sup>e</sup> powders  
in a quart of red wine one night,  
still it the next day morning in  
a cold still pasted, w<sup>th</sup> a soft fire,  
Give 3 spoonfulls at a time.

#### For y<sup>e</sup> wormes.

Take 8 Egges beate them well, then  
take wormwood, Rens, Lavender cotton,  
Feverfew, mayden leekes of each a hand-  
full, shred them small, mixe them w<sup>th</sup>  
the Egges, & fry them in a pan, with

132. some fresh butter, in nature of a pancake  
& apply it to y<sup>e</sup> Stomack & navill; use  
it 3 nights together; with swathing  
it on. The Cordiall water.

Take Sage, Cellendine, Rosemary,  
Rew, wormwood, Mugwort, Mints,  
Pimpernel, Dragons, Scabias, Egre-  
mony, balme, Scordium, Centory,  
Carduus, Bittony, Rosafolis, of each  
a good handfull: Angelica rootes,  
Henbane rootes, Tormentill rootes,  
Zedoary rootes, & Lycoras of each  
halfe an ounce; slice the rootes  
when they are cleane; Then wash  
the hearbes & dry them in a cloath;  
when they are very well dryed,  
shred them very small, put them  
into a gallon of y<sup>e</sup> best white wine,  
& sleepe them in it 2 dayes & 2 nights,  
stirring it twice a day, & so distill  
it in a cold Still. ~

The Selfheale Oyntment.

Take of Selfheale 2 handfulls,  
Plantaine, Parsly, Ground Ioye, &  
Daylie rootes leaves & flowers, of  
each one handfull, cleane wash &  
dryed in a cleane cloth; then shred  
them all very small, & boyle them in  
a pound of fresh butter unwasht,  
let it boyle soberly for 2 howers, -

stirring it all the while, then straine 133.  
it & keepe it in earthen potts. It will  
keepe good 3 or 4 yeares. Approved  
for many things.

*For y<sup>e</sup> jaundice & jaunice.*  
℞ Saffron y<sup>e</sup> weight halfe an ounce  
℞ Rhubarbe . a dram.  
make it into pills with lacte  
in number 18. take them  
mornings. 2 at a time. &  
drinke a glass of Beere after  
it, then three times y<sup>e</sup> salt.  
Fast 2 or 3 howe ever, then eat  
some hott thing. *℞ 1/2 oz.*

*Antidotus Contrayerva*  
℞ of Orientall Pearles, Crabbs Eyes,  
red Corvall, Flarts horne, white  
amber, Rholes of Scorzonera, or  
Vipers Grals, booke of Contrayerva,  
ana alike quantity. of the black  
tippes of Crabbs claws, so much in  
quantity as of all y<sup>e</sup> rest, powder &  
searpe them through a lawne sieve  
make all these into a mass in jelly  
of harts horne, or other y<sup>e</sup> best  
some stone of saffron; make it like  
paff with continuall beating, then  
make it in balls & keepe it dry. It  
will last long w<sup>o</sup>ut decayning. I do  
is 12 or 18 grs. & in y<sup>e</sup> greatest extremity  
20 grs. & every 12 howe ever. To a cold & y<sup>e</sup>

134. Vertues This Powder is excellent  
against all infectious diseases, as y<sup>e</sup>  
Plague, Its also good for aques and  
feavours, paines & tremblings of  
the heart, It doth restore those that  
are fallen into Consumptions, adding a  
little Syrup of Gillyflowers it draw-  
eth out the superfluous humours.  
Given in a little conserve of red roses  
it stayeth fluxes, In sume taken  
in time, It preserveth from infection  
It provoketh neither vomit-  
nor stoole, nor giveth offence to  
y<sup>e</sup> soft smell or stomack; but  
worketh insensibly & without  
violence to nature, & is of such  
vertue y<sup>e</sup> name Beaz or nor  
Unicorne & Horne can equall it.

St Philip Paris Pschister.

Vertues) If you lay this upon  
the stomack it provoketh appetite  
& taketh away many greifs from the  
same. Layd on y<sup>e</sup> belly it cureth the  
collick speedily, layd to y<sup>e</sup> reynes it  
stoppeh the bloody flux, running of  
y<sup>e</sup> reynes, heat of y<sup>e</sup> reynes, a smart-  
ness of y<sup>e</sup> back; it healeth swellings  
aches, bruises; it breaketh fusions,  
& imposthumes & healeth them, drawes  
out humours without breaking the  
skin; it healeth y<sup>e</sup> diseases of y<sup>e</sup> funda-  
ment; Layd on y<sup>e</sup> head it healeth  
y<sup>e</sup> headack, Mithridates Eyes. Layd to y<sup>e</sup>  
belly, it provoketh y<sup>e</sup> motion of y<sup>e</sup> bowels

135.  
It is made as follows.

℞ Olij communis ℥ij. (Minij)  
Ceruse ana ℥j. in fine powder.

Castile Sope. ℥ij. Incorporate  
them all together in an earthen pan  
well glazed before you put them to  
boyle, then put them upon a gentle  
fire of coales for an hour ever  
stirring it with a spatula, then  
increase y<sup>e</sup> fire till y<sup>e</sup> see barne  
grayish (continuing your stirring)  
drop a drop upon a trencher; if  
it cleave not to it then it is enufe.  
Make roles of it. S.A. It will  
last good 20 yeares. ~

To make Black Ink

Take of Stone hew or vitriol  
one quart, y<sup>e</sup> best Crocus 4 lb  
y<sup>e</sup> gum Arabic 4 lb. to be dissolved  
in 2 1/2 pintles of water  
y<sup>e</sup> drop it in a warm place  
for 24 hours more y<sup>e</sup> fire  
shall be moderate, then  
remove it & every morning  
strain it for a weekes space.



An Univerſall chedoin  
 Take a peck of chone ſtone  
 lime well burnt put it in a  
 tub of water & may be 14  
 inches above the lime when it  
 is ſlacked let it ſtand 24  
 hours in the Tub; then ponge  
 off a gallon of the water, ſcū  
 taking of the ſcum. Then  
 Take Salt Indian Salt peter, &  
 white Reniſh Tartar, of each  
 halfe a pound, made into very  
 fine powder & well ſearched  
 mixed together, throw it into  
 a new earthen pipkin made  
 red hot over a charcole fire  
 with a ſpoone ſt at the powder  
 may burne, & ſet the pipkin  
 Reale by degrees that it breake not  
 doe ſet till it is all burnt & if  
 you have wrought it well there  
 will remaine about 8 ounces  
 of a pure yellowiſh ſalt in the  
 pipkin, if more remaines the  
 pipkin was ~~too~~ <sup>not</sup> hot enough if  
 leſſe it was too hot. put this  
 ſalt into y<sup>e</sup> gallon of water, to  
 which add Black hellebore,  
 Juniper berries, & red Poppy  
 of each halfe a pound bruised  
 let



157.  
Lift it up over a charcoal  
fire, & having close covered  
in a convenient vessel of  
Glass, Tin, or Iron.

### For the Stone.

Take the Spine of a Salmon,  
the same things being clean taken  
out by the spine very well wash  
ed, & scoured it through  
an hore line. The Hole is  
3 inch deep is half a pint of  
white wine in the morning fasting,  
or at noon when the diet is cold.  
Drink a pint of new Ale presently  
after. when the diet is over take  
an ounce of the Syrup of Marsh-  
mallows in a pint of Rhenish  
wine hot.

### For Deafness.

Drop a drop or two of the Oyle  
of Turpentine into the eare at  
night when the party is in bed,  
it will in 3 or 4 days be helped.

For the Reddells.

Take the Gall of a Beave newly  
killed (It is sold in great) Take 2  
matt of strong water (But it is small  
But one penny worth) & black Soap  
quantity of a walnut. Boile these  
together till the Soap is melted.  
Kepe it in a glass bottle close stopt.  
about three weekes once a day the  
vein is bathed on both sides, striking  
it downwards to dry it in by the  
fire.

Then Take Egrinony to pound out  
of each a good Rind full. Putt in  
in well 2. & a small of each a lye  
quantity. Cotten down. Shifts  
roots in branch one or two of  
Lard. **But** if small 5. or 6. Boile  
all these together in middling water.  
ripen it till it into a cake. As  
this let the white sink as often as  
it will. If it lack the nurse must  
drink it also.

Women that have Children subject  
to this Disease should drink it  
when they give suck. though the  
Disease will not appear in it often.

For the Plague.

Take Rasse a Dram of 8 powder  
of Bay berries in 2 or 3 ounces of  
Plantaine water, & sweete  
very well after it.

## For the Toothache.

Take an equall quantity of Ginger  
 & Allome in fine powder mix  
 it w<sup>th</sup> rub the same in put some of  
 it into the tooth & it will kill the  
 continuing it till 3 paine ceases.

## For a Cane.

Cut the Cane & apply a Rasse  
 of S<sup>g</sup> y<sup>e</sup>ane the more p<sup>er</sup> the  
 to it every day till it be well.

## For Passing Blood.

Take of the powder of red corall  
 as much as will lye on 3 or 4  
 & drink it in 2 or 3 spoonfulls  
 of Cowley milke. About an  
 hour after Take 3 or 4 spoon  
 full of the good Rospa wine. Burn it  
 & put into it a little thin toll  
 beat very dry, in add thereto a  
 little nutmegg & cinnamon, then  
 take the toll & drink the wine.  
 About an hour after this  
 take of the waiste made as  
 followeth. 1. Take a  
 young legg of mutton roast it  
 but doe not drip it, & while  
 it roasts lay brasty of unlace  
 - mixed w<sup>th</sup> a little  
 water it that it may drop the roon,

When it will dry no longer,  
prick it, & let it roast in the  
tongs remaine under it as long  
as any drop of Juice drop thereon  
Then let the party eate of this  
toast as much as his stomack  
will take, & afterwards of the  
mutton also, & let it can.  
Take these things in this order  
every morning till he recover.

For Beasts that make venereal  
Take Sulphure, Brown Sage,  
Lew. Spars, pouch & black coat  
of each an handfull pickle & clept  
very small, mix with it an  
handfull of dry foot, put all in  
a quart of conkitt with a quare  
to the staff & of powder if it  
be bound in body give it a toast  
& barre.

For the Plague.

Lay a plaister of Gallium to  
the Botch & it will keep it  
from going in againe, if come  
to bedlines.

For the Rickets.

Take maydenhage, Liverwort,  
Hartstongue, mayden hyssop, may-  
den Time, winter Savory of  
each an handfull, sweale mar-  
joram & brown sowell of each

141.  
Take a handfull of roots & toyle  
them in a quart of the fresshest wort  
or faire water till halfe be  
consumed, then put in halfe  
a pound of stande rashes let it  
boyle a while, then straine it  
& keepe it close giving it the  
child mornings & evenings so  
drinke warme putting a little  
honey into it.

the Syment for a time.

Take a good handfull of cam-  
monill, soale it & take the  
fairest blace, put to it 2 worth  
of Bugrowseed, 2 worth of  
focke cyle, let it boyle together  
& when it is cold put in to it  
2 worth of hot water & so  
anoint the child morning & eve-  
nings by the fire.

The Receipt of Harts

for a kind of urinary

Relaphe vide page 32.

Costmary, Camomyl, Honey sucke  
Century, & Relaphe of each  
two handfulls, Denny royall,  
wilde garlick, with Coriand,  
Savory, & Tyme of each flower  
Randell.





To make Ginger Biscuits.

Take a quart of rhenish wine, put into it of Ginger, pepper, Liquorish, & Sanders of each a pennyworth all made into fine powder. And add 4 ounces, & the like quantity of Clarot wine. or old ale. Then Take 3 penny manchets finely grated strow it amongst the rest & stir it, & so make cakes & dry them gently.

Another.  
Take a quart of Clarified honey beat it till it be brown, & it be thick put to it a oyle of Olive. Then put to it the fine powder of white bread grates stir it well, & when it is almost cold put to it the powder of Ginger cloves, cinnamon & aniseeeds, then knead it & put it into molds. Some put to it a little pepper & make it breakle.

### French Bread.

Take halfe a bushell of flower, ten eggs, a pound & halfe of fresh butter, as much yeast as for manchet temper it with new milk pretty hot & let it lye half an hower to rise, make it into loaves wash them over with an egg beaten with milk, let not it oven be too hot.

## For a Cancer.

9 times

Cancer.

Take Lapis Calaminaris 4 ounces made it red hot in a Charcole fire. <sup>9 times</sup> Liqueur it as often in a pint of white wine, continue it in an earthen pikein untill the heate make it boyle, & so repeat it as above, & let it stand so neare the fire as to continue warme. Take one ounce of whole Tully burn it in a Cruet & when red hot quench it in a pint of red Rosewater <sup>3 times</sup>. Then mixe wine & Rosewater & all together putting it into a bottle shake it twice a day when you use it dipp a double cloth in the water bigg enough to cover the sore, apply it warme, keep the grained place warme after & use it twice a day or as often as neede requires. *Stat.*  
*¶ S. Beaufort.*

Urine bloody  
 Stone.  
 Gravell.

For Bloody Urine, Stone, Gravell. Camerarius saith. That the thickned Juice of Purflan made into Pills with the powder of liam Tragacanth & Arabick, being taken, prevaileth much to help those that make a bloody water. ~ The decoction of Agrimony made with wine, helps those that have soul. troubled, or bloody waters. ~

Blood spilling

Stone kidneys

Stomach  
 weake.

of Gram of the powder of Betony taken with a little honey & some vineger helps those that piss or spit blood. ~ Buckshorn plantane boyled in wine and drunk helps those that have the Stone in the kidneys, strengthens weak stomachs that cannot retaine their meate but cast.

it up, stayeth all bleeding at mouth & 145.  
nose. bloody urine, bloody Flux, & such bloody flux  
of the belly & bowels. ~

Take 3 or 4 good handfulls of the Berries of winter  
fresh or green or dried bruise them, & put cherries  
them into so many Gallons of Ale or Beere  
new brewed. this drink taken daily - Stone.  
doth ease the paines, expell urine, & the  
Stone, & cause the Stone not to engender;  
The decoction of the berries in wine & water  
is the most usual way, but the powder taken  
in drink is more effectual. ~

The Root of Earthnubs or Pignubs in  
powder made into an Electuary is a - Blood pissing  
singular remedy for pissing or spitting blood. & spitting

Crabbes Claws or water Sengreen is an  
Excellent remedy for such as have boyled  
their Kidneys & upon that pissing blood. ~

The Juice or Decoction of Horstail being  
Drunk, or the Juice Decoction or distilled -  
water applyed outwardly, stayeth all sorts Fluxes.  
of lapses or fluxes in man or woman, & the  
pissing blood, & health inward ulcers & exco: ulcers of  
-riations of the Entrails, bladder &c. & all Bladder.  
other sorts of foul, moist & running ulcers,  
& so doth together the tops of green wounds.

The decoction in wine helpeth the Stone, & Strangury. Stone &  
Ladies Smocks or Cuckoo-flowers provoke Strangury.  
urine & break the Stone.

If you make a vinegar of wild Time or Head Ach  
mother of Time (as vinegar of roses is made) spitting blood  
It stops the paine of the head being aching  
with it, it helps spitting & pissing blood, coughing.  
coughing, & vomiting it strengthens the Stomach.  
Stomach.  
-forts the Head, Stomach, Reines, & womb, ex-  
-pels urine, & breaketh the Stone. ~ Reines.  
womb.  
wind.  
Stone.

For Excoriation in the neck of y<sup>e</sup> Childer.  
A 6 ounces of Comfrey Roots & the Juice of 12  
Handfulls of Plantaine worke & beate them  
in a stone or wooden Mortar with Sugar to an Electuary.

## For the Consumption.

Take 20 Dippins & 12 Turnips shred  
them very small, Aniside & Lyquoras  
in powder of each one ounce, powder  
of Elecampane halfe an ounce, Then  
Take Browne Sugar candy & Raisons  
of the Sun Stones of each one pound,  
put all together into an earthen  
pot cover it with Rye downe &  
bake it with house hold bread then  
straine it very well, & put to  
this Juice Syrrup of Mayden hayre  
& Syrrup of Coltsfoot of each six  
ounces, Conserues of Roses flower  
ounces, & a quarter of a pound of  
Englisk honey, mix all very well  
together, & let the party take  
therof as often as he can, & if he  
finde himselfe cold, let him take  
Candyes Elecampane.

And for his Diet Drink. Take  
Pollipodium, Scurrey grass & lung-  
wort of each one handfull, of  
liverwort two handfulls, of Billa-  
ny halfe a handfull, & of water  
Cress one handfull, boyle all in  
wort, & put no Hopps to it at all.

## For the Small Pox.

Take a quart of Ale, a dram of Saffron  
halfe a pound of figgs slit the figgs  
in the middle, then take 20 worth of  
green Licoras slice the outside  
scrap away, put these into the Ale  
& boyle it till it come to a pint. let  
the party drinke it all up in the morning

fasting hot at a Draught, & ~~fast~~ 147.  
3 hours after. If a woman or child  
let them take it often all the day, as  
they can drink it & eat or drink ne-  
thing els that day. The infection  
will come away in the urine, & the  
party will have few if any.

For yeabs in hands &c.

By the middle rind of Elder, boyle it  
in cream, putting in a knob of Allum;  
& anoynt the place with it.

For the Itch.

By a handfull of Sage, a handfull of  
wormwood, a handfull of Rosemary, &  
a knob of Allum, boyle it in milking  
cream, when it is cold put in the flower  
of Brimstone & anoynt the party.

For the Targ in a horse.

By a little handfull of Savin, a handfull  
of Rue, 3 spoonfulls of Hempseed, a little  
bunle of the inner rind of Elder & a little  
Scurvy grass, boyle all in 2 quart of water  
till halfe be consumed, give it him blood  
warne fasting, & ride him an hour after.  
Then take a good handfull of Copperas, 2  
handfulls of Salt ~~bag~~ & 2 handfulls of  
nettles boyle all in stale urine & with  
this wash the Sores.

Bees to improve.

By a handfull of Baume, one dram of  
Camphire, half a dram of Muske dissolved  
in Rosewater, as much yellow wax as is  
sufficient, oyle of Roses as much, Stamp the  
Baume & Camphire very well, & put them  
into the wax melted with the oyle of  
Roses, let it be made up into a Mass, let it  
cooke before you put in the Muske for els the  
heat will fume away most of the scent of it.  
Put the bigness of a Hazell nut of this Mass  
within the bee hive, & it will increase the



Bees, Honey in wax threefold. J. worlidge.  
 Buck wheate & bristled fowre neere the  
 Apiary is esteemed an extraordinary  
 delightfome food for Bees. J. worlidge.  
 Meade to tast like wine.

Rx 4 part of Clarified Honey & 8 parts  
 of water Boyle it halfe away scumming  
 it, when it is coole tun it, & when it  
 hath done working stop it close & bury  
 it under ground for 3 moneths.

Another.  
 Rx Clarified Honey 2 lb water 32 gall  
 boyled to halfe & cleane scummed, & to  
 have an Aromatick tast add flowers  
 of Elder, Rosemary & Marjeron of each  
 one handfull, Cinnamon 2 ounces,  
 cloves 6 ounces, ginger, pepper, & Carda-  
 mom of each 2 scruples. Jo: worlidge.

To Destroy Rats & Mice.

The Roote of white Hellebore in powder  
 is good, it killy nothing els. The Smoke of the  
 For an Aque. <sup>Roots of corns burnt</sup>  
<sup>drives away mice.</sup>

Rx 2 quarts of spring water boyled in it  
 2 handfulls of Ribwort Plantaine grossly  
 shred, & 2 ounces of Lycoras well beaten  
 or bruised, let it boyle till halfe be con-  
 sumed, if for a party of full growth, but  
 if for a boy or yirle, till a quarter be  
 consumed: then straine it, & put into the  
 liquor 2 ounces of Browne Sugarcandy, &  
 when it is dissolved bottle it, & let the party  
 drinke of it, & no other drinke till the Aque  
 be gon. Make 2 plaisters of Mithri-  
 date & the pulp of an Orange or  
 Limmon or for want of them a fowre  
 Apple, & apply it to the wrists. In els  
 peele 2 heads of Gartlick boyle it in Hy sop  
 water till it is tender, then take it out, &  
 mix it with hoggs Lard, lay it on two  
 peices



Peices of bladder to apply it to the bottom  
of the soles of the feet: but let them first  
be well bathed with the said Hyssop water.

Another.

℞ the inner skins of the Gizzards of poultry  
Cocks or hens, wash them cleane, dry & make  
them into fine powder. Take 2 parts of this  
powder & one part of fine powder of Cocke-  
males well mixt, & give the parts as much  
as will ly on six pence. or 4<sup>o</sup> for weak persons.  
Or els, 2 drams of Cortex Ferriana, callis  
the squits powder, & 1 dram for weak persons.

For a Cough, & defluxion of Rhumer.

℞ Powder of Liquorish ℥ij. powder of  
Aniseedes ℥ss. Powder of Elempane ℥ij  
Flower of Brimstone. Red Corall prepared  
of each ℥j. double refined Sugar beaten  
& searfed ℔j. Then with Gum oragacanth  
steeped all night in Rose water beat them into  
a past, mold it up with searfed Sugar, & make  
it into Lozenges, dry them in the Sun, or some  
warer place, eat them often day & night.

For the Scurvy, Els Catarrhs, Rumes, consumption.

℞ a good quantity of Scurrogross beat it by  
straine it, set the Juice over the fire till it be  
hot (but let it not boyle) when the thick scum  
arise take it off, & straine it through a linnen  
cloth, but squeeze it not, set it on the fire againe  
& take 3 ounces of clarified hony, one ounce  
of butter clarified, with 3 cloves of Garlick, half  
an ounce of Aniseedes, halfe an ounce of Ele-  
campane, half an ounce of liquorish in fine  
powder, one dram of Saffron finely beaten,  
one ounce of white Sugar candy fine beaten,  
mix all these powders well together, & throw  
them carefully into the aforesaid Juice, with  
the clarified butter & hony, & keepe it continually  
stirring till it be thoroughly incorporated, then take  
it off the fire, & keepe stirring it till it be cold. then  
put it in a gallipot if you keepe for a sirop, or

Or make it thicker with more Sugarcandy, & add a little flos Sulphuris, & perfume it if you stiffen it for Lézenges.

For a tickling Rhewme & Cough.

R<sup>e</sup> Conferences of fox lungs 2 ounces, Syrup of Colts foote, Syrup of Maiden hayre, Syrup of horehound, Syrup of Hyssop, Syrup of Violets of each one ounce, mix them well & take them often in a day or night on a liquorish stick.

For the Kings Evil broken or not.  
R<sup>e</sup> neats foote oyle & verjuice of each a like quantity mix them well dip clothes therein & lay on morning & Evening.

Another.  
R<sup>e</sup> the finest wheate flower, & the best Sallet oyle, blend them together very well, spread it on a linnen cloth, & lay it to the places greived morning & Evening;  
Let their drink be mistling ale, wherein is laid in steape, Angelica leaves & stalks, Elder leaves & the inner bark of it, Rounds tongue leaves, & plantaine leaves, of each 3 handfulls to fower gallons of Ale, Drink it 2 or 3 times a day a good draught.

For y<sup>e</sup> Plague or Pestilence.

R<sup>e</sup> Strong whiterwine Vineger half a pint, Spring water a quarter of a pint, mix them & put thereto one ounce of Venice treacle. Take 2 spoonfulls every morning, & anoynt your Nostrills with a little milkmade.

For a Consumption.

R<sup>e</sup> Shell Snayles cast salt on them, & when they are well cleansed from their slime, wash them crack their shells & take them off, then wash them in Hyssop water, put them in a canvas bag with some white Sugarcandy beaten, hang up the bag & let it drop as long as it will into some bell, which if you bruise the Snayles before it be hung up it is the better.

Take a spoonfull of this water at a time Mor: 151.  
ning & Evening.

To take Staines out of Linen.

Rx 4 ounces of white hard soap, beat it in  
a mortar with 2 small Lemmons sliced, &  
as much Rock allome as a hazle nut, when  
they well beaten makes it up in little balls,  
Rub the stain therewith, then wash it in warme  
water till it is cleane.

For a beast that pisseth blood.

Boyle an handfull of Periwinkle in a quart  
of Ale till it comes to a pint, & give it the  
beast. doe this 3 times.

For an old Colic in a Horse.

Put 2 new laid Eggs in an earthen pot w<sup>th</sup>  
as much white wine vinegar as will cover  
them, set the pot close covered in a horse dung  
hill for 12 hours, then poure it down the  
horses throat shells & all, gall of him after  
it, & cloath him warme, give it him 3 or 4  
times, but rest a day betweene each time.

To Comfort the Heart, Braine & Nerves.

Rx Sage 30 or 40 leaves. Saffron 15 Graines.

Rosemary  $\frac{1}{2}$  that quantity of Sage  
Take a quart of Spring water, boyle  
away one third part, take it off the fire  
while it boyles & presently put into it  
the said Ingredients, cover it close, &  
when it is cold enough drink it not.

For a Consumption.

Boyle 9 Snayles in as much Reo Corves  
new milk as you can drink at a time,  
the shells first broken off & cleane washed,  
Put in a sprig of Spear mint in the boiling  
& take it every morning.

For the wind Collick.

Boyle a handfull of Elow-flowers, & a race  
of Ginger flic in a pint of white wine, sweeten  
it with Sugar & drink it warme.

## Snayle Water

℞. a peck of Snayles with their shells,  
wash them in Beete, & having pick'd them  
well, put them in a Kettle with beere  
over the fire, let them boyle a little till  
they be dead, skim of the scum & filth, then  
take them out into a sieve, that they may  
drene, then pick & wipe them cleane with  
a cloth; then take a quart of earth wormes  
flit them & throw a handfull of salt among  
them, & let them stand a little, then wash  
them cleane in water, beat them & the  
Snayles together, to peices in a stone  
mortar. Then put in the bottome of the  
Linbeck 2 handfulls of Angelica, as much  
Jelendine, as much Heartfoot, as much  
Egremony, as much wood Bittony, as much  
wood sorrell, as much of the inner rind  
of the Barberry tree, as much of red  
dock rootes the pith taken out, 2 quarts  
of Rosemary flowers, a handfull of Rew  
Stamped, a dram of Saffron dried & beaten,  
an ounce of Cloves, an ounce of Turmeric  
an ounce of Fenugreek, all beaten, and  
six ounces of Hartshorne, let the Snayles  
& wormes be put in betwene the Herbs  
& the Spices, then put in 3 gallons of  
strong Ale, low wines, or Spirits, stop  
it close, & let it stand all night or  
longer, then draw it off; keepe it to a  
constant heate, that it run not off white,  
If you distill on Ale or low wines, you  
may draw off 5 quarts. if on Spirits  
twice as much; If you put in 2 quarts  
of faire water before you put in the  
Spirits, it will run off the better good, & the  
better keep the Herbs & other Ingrediente from  
burning to the sizes. Vertues are, good  
for yellow jaundis, surfits, paine in the  
Stomack, infectious diseases, plague,

winde Collick, cheers the spirits of aying 153.  
people.

For the wind Collick.

Heat Bay Salt, or other Salt very hot in a frying pan, put it in a linnen bag, & apply it as hot as the party can endure it, if the pain cease not, heate it againe & apply it as before till it cease.

A Glistre for the same.

Boyle cammomil flowers, violet leaves, marsh mallow leaves, of each an handful in posset drink, till they be soft, straine them out, let the quantity be a pint, put thereto 2 good Spoonfulls of Red Sugar, & so use it for a glistre.

Another drink for the Collick.

Bringe a Spoonfull of nettle seed, boyle it in water & drink it.

For the Piles.

Beate Nutter or hog taper into a salve with fresh butter, spread it on a linnen cloth & apply it to the place.

Another

Let the party sit in a hollow chaire over 2 or 3 red hot bricks sprinkled with Vineger, that the same may ascends to the fundament, doe this 3 or 4 times if neede be. Or els apply Elder buds with fresh butter.

For an Ague.

Spread 1<sup>st</sup> worth of the powder of frankincense gently on sheeps leather with a warme knife, put on that 1<sup>st</sup> worth of Turpentine, prick the plaister full of holes, & apply it to the navill half an hour before the fit.

Another

Rx 3 Spoonfulls of fine flower 1 Spoonfull of pepper beate small, beate these in Sopa to make it to a past lay this to each wrist, & let it ly on 9 dayes. ~



For the Stone or Gravel.  
Boyle the Seedes of Parsly, Burdock and  
Lovage in white wine, Straine & drink it.

Another.  
R a penny pot of white wine, steepe in it  
half a Spoonfull of Nettle seede all night  
bruiſe, straine & drink it.

To break the Stone in the Bladder.  
R a Spoonfull of Rew water twice  
distilled every morning fasting during  
the month of March & May.

To make the Syrup of Marshmallows.  
R 2 pound of the roots, wash them clean  
& flit them in peices, one handfull of the  
leaves, one handfull of Pellitory of the  
wall, as much Camomill, as much of  
white or English Saxafrage, a few  
Raions of the Sun Stone, let them simmer  
in a clean pipken with 2 quart of Spring  
water over a soft fire, till halfe be con-  
sumed, then hang them up in a flannel  
bag, & let them drop into a pan, & boyle  
it up to a Syrup, put 2<sup>th</sup> of Sugar to a  
pint of the Lyquor.

To preserve Walnuts white.  
Pare them deepe, scald them in milk &  
water till they be tender coole them in  
water & put them into Sugar then clar-  
ified, let them ly in it 2 or 3 dayes, heating  
them once every day, & before the last  
time of heating them, you may stick half  
a clove into each walnut; Then boyle up  
the Syrup with them in it, but not too  
high, lest they Candy. Let not the Sugar  
you Clarify be too dry.

For Paine in the Head.

Quet a red Rose cake well in Vineger, and  
put a good quantity of powder of clove  
& Nutmegs into it, & bind the same very  
hard to the Temple of the Head: Rub your  
Temple & nostrils often with the juce of Joy  
Leaves mixt with oyle & Vineger.

A wounde Drink.

R. Harts tongue, Liverwort, wood Bugle,  
Sanicle, wood Sage, wood Rittany, Southernwood,  
wormwood, Achewife, Bugloss, Scabious, Ribwort,  
white bottle, mugwort, Comfrey, Mints, Egermory,  
Strawberry leaves, violet leaves, Linkpoyle,  
Daisy leaves, roots, & flowers, white Honey suckles,  
white Angelica, An. rs. Plantaine, Cloones—  
woundwort, Hawthorn buds, Bramble buds; these  
Herbs must be gathered in May, as many as can be  
then had; the others in March as soon as they put  
forth, before they come to leaves, you must mea-  
sure them, & take equal quantities of them; dry  
them severally every sort by themselves in the shade,  
when they are thoroughly dried put them up in bags,  
& keepe them all together. Then make the drink thus.

R. one Gallon of the best spring water, one pottle  
of the best white wine, ad to this 2 handfulls  
of all the Herbs well dried, & very well mingled  
together, & if you use them green then take one  
handfull of each; Boyle them in a pipkin or iron  
pot, till half be consumed, then scum & put  
to it a quart of Honey, let it boyle a little again  
the skum it, & when it is cold put it up into  
glasses, & stop it close: Let the party drink  
about  $\frac{1}{4}$  of a pint at a time in the morning  
fasting & at 4 in the afternoone.

The Liverwort is ever best to be put in green.  
If you use it for any sore or ulcer, lay any  
cured cloth or plaister to it of unguentum Apoc-  
tolorum, minium or the like, or a plaister of  
Hony & wax. ~ This is good for wounds,  
sores old & new, womens breasts, putrefied  
bones causing them to seale, for any Ach in the  
Stomach, ulcers in the body, to stanch the  
Blood of veines broken in the body, it hath caused  
Bullets to come out of the flesh that have con-  
tinued long therein. S<sup>r</sup> Geo: Juce. was cured by  
drinking this, being wounded through the lungs.  
If there be any Spice of the Kings Evil, you must  
ad these herbs to it. viz. Nep. partly break stone.

yarrow, Sassafras, figwort, mullen, Tutjan,  
Hacknut, horehound, Chickweed, Opening  
rootes, raisons of the Sun. One advises to  
ad to the herbes these druggs, viz.  
Sarsaparilla ℥iij. wood Guajacum ℥i  
bark of Guajacum ℥ij. Sassafras ℥ij.

To heale any wound or Ulcer

R. one handfull of Daisys, but if in the head  
℥i. woodbine ℥i. but if in the breast  
℥i. Dandelion ℥i. but if in the Arm  
℥i. Tops of Brambles ℥i. but if in y<sup>e</sup> body  
℥i. Ribwort ℥i. but if in the leggs  
℥i. Sanicle ℥i. Betony ℥i. wood Sage ℥i.  
Mugwort ℥i. Great daisys otherwise called  
white bottles ℥i. Avena ℥i. If the party  
be bound in body Mercury ℥i. If stuff  
in the Stomack Wormwood ℥i. All these  
must be boyled in 3 quartes of water till  
half be consumed, then put in 3 pintes of  
white wine, let it boyle to the halfe with  
one ounce of Madder & one pint of Honey,  
This must be strained & put into bottles  
close stoppt. & the party must take 5  
Spoonfulls in the morning, & as much  
at night. If it be for an Ulcer in  
any part lay a cerecloth or plaister of  
Unguentum or such like, or a plaister of  
Honey & wax. This will break any im-  
p<sup>o</sup>stume & good for all things as the former.  
Gather alike quantity of the Herbs in April  
& May dry them in the Sun & keep them.  
These may be added Carrants, Raisons, fax-  
glove flowers, Chokangel flowers, Tamarisk,  
Hartshorne, Aniseede & Licoriz, &c.

For all manner of Sores & wounds

R. 3 ounces of clean new wax, & 2 ounces  
of the sweetest & clearest Incense, melt  
them with a soft fire, put to them the juyce  
of Betony, plantaine, & Smallage of each  
a pint. Boyle them together till the juyce be  
misted

washed. ever stirring it while it boyle, then 157.

mix with it 3 ounces of Turpentine, & when it is cold put it up. This heales any wound without any Tent, & one Plaster will cure 40 wounds if it be well kept & but chafe it betwene your hands. Spread it on a cloth broad enough to cover the wound, which must be washed morning & night with white wine & honey boyled together, wash it warme, make cleane the plaister & warme it in your hand, make a Tent with flax dipt in the wine & put it in the hole in the plaister & it will draw all the filth to the top of the Sore.

For any swelling, wound, & Joynt paine. Greene

R 3 pound of unwrought butter, set it over Oyntment the fire & scum it, put into it bay leaves, the five & sum it, put into it bay leaves, Rosemary tops, Southernwood, Sage, Rose. Leaves, Herb of grace, Lavender tops, Camomil, & Costmary of each an handfull all chopt small, 3 nutmegs & a quarter of an ounce of mase beaten, put in also a quarter of a pound of Bores grease, or for want of that fallat oyle. when it is halfe boyled away take it off & stram it.

To draw & heale any Sore, & kill a fellon.

R Frankincense, Resin, Bees wax, Turpentine, Black & Pitch of each a like quantibty, of nutmegs Plaister. & mase a quarter of an ounce pound to an ounce of the other things, set it boyle once up then take it off the fire & put it up. Spread it on a Sheeps skin when you use it & use it with the green Oyntment.

To draw forth Choller & tough Flegm. Dropsy.

The first shoots of Elder boyle like Asparagus. & the young leaves & stalks boyl in fat brot & draweth forth Choller & tough flegme. The tender leaves eaten with oyle & salt doe the same; The middle or inner bark boyl in water & drunk worketh much more violently, & the berries green or dry expell the same humors, & is good to help the Dropsy.

158. That <sup>Birth & Conception</sup> Signe & Degree the Moone is in at  
the hower of the birth of any Child the  
same Signe & Degree did ascend at the  
time of the Conception of the same Child.  
And the Signe & Degree wherein the Moone  
is at the Conception, The same Signe & Degree  
or the opposite to the same, doth Ascend  
at the birth. Hermes. Ptolom. Guido Bon.  
Johann Ganiv. Secometus. Trisnorus. &c.

#### To Dye Black.

Take a Kettle of water & put therein  
a quarter of a pound of Galls & one  
pound of Loggwood in a bagg, let it  
boyle a little, then put in a quart of  
urine, & let it boyle an hower & halfe,  
The coole the liquor a little, & put in  
five pound of wooll. let it boyle in  
the liquor one hower & halfe, then take  
it up, & put in a quarter of a pound  
of Copperas & when it is dissolved,  
put in the wooll againe, let it lye till  
it is ready to boyle, then take it up &  
coole downe the liquor, put in a quart  
more of urine, & a quarter of a pound  
more of Copperas, & when it is dissolved,  
put in the wooll againe & let it boyle  
a quarter of an hower. ~

#### To Dye Yellow.

Take a Kettle of water put in two or  
three Handfulls of Bran & let it boyle,  
then put in a peck more of Bran, & let  
it boyle up a little, Then poure it out  
into another vessell, & let it stand two  
or three dayes till it be soure, then take  
this liquor & put into it one pound of  
allom, set it on the fire, & let it boyle up



a little; then put in five pound of  
wool & let it boyle two howers, then  
take it up, wring it out in a little warme  
water, & fill up the Kettle againe with  
water, & put in four or five pound of  
wood wax, & when the liquor is yellow  
take up the wood wax, put in the wool  
& let it boyle a little. ~

### To preserve Walnuts.

Take walnuts before they be hard, while  
a pin will goe thorow them, prick them  
full of holes & lay them in water & salt for  
five dayes, shifting them every day into  
fresh water (the salt drives away the  
bitterness) then rub them well from the salt  
& boyle them in faire water till they be  
tender, often shifting of them in the boylng.  
Then take two pound of Sugar, & two  
pints of water boyle the Sugar & water  
pretty well, & put in a pound & halfe of  
walnuts into the Syrrup boyle & scum  
them well. They are cooking & loosening.

### To knit a Clapnet to take Birds.

Begin with 10 meshes, widen on both sides  
at going out till it be about 70 meshes  
broad; then knit on plain of that breadth  
about the depth of 50 meshes more. ~  
The size of the halfe mesh must be  
three quarters of an Inch or more. ~

### To knit a pursnet to take Conies.

Begin a string of eight meshes long, then  
cut off the third close & open it & there  
will be 8 meshes on one side & but 7 on  
the other side, take up the 7 on a string,  
cut off the short end which was at first  
fastened to the string; then knit on the  
third on the needle to one of the end  
meshes, not to the lower part, but half a

100. meash above it & leave more then halfe a  
yard of the thred on the needle hanging at  
the place where it is knit on, which may  
serue when the net is turned to work round  
on) to knit to the thred on the needle, so to  
let it downe halfe a meash lower round after  
round till the net is finished. Then when it  
is knit on with that end hanging as above, &  
work on upon the 8 meashes till it is 7  
meashes & halfe deepe. Then cut of the  
thred on the needle but not close to y<sup>e</sup> net,  
knit on the thred againe to the end of  
the next meash & knit back to the other  
corner, cut of one thred there close to  
the net, & knit on againe to the thred  
was left at the other corner. Then take  
off the net from the string, spread it on a  
Table & it will appeare to be 8 meashes  
one way & 8 and halfe the other way. Then take  
up the middle knot of the net to which  
fasten the string (leaving the 8d halfe meash  
meash on that side where the thred on  
the needle is, & towards the left hand).  
Then knit round the net till to the end  
that hangs downe which knit to the thred  
on the needle to let it halfe a meash lower  
so doe round after round till the net is  
nine meashes deepe from the knot to  
which the string is fastened in the middle  
of the net; which may be made larger  
if it be thought convenient.

A gentle Purge.

2 ounce Manna Zijz dissolved in a  
& halfe quart of whey. Take it all  
at a time once a weeke.  
Dr Sydenham.

Thomas Fry Borne 13 Jan: 1643.  $\frac{1}{2}$   
 Mary Fry Borne 24 Jan: 1645.  $\frac{1}{2}$   
 Elizabeth Fry Borne 8 Jan: 1647.  $\frac{1}{2}$   
 Grace Fry Borne 10 Dec: 1649.  $\frac{1}{2}$   
 William Fry Borne 13 May: 1650.  $\frac{1}{2}$   
 Anna. Fry Borne 21 Feo: 1651.  $\frac{1}{2}$   
 Sarah. Fry Borne 14 Oct: 1653.  $\frac{1}{2}$   
 Stephen Fry Borne 1 June: 1655.  $\frac{1}{2}$   
 John Fry Borne 5 Sept: 1658.  $\frac{1}{2}$   
 Jane Fry Borne 16 Apr: 1661.  $\frac{1}{2}$   
 William Fry Borne 25 Oct: 1662.  $\frac{1}{2}$   
 Nathanael Fry Borne 8 May: 1665.  $\frac{1}{2}$

### Elixir Salutis.

$\mathcal{R}$  Sena  $\mathfrak{z}\text{iiij}$ , Lignum Sanctum,  
 Elecampane roots dried, Anis  
 Seedes, Carraway, Coriander,  
 Liguorick of each  $\mathfrak{z}\text{ij}$ . Raisins  
 Stone  $\mathfrak{z}\text{iiij}$  Aquavite 3 quart  
 Macerate them in  $\gamma$  cold 4 dayes  
 then strayne it through woollen  
 or flannel & press it out for use  
 Another of the same.  
 $\mathcal{R}$  Sena  $\mathfrak{z}\text{iiij}$  Seedes of sweet  
 fennel, Anis, & cummin, of  
 each  $\mathfrak{z}\text{iiij}$  Almonds  $\mathfrak{z}\text{ij}$  Elecampane

162. Elecampane, Rorke Radish, and  
Lyquerish of each ℥ij Venice  
Treacle ℥j Raisins stoned ℥i.  
Cut the roots bruise the seeds  
& infuse all in 2 quarts of Ale-  
sedde water in the cold 4 or 5  
dayes the straine it for use.  
Jo. Fosler of Marleborough.  
A fine Purge.

R. Pil. Extract Rudiij ℥i  
For Glanders or farfit Horse.  
Take Crude Antimony in fine  
powder ℥j Give it with Dates.  
Price of Antimony 6<sup>d</sup> to London.  
For sore Breasts.

R. the fat of Ratty Bacon set on  
fire on the top of a knife or sharp  
iron & let it drop into cleane  
water & anoint the sore w<sup>th</sup> it.

### Critical Dayes.

After the beginning of the sickness  
the 3. 5. 7. 9. 11. 14. 17. 20. 23. in which  
dayes no strong Medicines or purgations  
oft to be given, nor to let Blood unless  
great necessity require it. Other dayes  
there are in which if man or beast  
fall sick he shall hardly escape &  
that not without much difficulty.  
viz. Jan. 1. 7. Feb. 3. 4. Mar. 1. 4.  
Apr. 8. 10. May 2. 7. June. 10. 15.

July. 11. 13. Aug. 3. 2. Sept. 3. 10. 13. 163.

Oct. 3. 6. 10. Nov. 3. 5. Dec. 7. 10.  
Are some say if any dangerous disease  
happen on the 6<sup>th</sup> of April. the 10<sup>th</sup>  
of August. or 1<sup>st</sup> of December it will  
go very neare to terminate in Death.  
And on the Contrary there are other  
Good dayes that if a Disease happens on  
them, there is hopes of recovery, & hopes  
of succeeding in taking a journey on  
any labour or business in hand. viz:

Jan. 3. 13. Feb. 5. 28. Mar. 3. 22. 30.  
Apr. 5. 22. 29. May. 4. 28. June. 3. 8.  
July. 12. 13. 15. Aug. 12. Sept. 1. 7.  
24. 28. Oct. 4. 15. Nov. 13. 19. -  
Dec. 23. 26. And these were held  
in esteeme by the Antients both in  
relation to man & beast, & in their  
undertakings, relating to labours on the  
like.

### Horfe Plague.

Take of wormwood, Rue, Selandine  
rootes & all, of each one handfull,  
shred it small, & Boyle it three  
pints of new milk, till halfe be  
consumed, straine it, & put in  
halfe a pound of fresh Butter &  
as much Mellis date as a Nut-  
meg. Give it blow warme, Let  
him fast 3 howers before & after.  
Give it every other day to prevent,  
the Disease & Major Pelham.



164. An Excellent Eye water.

R. Rose. or Fennel water ℥i  
white Vitrioll 12 Graines ℥i  
Sacchar Saturni 15 Gr. Camphir  
4 Graines put it in an earthen  
vessel & stew it gently twice  
in an Oven after bread is drawn  
Straine it & put it in a glass  
Bottle for use. wash with it  
morning noon & night.

Eyes to be taken inwardly

R. ol. Cymii Stillat, ol. Chamomile  
et ol. Juniperana 3℥ Take  
6 drops morning & evening  
in Beere Broth or wine.

Another for Eyes

R. Tincture of Galls of Tartar  
Tincture of Antimony & Spirit  
of Salt & Ess Veneris, of  
each halfe a dram; Take  
12 Drops at a time morning  
& Evening in Beere or Broth.

Dangerous dayes in all the  
months of the year according  
to ye judgement of Extra Pastor  
to fall sick, let blood, take  
a journey, or wed a wife.

January 8 dayes viz. 1. 2. 4. 5.  
10. 15. 17. 19. June. 4. 7.

Feb. 8. 10. 17. July. 15. 20.

Mar. 15. 16. 19. Aug. 19. 20.

Apr. 15. 21. Sept. 6. 7.

May. 7. 15. 20. Oct. 6.

Nov. 6. 9. Dec. 6. 7. 11. et alij 165  
dicunt 15. 16.

For the Collick.

Rx moose Time & Ground Ivy of  
each a handfull Beate & strain  
it with white wine & drink it  
warne morning & Evening.

Elixir Salutaris.

Rx Enul. campan. ℥ij.  
Sen. optima. ℥ij.  
Ras. liquirit. ℥ij.  
Sem. Anisi. ℥ij.  
Sem. Coriand. ℥ij.  
Ligni Guajacii. ℥ij.  
Passul. mundat. ℥ij.  
Aq. vite. - lib vi.

Ad fortius purgand. si libet  
adde Rubar. Elect. ℥i.  
Infundantur omnia in Aqua  
vite in loco tepido sex diem  
spatio semel vel bis agitentur  
unoquoq; die in vase bene operto.

The same.

Rx Elecampane Roots bruised,  
Sena leaves purged, Liquorice  
Root, Aniseeds, Coriander seeds  
& Guaiacum wood of each of  
them two ounces & Raisins of  
the sun pickt & stoned one pound  
(if you will have it purg well  
add to these one ounce of choice  
Rubarb) infuse them in 3 quarts  
of Brandy in an earthen vessel  
close stopd in a chimney corner six days.

106. Six dayes, stir them twice a day  
then having stood a day & night  
to coole & settle poure it off  
gently into small bottles close  
stoppt, & use it as Daffy &cribes.  
If you would have it very fine  
you may distill it after you have  
powert it off the Dragg.

Syrup of Marsh Mallows.  
R of marsh mallows roots 2 ounce  
Grass roots, Sparagrag roots,  
Liquoraz, Raisons of y<sup>e</sup> sun stoned  
of each halfe an ounce, y<sup>e</sup> tops  
of mallows, & marsh mallows,  
pellitory of the wall, Burnet  
plantaine, mayden hayre, white  
& black, of each one handfull,  
Red Sicors an ounce, of the y<sup>e</sup>  
lesser & greater cold seeds of  
each 3 drams, Boyle them toge-  
ther in 6 pound of spring water  
till y<sup>e</sup> remaine, which being  
strained, put a pound of Sugar  
to a pint of the liquor, & boyle  
it to a Syrup, you may add for  
the wind partly roots, Sweet  
fennel roots, & smallage roots  
of each an ounce.

For the Murren.

R Marren wort, white wort,  
Liver wort, & blood wort, vervain  
& many, & Rew, Oxheale, Maiden  
& Treacle, chop these & pound it  
small, & put it into very strong

167.  
beere with Bay Salt, & let the beast  
bleed under the tongue, & give to each  
a pint: but not to buy with Ox heale  
Bay salt & Rue especially for piggs  
you must take milk & not beere. ~

Another for the Murren.  
Take a pinte of milk, & a handfull of  
Mather, with a quantity of Oxheale,  
& a quantity of liverwort & of  
vervaine, boyle them together & give  
it to the beast. ~

For a wheather in a beast.  
Take some beate it to powder, then  
take a Thimble full of this powder  
& halfe a Thimblefull of verdegrease  
& put it to the fore end of the wheather  
& so put it into the wheather. ~

For a Beast that maketh Redwater.  
Take a Frogg put it into the beasts  
mouth & make him swallow it with  
a little milk after, & if the beast  
be bloud bound Take a Spoonfull of  
Sallet oyle, & a Spoonfull of Treacle  
Boyle together in milk & give it the  
beast. ~ For the Piles.

Cut them at 12 of the Clock at  
noone, & rub them with Salt.

For Piggs that have the Shaking.  
Take a pinte of strong beere, boyle in  
it a handfull of mather & drench  
them, then cut off the tayle & the  
ears, & burn him round the neck,  
& let him lye as cold as you may ~

168. A Drench for a wheather in a Cow.

℞ two pennynorth of Anniseede,  
two pennynorth of Liquoras,  
two pennynorth of Long pepper,  
two pennynorth of Saffron,  
two Spoonfulls of hony,  
two new laid Eggs &  
a quart of milk. ~

A Drench for a cow to rid her foule.

℞ halfe a pinte of Hempsede, a  
quarter of a pound of Bolearmoniac  
a pennynorth of Saffron, a pretty  
quantity of Gladden, a handfull  
of Groundsell, & a pennynorth of  
Brimstone in a quart of milk. ~

For the Dropsy.

℞ one gallon of Spring water,  
two handfulls of couch Eloor, two  
handfulls of Kneeholme, one handfull  
of wormwood, wild vine or briony  
rootes an indifferent quantity, of  
Saffron one ounce, of amiseed one  
ounce of Liquorish two or three  
fennell rootes scrapt with pith  
taken out, one pound of raifons of Jun  
stone, put all these into an earthen  
vessell over a soft fire infusing it  
8 or 10 hours close stopd. then bottle  
it up & drink it as oft as the  
patient can, or alwayes best morn-  
ings & evenings. ~



For the Read water in Sheep 169.  
Take a quart of Rosh brine  
Two or three ounces of anniseeds  
a little greene fennell &  
little Read Sage and Roding  
as bigg as a Walnutt boyle  
this well togeather & when  
it is cold give to Each Sheep  
two or three Spune fulls &  
are Subject to it about  
micholmas . . . . .

For the running out of Sheep  
take oatmeal girts & Rosh  
& salt.

For a Calf.

Take the white of an Egg a  
Spun full of salt and a little  
Sode.

For the Stone.

Seeth Time & Partly in white  
wine very well then straine it  
into a good Draught. therof  
I have a Spoonfull of white Sode  
Take this & it will caulk any  
make water with speede.

Another for the Stone.  
The Juice of the white rinde of a cherry  
Tree in a little white wine warme & it

170. & it will cause one to void Gravel & Stone & make water presently.

Another for the Stone.

R An handfull of Holly Berries boyled in a pint of good Ale till halfe be consumed Then straine it, put a little butter to it, & let the party drink thereof five or six spoonfulls, & within halfe an hower after the party will make water.

Another

R The rootes of red nettles made into powder, & drink a spoonfull of the powder in a draught of white wine something warme & it will break the Stone with speed, use it every day till the Stone & gravel be all broken & consumed.

For the Head ach.

R The Juice of Ground Iuice juyst up into the nose out of a spoone, purgeth y<sup>e</sup> head & takes away the greatest & deepest paine.

For the Stone.

R The Gum of a cherry tree dissolved in white wine.

For the Collick, Strangury, & Stone.

R the seedes of Carraway, fennell seedes, Spicknard, Annis seede, Common seede, Cinnamon & Galingale, of each halfe an ounce; Gromell seede & Licoras of each an ounce. beate them all to powder & drink half a spoonfull of this powder in Ale a little warmed & walk up and downe one hower after, before you eat or drink any other thing. Doe thus 5 or 6 dayes together at least.

To break the Stone in y<sup>e</sup> Bladder & Raines.

R of the Juice of Saxifrage 2 pints, of Gromell & the Juice of Parsly of each one pint, of the best vinegar of Rhesa-  
sant wine 8 ounces, Distill all these together & keepe the liquor distilled in a glass with a narrow mouth, take of this one ounce at a time morning noon, & night going to Bed.

For the Collick Stone, & Strangury. 171.

R. Six cloves of Garlick Stampt & stramd  
into a draught of Renish wine & drunk  
for 3 dayes is a present remedy.

For the Strangury.

R. The powder of the berries of Briony  
drunk in the water wherein water-  
cresses have ben sod doth help it.

Another for the same.

R. The inner rinde of the young branches  
of the hawthorne tree. boyled in small Ale  
untill halfe be consumed, & a good  
draught thereof drunk first & last for  
the space of 8 or 9 dayes together.

For the Stone.

R. The Juice of Radish Rootes stamped  
& strained, & mixt with white wine,  
& the powder of Turpentine burned or  
dried in the Sun & soe received breakes  
& drives forth the Stone: proof.

Another.

R. Parsly stampt in white wine & stramd  
is a good draught drunk causeth one to  
make water & breakes the Stone. use it 5 or  
6 times. Also cloves of Garlick burnt  
in a pot all to powder, & this powder used  
to be eaten in pottage causeth to make water.

Another.

R. Mallows & Garlick stampt together  
mingled with white wine & then strained  
& a good draught drunk 9 times will make  
one make water of what cause soever stoppt.

Another.

R. Foure ounces of Turpentine. Burne it  
upon an hot & burning plate of Iron,  
untill it may be made into powder, then  
mix two drams thereof with 4 ounces  
of the water of Saxifrage, & give it three  
a week early in morning to them that have  
the Stone in the Bladder & continue it six  
months & it will break & drive forth the Stone  
& preserve them from breeding the Stone.

## For Stoppage of Urine.

R of English Saffron in fine powder mixed well with as much of pure good black Sope, & spread upon the fleshy side of a peice of leather, & lay it upon the Navel of them whose urine is stoped, & they will make water within an hour.

## For the Strangury.

R a pint of good Aqua composita, & put a good handfull of Ivy leaves therin, & keep the vessel well stoped, & Ivy leaves will consume therein: use to drink of this 3 or 4 Spoonfulls at a time morning & evening first & last, 5 or 6 dayes together.

## For the Stone.

R one ounce of the Root of Radish cut in thin slices, lay it to steepe in halfe a pint of white wine all night, then straine it well, & put thereto of the Electuary called Lithontripton of the Description of Nicholas, & also Justinum one Dram, mixe them with the said white wine, & let the patient take all this at one time; if neede be let him take the like quantity 3 or 4 dayes together.

## To cure Iron like Brasse.

R Aquafortis wherem the filings or Scrapings of Brasse is dissolved, & with it rubb over any cleane or polished Iron.

## For the Pluresie.

R of Dealtha 2 ounces, the oyle of Sweet Almonds ~~ounce~~ halfe an ounce mix them together with this oylment. Being warme let the greived place be anointed; then sprinkle upon the anointed place halfe an ounce of the powder of Coomin finely searfed: then take a Colenwortt leafe made hot upon burning ashes, & anoint it with old butter not salted, & lay it hot upon the anointed

A powdered place, tying it on with  
clothes, that it remove not. This is  
good in any other great paine. in all  
the body from the head downward. This  
helped one of the Plurisy without letting  
blood. This ought not to be applyed unto  
the sick party till the 4<sup>th</sup> day be past.

For a Burn or Scald.

Take the Burne with linnen clothes wet in it, & apply a linnen cloth wet in the same to the Burned place. This takes away the paine & the heate of any burning, whether it be with Gunpowder, Cylle Pitch, Scalding water, burning Coales, burning iron, or any other thing whatsoever.

To make Silver plate fine

Re. Salarmoniack, Rock Allom, Allom plume,  
Sal gem, Tartar & Roman Vitreal, of each  
equall parts, all which severally made in  
fine powder, mix together, & dissolve it in  
faire cleave water, then put the Silver  
plate therein, & let it lye, & let it over  
the fire that it may be very hott: & the  
Silver plate will be very white & faire.

For the Paine of the Head.

2. The Juice of Good Ivy must up into  
the nose out of a Spoon, twice a day the  
Effect paine, that is. This hath Relieved  
them that had great paine in their Head  
12 yeares & never had paine since.

For the falling sickness, paine of the head, & Colick

A peice of a child's ravelle string &  
weave it in a ring that it may touch the bare  
bone of the neck.

From the prickings & stiches paines of (SAIN.  
the side & gripeinge of the gutts.

X The Seeds of *Caryus benedictus* -  
Stamped & drunk.

For the Cramps

A Ring made of an Ox or Cowes  
Horne weare it & carry it about you.  
So draw out a Thorne.

So Dringo cut a Thorne.

Take black Soap ~~and~~ <sup>and</sup> much Ginge  
Put it bye on 12 hours; nothing is to be



*I For the Collick.*

*R* The tender hornes of young Bucks that are covered with an hairy skin, cut in peices, put in a new pot covered & set in an Oven or other hot place & made in powder & some of it given with pepper & myrrae in good wine helps the Collick.

*I For the same & paine of y<sup>e</sup> Bladder & Cods.*  
*R* Pellitory of the wall stamped & laid to the Cods & under the navell. use it 4 or 5 times & it helps the Collick & bladder.

*I For all Diseases of the Bladder.*  
*R* The Decoction of the Broad Plantaine drunk every day first & last halfe a pint at a time for 4 or 5 dayes helps it.

*I For the Cods Swolne.*  
*R* The powder of Cummin seede, Barly meale & hony of each alike, fry them together w<sup>th</sup> a little Sheepe, suet, & binde the same as a plaister all about the Cods.

*I For the Yards Swolne.*  
*R* wax, oyle, & the juyce of Purglan, mix them together & apply it.

*I For any Tetter or Ringworme.*  
*R* Black Sope & almost as much Ginger in powder, mix them well together and annoint the Tetter or Ringworme every day for 4 or 5 dayes & it will heale it.

*I For loosning the belly, & binde it.*  
*R* The leaves of Docke doe loose, y<sup>e</sup> seede binde.

*I For paine of y<sup>e</sup> head & to cleare y<sup>e</sup> Eyes.*  
*R* Bay salt stamp by it selfe, as much Cummin seede stamp by it selfe, as much brown seednell, then stamp them all together & with as much pure vinegar & a little Rosewater mix them all together over a chafing dish with hott coales, & apply some of it hott upon a cloth to y<sup>e</sup> hinder part of the head at night, make it fast that it fall not off, & doe so for severall nights till the paine cease.

*I To make Stones soft.*  
*R* Lay them all night in the hot blood of an Oxe, the fust of a weather, & strong Urineer mixt together. Baptista Porta.

To draw the Oyle of Cinnamon.  
Good for the Stomack.

175.

R. of Cinnamon one pound, beate it very fine, then mixe it with the Oyle of sweete Almones unto the forme of an Ointment; then heate the same in an earthen panny Somewhat, which then let stand for twelve or fourtene dayes close covered. Then heate the same againe very hott, then put it in a Bagge & soring out the Oyle in a Press, untill it remaine very dry in the Bagge.

To get the Stone called Crampaudina.  
R. A Great overgonne Tode, bruiſe it in divers places, put it in an earthen pott, & set it in an Antes hill & cover it over with earth; which Tode the Antes will cate, & the bones & stone will be left in the pott.

For the bleeding of the Nose.

R. Nine or ten fresh Leaky, put thred throo the midst of them, cut of the toppes of the leaves, hang them about the parties neck that bleedes, the leaves being upward to the nose & the head downward. It is good also to smell to Camphere dissolved in Vineger, & also to put the roote of Piony under the tongue.

To keepe any thing from burning.

R. Moath Glue & Allome equall parts mixed together, put vineger to them, & what thing is annointed there with it will not be burned.

For one that hath taken Poyson, & to prevent being perished.

R. a Spoonfull of the powder of Betony in a draught of wine, a little boyled & drunk, helps such as have drunk poyson, And the same drunk in a morning fasting, no poyson taken after that day can hurt.

To make Copper or Brass like Silver.  
R. Salt Armoniack Allome & Salt Niter, of each alike, with a little filings of silver mixe all together, & put them to the fire that they may be hott, & when they cease to smoke, rub Copper with the powder & spirit.

For all Aches & Paines in the Joynts.  
 R. All the horne that a Buck casts off,  
 (the later the better) cast away the scumpe,  
 take nothing but the horne, cut the same in  
 shivers or thin peeces, seeth the same in a  
 gallon of faire water, till it come to a  
 pint or something more, then cast away  
 the peeces of the horne, & let that in the  
 vessell stand till it is cold, which then  
 will be a jelly. And when you would  
 use it warme. some of it & annoint  
 the greived place therewith by the fire  
 morning & evening, & let it drinke in by  
 the heate of the fire, & it will help it  
 in 9 or 10 dayes.

For Swolne or sore Throats.

R. Rub your hand on the bare earth or  
 ground & then therewith rub your sore  
 throat, & doe thus three times.

To have Medlars to grow.

R. If you graft the Slippes of a wilding  
 or sowre Apple upon the stock of a  
 Hawthorne you shall have Medlars.

For the biting of a mad Dogg.  
 R. Rue, Box, & vervaine, of each an  
 handfull, Starre of the Earth halfe a  
 handfull, choppe these small & boyle  
 them in a quart of strong beere till  
 a quarter is boyled away then straine it  
 & put into it an ounce of the powder  
 of Crabbs claws & Crabbs Eyes. & when  
 it is milk warme put into it 3 ounces  
 of the oyle of Scabious, & is worth of  
 Sallet oyle & give it to any beest, and  
 drinke of it your selfe.

For a Consumption.

R. 4 or 5 stone Pippins st. ced and at  
 much Ellampare Rocks bake ym  
 in an earthen pot with a pint of  
 milke of fowls with a Batell of bread  
 & let it stand all night after me bath  
 is drawne.

Take Sweet Margerom 4 hat full, worm-  
wood one handfull, Aniseeds 2ij with  
the innards fatts of an Adder or  
Snake, Boyle in a sufficient quantity  
of faire water, Brandy, or wine.  
Before Syrringing of the eare maist  
then it with a little of your owne water  
& after Syrringing put in your eare  
a little Cotton wool dipt in the Sapp of  
Romes or Green Ash wood in burning.  
Use it as often as it dryes.

An Excellent Stomack Oynment

Good for all manner of paines &  
for the wormes. & for Treake.

Take Capone Grease 2 quarts, of the  
Toppe of young wormwood, the Topps  
of young Rosemary, the Topps of mints,  
of Red Rose buds half flowne, an  
handfull of each, but somewhat more  
of the wormwood & mints; Chop  
them small, & beate them well in a  
Stone Mortar; Then boyle them in  
the Capone Grease 3 or 4 howers w  
a gentle fire, then poure all into  
a pewter bason & let it stand till  
the next morning; Then set it over  
the Pipe fire, & let it boyle till the  
herbs be somewhat crispe; Then straine  
it into the bason, & if it be not strong  
enough & well coloured with these herbes  
put in more of the like herbes, &  
boyle it againe till they be crispe;  
Then straine it into the bason, & for  
net. & put thereto of mace, nutmegs  
& cloves well powdered an ounce  
but most of the mace, & put into it

Rasse a quarter of a pint of the  
strongest & best aquavinta, & let it  
boyle gently over the fire, stirring  
all together, that the Aquavinta may  
incorporate, & then when it is re-  
asonable cold, poure it into your  
gallipot, or Glas, & keep it close-  
stop't untill you use it: If you  
put not in herbs a second time,  
then put in y<sup>e</sup> spices after the  
first straining.

For the Eyes, hot & inflamed.

R Strawberries & put them into a  
Distillatory or body of glass fit for  
them, which being well closed set  
them in a bed of horse dung for 12 or  
14 dayes, & then distill it carefully  
& keepe it for your use. It is an ex-  
cellent water for hot & inflamed eyes  
& to take away any films, or skin-  
that begins to grow over them &  
for many other defects in them.

Another

R Slices of wheate bread soaked  
in read Rosewater & apply it to y<sup>e</sup>  
eyes that are hot or bloodied.

For an Ague.

R A Spoonfull of white Rosewater,  
a Spoonfull of white wine vinegar,  
a Spoonfull of white wine, and a  
Spoonfull of faire water, put all  
these together & make it warme,  
& drink it when you finde y<sup>e</sup> Ague  
coming. If the Ague be strong &  
violent, then take 2 Spoonfulls  
of each.

For the Eyes.

R Lapis Tutia, white sugar candy  
ana. Zij Red Rosewater y<sup>e</sup> S.  
Drop the Eye full 3 times a day.



For a Consumption.

Take a quart of Horse Snayles, & put them into green Sennell, & let them lie 24 howres, then take them out & wash them well, then take a silver Boekin & thrust into the middle of them all, take it out, & fill them full of white Sugar Candy, or sugar refined, Then put them into a piece of Tiffany, & hang them up to drop, & put the sirrup into a glass & take a spoonfull in the morning & another at night. ~

For the Wormes.

Rx of wormseedes halfe an ounce, Currants halfe a pound, Running water a quart, & of Hartshorne scraped 2 penny worth; Boile all to a kinde Juiced it with honey, Give the party a wine Bowle full warme. Going to Bed 2 howres after Supper. ~

For Deafness.

Rx foure ounces of the Juice of dried Onions, 4 ounces of the Oyle of Bitter Almonds, 4 ounces of the Juice of Bittony, & 6 silver Eeles skind gutted & cut in peeces, Stie all in a cle still; And after it is one month old put 3 Dropps warme in the Patients Eare going to Bed & let him lye on the contrary side. ~

at another

Rx Goose grease to the patients Urine, beate both to an Oyle & use it as the former. ~

Dr Willis his Tracle Vineger  
for the Plague.

Rx the Roote of Angelica, Zercary,  
Valerian, Ana Zij. Imperatoria  
Zij. fol. Ruta, Scordij, Cameriana  
Mj, Rad. Serpentaria virginiana  
Zij. Scorzonera. Zij. Rq. Theriacal  
Zij. Misie Pulver. crass. Infuse  
all these in a pinte of Vineger,  
for 24 howers, & take 2 spoonfulls  
at a time for prevention. Robt.

Mr. R. Oyntment for Scurfe  
or scald heads, ~

Rx Rue or Tobacco one part,  
Foxgloves two parts, make it in  
to an Oyntment with hoggs Grease.  
Rx nettles boyle them well in faire  
water, & w<sup>th</sup> it wash the neas & sore  
you anoint it. ~

Goldsmiths Soulder for Plawe.

Rx Sandiver 2 parts, Borax 1 part  
Sandiver 2<sup>d</sup> or 3<sup>d</sup> & pound. Borax  
3<sup>d</sup> or 4<sup>s</sup> p ounce. ~

A Purgng Liquor.

Rx of the Spirit of the juce of  
Elderberries, of the Spirit of Junice-  
per berries, true made by fermenta-  
tion, & not with wine, ana q. s.  
of mirh, Aloes, & Saffron ana q. s.  
of the Syrrups of Roses solative,  
& Buckthorne ana q. s. Digest  
them till they are of a due consist-  
tency, then straine out the liquor,  
& keepe it for use. ~

A Drink in feavours.

181.

R. faire water & red rose water  
of each a like quantity, a few cur-  
-rants, Syrup of Clove. Gilliflowers  
enough to colour the rest. juice of  
Lemons as much as will ~~sharpen~~ <sup>sharpen</sup> it.

For the wormes.

R. Honey, Bees Gall, & Aloes, make  
a plaister for the navill. Galbanū  
plaister to the Stomack.

A Drink for such as have ran-  
-ning sores & superfluity of mui-  
-tute. & hardly use of their limbs.

R. Sassafras, Sarsaparilla, Qua-  
-zacam. liquor ana ℥ij. Senna,  
Aniseedes, ana ℥j. Raisons of the  
Sun ℔i. Rootes of Poligody M. i.  
All these being prepared put in  
to two Gallons of strong Ale when  
it is new, & therein let them  
remaine & when it is fit to  
Drink use it. Probat' est Dorothy Sibb.

Elder wine.

R. Sun Raisons 25 pound rubb &  
Chopd small, put them into 7 Gallons  
of water & stir them together every  
day for 10 dayes, & against that time  
put ripe Elder berries cleane & boyled in  
water (as you would for Syrup) & when  
it is cold straine out the liquor without  
squeezing & put a pint of this Juice to  
every gallon of the water the raisons  
being first squeezed out & put it into a  
Tubb & bann it up. you may add 1 peck  
of Damsons beatd as the Elder berries & when  
col. put them into the wheel stoves & all it

182. It gives it a fine flavour. when it  
hath done working stopp it close. & in  
a quarter of a year it will be fit to  
drinke.

For the biting of a mad dogg.

Re a quart of stale beere or Ale a  
good handfull of Rue. the like of fea-  
vergne or white oret & of wormwood  
the same, 3 heads of garlick, 3 or 4  
Spoonfulls of common Treacle, 2 ounces  
of Tinne & an ounce of Crabbs claws  
small powdered, & if you take 2 good  
handfulls of the start of the Earth it  
will be the better. Boyle it till a  
quarter is boyled away, The Dose for  
a man or woman is 3 Spoonfulls; for  
a horse as much as of other Drinckes  
& for other cattle according to their strength

Tobacco water for Sheep.

Re halfe a pound of Tobacco, broome  
topps a good quantity,  $\frac{1}{4}$  of a pound of  
Brimstone powdered small, 3 ounces of  
white Asphick, & 2 quart of bay salt,  
Boyle all these in 9 Gallons of urine  
& brine or droppings of barrell, till  
halfe be consumed, then take out the  
Liquor & keepe it in a barrell close stoppt.

For the biting of a mad dogg.

Re The juce of Agrimony & Strawberry  
leaves & roots & drinke it in milke twice  
a day 4 dayes after at least.

Cynorrhodius, a red Lilly or wild Rose  
Roote is also very good for the same.

The Roote of Eglantine. Daisy Rootes  
powdered are good.

For a Cough.

Re Oake lungs 2 pennynorth, Figgas  
& Raifens stoda of each juic. Annised  
a pennynorth, Liquorice 2 pennynorth  
Boyle all in 3 quart of spring water till  
halfe is consumed. water it with fine Sugar

For a Cough & Consumption.

Green walnuts. Moufeare, Borrage, &  
Coltsfoot, Nettles. Beazer stone, Beazer  
water Capen water, Cinnamon water  
Aqua Calestis. Imperial water, Aqua  
Maria, Rosa folis, Syrup of Citron peels,  
Cordial Syrup or Julip, Syrup of Raisons,  
Coch of Pinenuts, Coch of foxlungs,  
Coch of Janum, Sugar of Roses, Sugar of  
Elecampane Roots, Magdenhayre, Elix-  
-uarium Resumptivum, Unquentum-  
-Peiborale, unquentum Resumptivum,  
Syrup of Juniper berries & ground fire,  
Milk taken every day, <sup>Being taken continually</sup> Begm with a  
pinte & Excreale the quantity by  
degrees till the party comes to drink.  
3 Gallons a day, & so continue it for  
3 months together. - Goats milk  
is better then Cowes, & Mises better  
then that; Give once in 5 or 6 Dayes  
℥ij of Manna Dissolved in Chicken  
broth made strong, which is very good;  
or ℥ij of new drawn Cassia. Let  
the Milk at first taking for some  
times be sweetned with Sugar of  
Roses least it Curd in the stomack.  
After the taking of the Milk the  
Patient may, if he please, eat Jordan  
Almonds & Raisons of the Sunne.

The Broth of Snayles in Milk is ex-  
-cellent is it be well sweetned with  
Sugar of Roses.

Conferres of Red Roses, not above a year  
old, taken in great quantity both alone  
& with meate & drink, & given after  
Cleansers & openers. And for cleansing &



184. For cleansing & opening the body, Take  
this Stomatich of Riverius, now & then.  
℞ Pil. Ruffi ℥i. Gum Guaiac, Antimoni  
Diaphoretick. An. ℥ss. with Balsam of  
Peru q.s. Make a Mass. Dose ℥i. once  
or twice a week as you see occasion.  
Note Milk doth no good unless taken  
long, & in great quantities; But in a  
strong feaver & great paines of the  
you must disuse it or mix it w<sup>th</sup> water.  
But if there be frequent & much sweat-  
ting its dangerous; but if there be  
hopes, divert it by Diureticks, & fre-  
quent gentle Purges, & by constant  
giving inwardly Oyles of Sulphur, or  
Vitriol in all Lique things (milk ex-  
cepted) that the sick takes; for this  
Cools the blood & stops the fluxibili-  
ty of humors: Give also Conserve  
of Red Roses, & anoint the breast &  
back bone with Oyle of Roses Omphacoi  
& of violets. Dr Wm Salmon.

Oleum Myrrha & Diliquium.  
Put the powder of Myrrh in a hard  
Egge & set it in a moist place to melt,  
or mix it with the white & lay it on  
a glass tablet that it may drop into a  
Receiver set under it. This Oyle bean-  
tifies the skin; & being taken ℥ss at a  
time with Sugar candy helps hoarseness  
& Coughs. Given in a glass of Claret  
or Alecant for some mornings, stops  
a Gonorrhoea in men, & the whites in  
women. ~ Salmon.

The Emperour Fredericks Goffe  
water which he used in the time of  
the great Contagion in Germany  
good for all Distempers. ~

R. Cinnamon ℥iij. Cloves ℥i.  
White Ginger ℥is. Nutmegs ℥i.  
Sage water ℥ij. Apoth Grames ℥is.  
Coriander seed ℥ij. Cubes ℥ss. Dry  
Rosemary ℥ss. Hyssop ℥ss. Rootes of  
℥i. Sage leaves ℥i. Lavender

℥i. Sugar cand ℥iij. Currants ℥ijss.  
Raisins ℥iijss. Juniper oyle ℥i. Red  
Rosenwater ℥iij. Elder water ℥iij.  
Grie. water ℥iij. poune all together  
& being mixt with 5 pints of the  
best silver Lent, put all in an Apo-  
thecarys great glass, & set it in the  
sun (if it be summer) 6 or 7 days, if  
winter, set the glass in a Kettle of  
water over the fire, to be warme, &  
let it infuse, the glass close stopp,  
then straine it cleane & Bottle it.  
The Dose is a hoggen a day or better.

A browne Oyle, good for Cuts, green  
wounds & bruises, to anoint the place.  
& wet a cloth in the same laid over it.  
For a Cough, Consumption, fits of the  
mother, a present Take, any straine in  
the inward Parts. Take 2 spoonfulls in  
the morning & Evening. For a straine  
in any limb anoint the place. For  
the Toothach, wet a little Cotton & stop  
the tooth. For the head ach wet the  
Temples 2 or 3 times a day, & snuff  
a little up the nostrills. For a Broken  
Belly, wet a cloth & apply it to the belly.

Cuts.  
Green  
wounds.  
Bruises.  
Cough.  
Consump-  
tion.  
Mother.  
Take.  
Straine.  
Toothach.  
Headach.  
Broken  
Belly.  
Tooth.

## The Browne Oyle.

℞ A pint & halfe of Brandy. Cloves ℥<sup>ss</sup>  
Juniper berries a penyworth, put  
these in a flaggon & set it in a Kettle  
of water over the fire, & let it infuse  
a pretty while, then put in a dram  
of white Camphire & let it infuse a  
little longer, then take it off the fire  
& straine it. ~

## A Liquor for Bores &amp; Sores.

℞ Fresh Butter ℥vi. Tripe Tallow  
℥iij. Bees wax ℥xij. Burgundy  
Pitch ℥xij. Venice Turpentine ℥iij  
Linsseed Oyle & fooke Oyle Ana i pint  
& halfe, Oyle of Speck & spirit of  
wine Ana ℥iiij. Let the Burgundy  
Pitch be melted in a Pipkin by it selfe.  
& then put into the other over the fire  
& then melt the Turpentine in the same  
pipkin & put that in: but put not in  
the oyle of Speck & spirit of wine till  
it is taken off the fire. Nix. Ridout.

## For the Kings Evil.

℞ The herb called Dead mans hand to  
be gathered in March. Ranclerwood  
alias Herb Robert. Fumetory  
& Eldertoppes make these into a  
pouder & put 3 spoonfulls of this  
pouder into a quart of Ale & boyle  
it very well; & take 3 spoonfulls of  
this drinke in the morning fasting &  
at 4 in the after noon. In at night  
going to bed. Cddy Dampfett. ~

The fit Times for gathering herbs, 187.  
when the Planets that Govern them Dr Salmon  
are dignified & in friendly Aspects. J.

Herbs under Saturne h.

Buckthorne Plantaine x.

Comfrey = Crosswort m.

Elme tree m Flex weed x.

Fumitory = Water Ferns v.

Peach tree = Snake weed m.

April. May. — —

Black thorn v.

Hemp m.

Stans weed m.

Loosestrife v.

medler m.

moss v.

Poplar tree m.

Quince tree v.

Oct. Nov.

Abrusmart m Buckthorn v.

Clownes woundwort m.

Sciatica Creffes x.

Heartease m Horsetayle =

Knap weed m Knot grass =

Mullen m Red Beetes v.

Solomons Seale v.

Servis Tree x.

Shepards Purse v.

Stinking Gladwin v.

Tamaris Tree =

Thorough leafe m.

May. June.

Joie m.

Black Heliboro. v.

December.

1696.

Apr. 10. May 5. 13. 30.

June 21. July 5.

Aug. 30. Sept. 1. 2.

Oct. 10. 17. Nov. 3. 15. 25.

Dec. 8. 14.

1697. Apr. 9.

May. 10. 18. June 5.

July. Aug.

Sept. 1. 13. Oct. 23.

Nov. 14. 28.

Dec. 14. 27.

1698. Apr. 8.

May. 10. 19. 31.

June. July. 3.

Aug. 21. Sept. 2. 25.

Oct. 10. Nov. 26. 28.

Dec. 21. 22.

Amaranthus v. Bytoile m.

Blew bottle =

Wild Campions m.

Dodder of Time m.

Gout wort m.

Hemlock v. Henbane v.

Nightshade m.

Rupturewort =

Spleenwort m.

Wound wort =

June. July.

Bigwort m Devils bit v.

Pellitory of the Oake v.

August. September.

188.

H.

1699. Apr. 6. 8.

May. 24. Jun. 1. 21. 30.

July. 12. Aug. Sept.

Oct. 8. 10. 13. 21.

Nov. 28. Dec. 1. 8.

1700. Apr. 2. 20.

May. 11. 12. Jun. 24. 27.

July. 23. Aug. Sept.

Oct. 6. 19. 20.

Nov. 10. 29.

Dec. 3. 19. 21.

1701. Apr. 4.

May. 4. 26. Jun. 9. 25.

July. 3. 8. Aug. Sept.

Oct. 3. 20. Nov. 1. 21.

Dec.

4

Herbs under Jupiter

Bill berries ☿.

Cherwill ☿.

Cheafnut ♄.

Scurvygras.

April. May.

Alexander. ☿.

Avens. ♄.

Balme. ☿.

Costmary ☿.

Cinquefoile ♄.

Doggs gras. ☿.

Endive. ☿.

Roses. ☿.

white Beets ☿.

wood Betony ♄.

May. June.

Herbs under Jupiter

Agremony ☿.

Apparagus ♄.

Burrage. ☿.

Clove Gilliflowers ☿.

Dock ☿.

Figgtree. ☿.

Horseleeks. ☿.

Lungwort ☿.

Sage. ☿.

Sampire. ♄.

Succory. ♄.

June. July.

Halle tree. ♄.

Aug. Sept.

Horse tongue ♄.

Liver wort. ☿.

Oct. Nov.

1696. Apr. 26.

May. 9. 29. Jun. 9. 13.

July 3. 5. 17.

Aug. 4. 12.

Sept. 11. 12. 18.

Oct. 22. Nov. 9.

1697. Apr. 15.

May. 15. 28.

June. 20.

Sept. 21. 28.

Oct. 20. 27. 29.

Nov. 14. 27.

1698. June. 11. 29.

July. 16. 31.



Aug. 17. 22.	Garlick. m.	189.
Sept. 5. 26.	Masterwort. m.	♂.
Nov. 19. 24.	Pepperwort. m.	-
1699. Apr. 5. 7.	Ground Pine. m.	
May. 18. June.	Rest Harrow. m.	
July. 23. Aug. 1. 21.	Round Docks. m.	
Sept. 5.	June. July.	
Oct. 7. 10. 14.	Ground Basil. m.	
Nov.	Butchers Broom m.	
1700. Apr. 3.	Broome. m.	
May. 10. June. 3.	Hawthorne.	
July. 28. Aug. 7.	Nettles.	
Sept. 3. 22.	Rubarb.	
Oct. 24. 30. 31.	August.	
Nov. 8.		
1701.	Fleawort. v.	
Apr. 9. 15. 26.	Mustard. v.	
May. 10.	Sapewort. v.	
June. 9. 15. 16. 17.	Wormwood. v.	
July. Sept. 15.	September.	
Oct. 6. 9.	Hawkweede. m.	
Nov. 2. 18.	Madder. m.	
Herbs under Mars	Onions. m.	
♂. Thistle. m.	Savin.	
Cotton Thistle. m.	Oct. & Nov.	♂.
Altheale. m.	1696.	
Barberries m.	June. 8. 13. 21.	
Carduus Benedict. v.	July. 19. 28.	
Buck. m.	Aug. 9. 25.	
Doves foot. v.	Sept. 17. Oct. 1. 22.	
Dragons. m.	Nov. 19.	
Flaxweede. m.	1697. June. 5. 20. 28.	
Furfbush. m.		

190. Sept. 5. 6. St Johns wort.  $\mathcal{R}$ .  
 Oct. 12. 28. 29. Marygold.  $\mathcal{R}$ .  
 Nov. 6. 10. Mistletoe.  $\mathcal{V}$ .  


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 1698. July. 3. 9. Small Centory.  $\mathcal{V}$ .  
 Aug. 12. 28. Tormentill.  
 Sept. 18. 28. June & July.  
 Nov. 10. 12. Ash tree.  $\mathcal{R}$ .  


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 1699. June. 21. Bay tree.  $\mathcal{V}$ .  
 July. 5. Aug. 7. Piony.  $\mathcal{V}$ .  
 Sept. 5. Nov. 1. 28. Saffron.  $\mathcal{R}$ .  


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 1700. June. 21. 26. Aug. & Sept.  
 July. 3. 28. Oct. 30. Juniper.  


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 1701. Berry Bush.  $\mathcal{R}$ .  
 June. 9. 18. 26. Oct. & Nov.  
 July. 5. 9. 1696. Apr. 1. 26.  
 Oct. 4. Nov. 3. May. 5. 20.  


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 July. 3. 21. 28.  
 Aug. 23.  
 Sept. 1. 3. 18.  
 Nov. 2. 10.  


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 1697.  
 May. 5. 18. 28.  
 June. 12. July. 2.  
 Aug. 4. 18. Sept. 13.  
 Oct. 12. 20. Nov. 15.  


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 1698. Apr. 7. 19.  
 May. 7. 31.  
 June. 12. 29.  
 Aug. 2.  
 Sept. 5. 18. 25.  
 Oct. 9.  
 Nov. 19. 26.

1699.

Apr. 3. 7. 8.

May. 20. 23.

June. 12. July. 16.

Aug. 1. Sept. 23.

Oct. 7. 8.

Nov. 5. 12. 13.

1700. Apr. 20.

May. 2. 10.

June. 21. 24. Aug. 21.

Sept. 3. 5. Oct. 19.

Nov. 3. 8. 28.

1701. Apr. 9. 12.

May. 4. June. 14. 17.

July. 5. 8. Aug. 19.

Oct. 1. 9. Nov. 1.

Herbs under Venus

♀ Alchocke. ♂.

white Arkangel. ♀.

Beanes. ♀.

Black Elder tree. ♂.

Coltsfoot. ♀.

Con. slips. ♀.

Columbine. ♀.

Common Elder tree. ♀.

Cherry tree. ♀.

Daylys. ♂.

Cudweede. ♂.

Ladye bedstraw. ♂.

Ladys mantle. ♂.

Selfe heale. ♀.

Wood sorrell. ♀.

wall penyriall. ♀. 191.

Apr. & May. ♀

Damase Elder

Diepwort. ♀.

Damask Roses. ♂.

Feverfew. ♂.

Groundsell. ♂.

Hartichoks.

Honyfuckles. ♂.

Hert Robert. ♀.

Mint. ♂.

monywort. ♂.

Meadswete. ♀.

Nep. ♂.

Penyriall. ♀.

Plantane. ♀.

Sanicle. ♀.

Strawberries.

May. & June.

Alkanot. ♂.

Arrah stinking. ♀.

Beach tree. ♀.

Bishops weed. ♂.

Blackberry bush. ♂.

Burdock. ♂.

Cammonil. ♀.

Crabs claws. ♂.

French beans. ♂.

Figgwort. ♀.

Golden rod. ♂.

Grommell. ♀.

Goelberg bush. ♂.

Horehound. ♀.

Motherwort. ♀.

192.	Mugwort. 8.	1698.
♀	Mother of Time. V.	Apr. 7. 22. 29.
	Ragwort. 5.	May. 19. June. 1. 10.
	Wood Sage. 8.	July. 9. Aug. 21.
	Spignole. m.	Sept. 25.
	Sowthistle. V.	Oct. 10. 17.
	Sopewort alias	Nov. 6. 9.
	Sothernwood. 2.	
	Verrine. 8.	1699. Apr. 16.
	June & July.	May. 9. 18. 24.
	Winter Cherry. 2.	July. 12. Aug. 7. 21.
	Darnell. 8.	Sept. 28.
	Eringo. 8.	Oct. 13. 14.
	Peach tree. 2.	Nov. 5. 10. 17.
	Plumbs. 8.	
	Wheate. 2.	1700. Apr. 3.
	Yarrow. 8.	May. 11. June. 16.
	Aug. & Sept.	Aug. 2. 21.
	Garden Parsnips. 8.	Oct. 24. Nov. 29.
	Oct. & Nov.	1701.
	1696. Apr. 10.	Apr. 22. 29.
	May. 12. 23. 30.	May. 13.
	July. 17. 26.	June. 14. 16. 26.
	Aug. 9. 23. 30.	July. 3. Aug. 10.
	Sept. 9. 12.	Sept. 15. Oct. 3. 4.
	Oct. 1. 17. 31.	Nov. 2. 21.
	Nov. 9. 30.	
	1697. Apr. 15.	Herbs under Mercury
	May. 27. Jun. 12. 28.	♀. Amaranthus m.
	Sept. 4. 6. 28.	Dill. II.
	Oct. 13. 23.	Fern. m.
	Nov. 27.	Germander. m.
		Lilly of the Valley.

Parfly. II.	1699.
Pellitory of Spain. II.	May. 9. 22. 23.
May to June.	June. 29.
Jack by the Hedge. m.	July. 5. 16. 23.
Scabious. II.	Oct. 21. 22.
Smallage. II.	Nov. 12. 13. 17. 28.
Carraway.	1700. May. 2.
Horehound.	June. 3. 16. 26. 27. 28.
Savory.	Oct. 20. 21. 31.
July.	Nov. 1. 15.
Maple tree. II.	1701. May. 10. 26.
White Maiden hair.	June. 14. 15. 18. 25.
Licorice m.	Oct. 1. 6. 21.
Will Carrats.	Nov. 3. 18.
Sweet Marjoram. V.	
Mulberry tree.	Herbs under Luna.
Oct. 8. Nov.	Adders tongue. G.
1696.	Water Cuckers. G.
May. 9. 13. 20.	Chickweed. H.
June. 7. 9.	Corralwort. G.
July. 19. 21. 26.	Water Cress. G.
Oct. 10. 31.	Duckmeat. G.
Nov. 10. 15. 25.	Flower de luce. H.
1697.	Lacy Smocks. G.
May. 10. 17. 27.	Lettice. H.
July. 2.	Moonwort. G.
Oct. 13. 25. 27. 28.	Brimble verveine. G.
Nov. 14. 19. 28.	Clary. V.
1698. May. 10.	Mistle. Clary. V.
June. 1. 11. July. 16.	Moufeare. G.
Oct. 9. 12. 17.	Opium. V.
Nov. 9. 10. 24. 28.	Poppy. G.
	Rattigrafs. G.



194.	white Roses. $\odot$ .	1701.
$\odot$ .	Apr. May & June.	Apr. 26. 30.
	Clivers. $\odot$ .	May. 2. 21. 22. 23.
	Cucumbers. $\odot$ .	June. 5. 6. 15. 25.
	Water Flaggs. $\odot$ .	July. 4. 14.
	Fluellin. $\mathcal{H}$ .	<u>Dr Salmon.</u>
	Water Lilly. $\mathcal{H}$ .	Herbs for y <sup>e</sup> Bladder.
	Purflan. $\odot$ .	Ulcer, Stone, paine.
	white Saxifrage. $\odot$ .	<u>A.</u>
	Willow tree. $\odot$ .	Adders tongue. $\odot$
	Loose Strife. $\odot$ .	Alehoofe. $\mathcal{F}$
	July.	Agremony. $\mathcal{F}$
		Alkanet or $\mathcal{F}$
		Anchusa. $\mathcal{F}$ .
1696.		
	Apr. 9. 10. 29. 30.	<u>B</u>
	May. 12. 18. 19.	Baytard Rubarb.
	June. 2. 3. 30.	Bistort $\mathcal{H}$
	July. 22. 23.	Blew bottle $\mathcal{F}$
		Bramble. $\mathcal{F}$
		Briar Ball.
1697.		Brooklime.
	Apr. 2. 6. 14. 20.	Broome. $\mathcal{F}$
	May. 5. June. 26.	Broom rape.
	July. 5. 6.	Bugle.
		Burdock. $\mathcal{F}$
		Burnet. $\mathcal{F}$
1698.	Apr. 24. 26.	
	May. 10. 11. June. 26.	<u>C.</u>
	July. 2. 16. 17.	Campions wild. $\mathcal{F}$
		Centary. $\odot$
1699.	Apr. 10. 15.	Cherries winter. $\mathcal{F}$
	May. 14. 15.	Chestnuts earth.
	June. 8. 17. 26.	$\mathcal{H}$ Clowns round wort.
	July. 10. 11. 26.	Confrey. $\mathcal{F}$
		Corral wort. $\odot$
1700.		Conflips. $\mathcal{F}$
	Apr. 6. 14. 27.	Conjound Saracell.
	May. 2. 11. July. 18.	

Couchgrass . 4  
Crabbs Claws . 2  
Cranesbill .  
Cresses water . 5  
Crosswort . 3  
Cucumbers . 2  
Cudweed . 2

Gromwel . 2  
Ground Pine . 3

H.  
Hawkweed . 3 5  
Horse radish .  
Horse bayle . 3  
Hounds tongue .

D.

Daisys . 2  
Dogg grass . 4  
Doves foot . 3

J.  
Jack by the hedge . 5  
St Johns wort . 0  
Jive . 3  
Juniper . 0

E.

Earth chefnuts .  
Elecampane .  
Endive . 4  
Eringo . 2

K.  
Kidneywort .  
Knot grass . 3

F.

Featherfew . 2  
Fennel .  
Fennel sow .  
Fern water .  
Figgwort . 2  
Filipendula .  
Flixweed . 3 3  
Fluellin . 2  
Furze . 2

L.

Lady smocks . 5  
Licoras .

M.

Madder . 3  
Maiden haire .  
Marsh mallons .  
Mint . 2  
Mony wort . 2  
Moss . 3  
Moufeare . 2  
Mugwort . 2  
Mullen . 3

G.

Gentian .  
Gilliflowers winter .  
Golden rod . 2  
Gooseberry . 2

N.

Nettles . 3

O.  
Oake.  
One blade. o  
Ofmond roial.

St Johns wort. o  
Scabious. d  
Scurvygras. y  
Selfe heale. q  
Shephards purse h  
Smallage. d  
Sorrel.  
Sorrel-wood.  
Southernwood. q  
Sow fennel.  
Sow thistles. q  
Spignel. q  
Spleenwort h  
Star thistle.  
Stone crop.  
Strawberrys q  
Succory. y

P.  
Partly peirt.  
Peach tree. q y  
Pellitory of the wall.  
Pimpernel. o  
Pine ground. a  
Plantaine. q  
Plums. q  
Privet.  
Purse shepards h  
Purslan. d

R.  
Radish horse.  
Ragwort. q  
Rattle gras. d  
Rest harrow. q  
Rocket winter.  
Rubarb bastard o  
Rue. o  
Rupturewort h

T.  
Tamarisk. h  
Tansy. with Tansy  
Thistle star.  
Thistle sow.  
Thorough leafe h  
Time. with Time q  
Tobacco English.  
Tormentil. o  
Tutjan.

S.  
Sage. wood Sage. q  
Sampire. y  
Saniile. q  
Saracens confound  
Sawse alone. d  
Saxifrage. d  
Saxifrage white.

V.  
Valerian.  
Vervaine. d q  
Vine.  
Violets.

W.  
Wall flowers.  
Water cresses. d  
Water fern. h  
Winter cheerys. q

Winter Gilliflowers.  
 Winter green.  
 Winter Rocket.  
 Wood Sage. ♀  
 Wood Sorrel. ♀

Against the jaundies  
 The leaves or roots of  
 Strawberries eaten in  
 Dosage. Also the Juice of  
 Walnut or dwarf Elder, &  
 ounces of it drunk each mor-  
 ning, is a speedy cure. If the  
 distaste be strong, make a bath  
 of the herb boiled in water to  
 bath the body in.

197.

For the Piles or Hemorrhoids.

1. Sow thistle bruised, or y<sup>e</sup> Juice
2. Arum, the leaves & roots (applied).  
Boyled in wine with a little Oyle  
& aplied, or the Juice of it late over.
3. Orrice or flower de luce, The Oyle  
thereof called Oleum Irium.
4. Restharow, The Decoction taken.
5. Great Pilewort, the Decoction taken  
& the herb bruised & aplied.
6. Mullen, The flowers infused in Oyle.
7. Leeks, the green blades boyled &
8. Blackberys & the flowers (applied) hot.
9. Beetles of Cowdung boyled in  
Lined oyle untill the Beetles be  
consumed & aplied hot w<sup>th</sup> lint.

For Flower water, so for Gout.

Its made of Cowdung gathered in May. You  
 adding to it a third part of white wine. <sup>running</sup>  
 and then distilled. Or thus: The fresh <sup>Gout, Rheu-</sup>  
 Cowdung, Snayles with their shells <sup>matism</sup>  
 on <sup>Stone Stom-</sup>  
 Still. Dose 4 ounces at a time. <sup>Suppy.</sup>  
 The Doctress that getteth <sup>Pally-</sup>  
 more it thus: <sup>Collur.</sup>  
 Gathered in the morning 12 pound. Spring or  
 River water 30 pound. mix & digest 4  
 hours. Let it settle, & then Decant the  
 cleare brown Tincture. Dose 5 or 6 ounces  
 morning fasting & at night: & as much

hour or an hour before dinner if it Disleat  
be stubborn. And if there be any External  
afflict, to bath the part therewith 2 or 3  
times a day very hot, for a quarter of an hour  
at a time: by this shea cured all Diseases.

For the Collick. B. Bate.

R. powder of Rue, Sal Gem. of each alike,  
as much honey as to make a mass for pills.  
Dose half a dram at bed time & in morning  
fasting: for 4 dayes in every month. If  
the Disease be vehement 4 times a day  
about 10 or 11 in morning & 4 in afternoon

A piece of Ham For the Collick & Suppositary.

Shaved with doe  
as well as  
longer or shorter make Suppositories & use for the  
finger. When you use it anoint it with Oyle.

For the same.

R. long Pepper cut small ℥iij.

Rue in fine powder. ℥ss. Sal Gem ℥v.

Theriaca Januensis ℥xij. mix them

& make an Electuary. Dose from  
1 dram to 2 drams twice a day morning  
& night. If 2 drams of Camphir be put  
to it, it will add to the vertue of it.

For the same & Stiches in the Side.

R. Acorns hulled ℥viij Nutmegs ℥ij. white  
Sugar ℥ij. mix & make a powder. Dose is  
℥i twice or thrice a day. If you add Camphir  
℥ij, Arabian Opium ℥i. in fine powder the  
powder will be the better, & then you may give  
it to ℥i every night going to bed.

For the same.

R. The whitest Chalk in fine powder. ℥ij  
moisten it with Juices of Rue & Camphir  
till it becomes like pulp. Dry it with a  
gentle heat & powder it fine. Repeat  
repeat this work with fresh Juices to  
the 4th time, reducing it at last into a  
very fine powder. Dose from ℥i to ℥ij.  
every 4th hour. He. Antid. Collick. 110.



it may be made into a bolus with Confectio 199.  
At dinner or meat with some proper Grap.

For the same. Conserve of Oranges  
R The yellow of Orange peels new cut  
it is cut small lbj. beat them well with  
white Sugar lbj. in a marble mortar, so  
as to become a Conserve. Dose from ℥ss  
to ℥ij in morning fasting, before Dinner  
& last at night using to eat, drinking af-  
ter it a glass of wormwood wine.

For the same Preserved Garlic.

R Cloves of Garlic changed lbj. water  
℥ss. boil a little, which water cast away.  
then boil in hyssop water q.s. to a thoro  
fastness, make the liquor into a Syrus  
with double refined Sugar lbj. by boyl-  
ing: about the end add the Garlic, with  
Sint. agri. ℥ss. must be in. iv. tied  
up in a rag: Spirit of Clove ℥ij.  
Its use in the wind Colick, Cough, Cough.  
Asthma, Stone, & Gout. ℥ss. Dose ℥j Asthma.  
3 or 4 times a day, chiefly in morning. Stone.  
Fasting. 1 hour before Dinner is best at night. Gout

For the same. Sugar of Elder flowers.

R Elder flowers ℥ij. trowle refined Sugar  
dissolved in elder flower water of lbj. boil a  
four parts.

For the same & the Stone.

R The best Mannu ℥ij. Crocus Tartari Stone.  
Sperma Ceti lbj. mix them: it is  
given in 8 draughts a China broth against  
the Colick. 2 Doses. oyle of Juniper ybiv.

For the same.

R Cloves ℥ij. spirit of wine ℥viij. Spir-  
it of sal armoniac ℥ss. Digest them together  
in a water. Dose from ℥ss. to ℥ss.

R Salt of wormwood depurated, ℥j. Recti-  
fied spirit of Salt ℥ss mix & coagulate.  
Dose. ℥ss. to ℥ss.

200. For the Collick wine & Stone.  
 Recipe. R. Choise. Juniper berry lbj. sprinkle  
 them with Malaga sack & strong  
 trebble over them double refined Sugar in  
 Stone. fine powder Zij. through a Sieve  
 Confits. & dry them with a gentle heat. S. S.  
 in a dry.

For a Consumption & the Lungs.

Recipe Turneps pared & cut in thin slices  
 lbij. In the refined Sugar in fine  
 powder lbj lay them S. S. S. in an  
 earthen vessel let them stand in  
 the vessel with a weight put up  
 on them for 12 hours then strain  
 out. Its a good Pectorial. Some  
 make it thus. R. Turneps full  
 grown, & new gathered q. 12. bake  
 them in an oven with housewife  
 bread, then press forth the Juice  
 to every pound of which (separated  
 with whites of Eggs) add lbj of white  
 refined Sugar which melts & mix  
 in Balneo Mariae.

For a Fever & Spleen.

Recipe Spirit of French wine or Brandy  
 Zij. Juice of Limons Zij. Syrup  
 of violets Zij. fair water Zij  
 mix & make a Julap to be drunk  
 before the fit. Best with more spirit.  
 To make a good sort of Decod.

Recipe Fair water a quart. Choise &  
 pure Lime Juice, almost half a  
 pint; double refined Sugar three  
 quarters of a pound mix & perfect  
 by Dissolve the Sugar then add  
 French Brandy a full pint mix  
 in a glass one Nutmeg grated

# Anticolic Fincture

201.

R Juniper berries well bruised grans  
 ʒi. Bone ashes ʒi. ʒiij. best rectified  
 Spirit of Juniper berries  
 made by fermentation, or Imbued  
 Salt of Tartar made therewith ʒi.  
 ʒiij. mix digest 20 dayes, & then  
 Decant the clear for use. or thus.  
 R of the bruised berries ʒiij. Powers  
 of Juniper mixed with the volatile  
 Salt ʒiij. mix digest 20 dayes & then  
 Decant the clear for use. Or thus.

Collick  
 Stone  
 Gravel  
 Wind  
 vapors  
 Gripes  
 Injections  
 Diseases

R of the bruised berries ʒiij. Spiritus  
 Intimus ʒiij. mix digest 2 dayes or  
 more then decant the clear which  
 is a saline Tincture & more powerfull.  
 Dose of the first from ʒi to ʒiij in any  
 convenient liquor or fibre like <sup>W. Salmon.</sup>  
 Dose of the second from ʒs to ʒi  
 Dose of the third from ʒi to ʒiij in  
 the morning fasting & last at night  
 & at any time when a fit of the Collick  
 or Stone is present.

Another Tincture of Juniper berries. Coughs  
 Is made of the Rob of the Berries ʒiij. Honey  
 the spirit of Juniper berries distilled in a Still  
 from ʒi to ʒiij. In the Juice, the Tincture  
 ʒiij. ʒiij. ʒiij. Dose 3 Spoonfulls three times  
 a day against Dropsy Colick Stone &c. Dropsy  
 Its better made of the ripe berries dried  
 rather than the Rob of the berries.

Elixir of Juniper to dissolve tartarous matter  
 R Rob of Juniper berries or <sup>in the Rain at 1. m.</sup> a melaginous Dose  
 Extract ʒiij. Malaga wine ʒiij. mix from ʒs  
 ʒi to ʒiij. stands in digestion: the Tincture  
 separate by straining in an Hypocras

## 202. Spirit of Salt Coagulated. D. Bate.

Take Salt of wormwood separated ℥j  
 Rectified Spirit of Salt ℥ij. mix in a glass  
 Jar. Dose from ℥r. vi to xv. Mungest  
 advises that so much of the Spirit may be  
 Coagulated & united with the Salt till it  
 prevails both in taste & strength. It is  
 Diarrhetic & Hydriopick expelling urine  
 an watry retention in the stone & gravel  
 wounds.

For Rinses & Cataplasms, yellow, whiteloss.  
 Take May butter ℥ij. wax ℥ij. oil of  
 Crude honey ℥x. Saffron flower ℥vi. mix  
 them & so. Its good to abate inflammations  
 in the King Dalls, to ripen up the matter  
 & applied warm twice a day. D. Bate.

## For Chaps. D. Salmon.

Take Beef suet ℥ij. wax ℥i. Turpentine  
 Turpentine ℥s. Oil of Turpentine  
 q. s. to bring it to an Ointment being  
 melted together. Anoint morning & evening.

## Lucatellius Balsom.

Take the best Olive oil lbij. Spanish  
 wine lbj. Venice Turpentine washed  
 in Rosewater ℥viij. Wax lbj. soile  
 adding Red Saunders in fine powder ℥j  
 Balsom of Peru ℥j. mix them. D. Bate  
 its good against burnings, inflammations,  
 ulcers & wounds. It is good for  
 giving from ℥j to ℥ij in wine for inward  
 bruises, ulcers on the Reins, Stone in  
 the Reins & Bradder difficulty of  
 making water. D. Bate.

D. Salmon makes it thus. viz.

Take Oyle olive lbj. Spanish wine lbj.  
 soile that the wine may be consumed.  
 then add the best Beeswax lbj. when  
 it is melted put in Strasbourg Cyprus  
 or Cairo Turpentine lbj. Balsam of

of Peru & viij. Rec Saunders in grm powder 203.  
Zij. melt mix & stir it till it is cold.

Is a Balsam without compare.

Note on Eliair Salutis.

Dr Salmon says in his Bates Dispensatory, that the true Recipe is 3 quarts of Aqua vita to 6 ounces of Sena which is 2 ounces to a quart. & is then he says it ought to be 9 ounces of Sena to Aqua vita 6 pound which is 3 ounces to a quart. what is less is too little.

And then if any other purge be added he comments powder of Gallap & soth proportion it thus. Rx Alexandrian Sena 4 ounces. powder of Resinous Gallap 1 ounce, Amigdalae Juniper Berries, Liquorice, Elicampare, all crushed of each 2 ounces, Aqua vita a gallon, mix digest strain and dulcifie it with Syrup made with double refined Sugar. So observe with Gallap he allows but one ounce of Sena & 2 Drams of Gallap to a quart, and without Gallap afterwards he allows but one ounce two Drams & two Scruples to a quart which is the same proportion that Bates allowed; which is 4 ounces of Sena to 3 quarts. So that Salmon in his Rx with Gallap allows 2 Drams of Gallap instead of 2 Drams & 2 Scruples of Sena to a quart. So that though he said 4 ounces to a quart was the true Recipe, & after that, what was less than 3 was too little, yet at last he allows no more than Bates does viz 4 ounces of Sena to 3 quarts which is 1 ounce 2 Drams & 2 Scruples to a quart. without Gallap & with Gallap but 1 ounce.



For a poore weak Cow  
 R. Halfe a lb of San Raisons & lb of  
 Lent figgs slit & the Raisons stoned.  
 ʒi of Anyeeds & ʒi of Saffron a  
 little Celendine Boild in a quart of  
 Strong beere till halfe is bogls way  
 put in the Saffron after & is bogls  
 bound up in a little rag.

For a cow to cast her cleane  
 R. Two pennynworth of Smalle & a  
 little mallows ground right shute  
 all bogls in strong beere.

Vineger of Hony.  
 R. Hony lb. Depurated Rain water  
 lb viij. Boil to the consumption of  
 half scanning of it well. when it is  
 cooled put into it a nodule of seeds of  
 Sumach grossly beaten lbj. made up in  
 a linnen rag. Leave the Cask in a warm  
 Room if it be winter, or expose it to y<sup>e</sup>  
 Sun in Summer till it hath done work-  
 ing: so it will by degrees turn to Vineger.  
 Some instead of Sumach make use of  
 Rocket seed. From this alone, or mixt  
 with an equal quantity of Turpentine  
 may be distilled a sharp or Radicate spirit  
 which will dissolve flints & other stones  
 without any placing Calination.

For the biting of a mad Dogg.  
 Eate the liver of a mad Dogg forced  
 made into powder a Dram at a time  
 this is the best of medicines Nicotulpepper.

For the Colick.  
 R. Cummin & Carraway seed, brayse them  
 well, boyle them in ale till it be thick &  
 eate it with a Spoon.

For the hot piggs Blood.  
 Drink the Juice of Sorrell with as much milk  
 N.C.

The yeare hath 33 Evil Dayes. 205

January 8. The 1. 2. 4. 5. 10. 15. 17. 29.

February 3. The 8. 10. 17.

These not so evil. 26. 27. 28.

March 3. The 15. 16. 19.

This not so evil. 28.

April 2. The 16. 21.

1<sup>st</sup> Monday in April

These not so evil. 7. 8. 10. 20. Cain borne in flux.

(Abel.)

May 3. The 7. 15. 20.

These not so evil. 3. 6.

June 2. The 4. 7.

These not so evil. 10. 15. 22.

July 2. The 15. 20.

August 2. The 19. 20.

2<sup>d</sup> Monday in August

These not so evil. 1. 29. 30. Sodom & Gomorrah

destroyed.

September 2. The 6. 7.

These not so evil. 3. 4. 21. 22.

October 1. The 6.

These not so evil. 3. 16. 24.

November 2. The 15. 19.

These not so evil. 5. 6. 28. 29.

December 3. The 6. 7. 9.

31 of December

These not so evil. 15. 17. 22. Judas born.

For a Costive belly.

A Suppositorie made of white Sope.

Or the herb Monardella boyled in pottage.

Instead of herbs let them be but halfe

boyled. this pottage eaten makes the body

Slippery. N. Culpeper.

For a Surfeit.

Betony boyled in wine & drunk.

To procure Appetite.

Centaurie boyled in wine or taken in powder

of 5 Dayes together helps such as have lost

their Appetite to their victuals.

To prevent Poyson.

Drink the powder of Betony in wine in morning.

Against Spitting blood.

Terrified Rubarb taken in the morning. And the

Syrup of Cambray is also very good. J. C.

## Herbs under Saturn

Angelica, Barly, Beares root, Bats  
 Blackthorne, Burdock, Clowns woodwort  
 Comfrey, Farn, fumitory, Stinking  
 gladdon, Hellebore, white & black, Hemlock  
 Hellebore, ellundrake, ellulancholy  
 Thistle, Night Shade, Nobs, plantaine  
 pott-pot, parsnip, pott-pot, Shepards  
 purple, Stinking gladdon, Tamariak  
 Black thorne, N. Lancholy thistle,  
 Vervine, Clowns woodwort  
 Yarrow,

## Herbs under Jupiter

Barberries, Bellony, Billberries,  
 Bloodwort, Burrygl, Bagiofs, centory,  
 Cherries, Cinktoe, Cinktoe foot,  
 Landelyon, Lark, Elecompane,  
 Ensigne, fumitory, Gillyflower, Harp  
 Licorice, Lungwort, Liverwort  
 Margoram, Mint, Mulberries,  
 pueony, Sage, Scurrygrass, Saccary,  
 violets, wallwort, wheate, Self  
 Seale.

## Herbs under Mars

Broad leafe, Bramble, Broom,  
 Birth wort, Cardus Benedictus  
 Crow foot, Gello Quintida, Gune  
 wort, Gorse loofe, Garlicke, Ginger,  
 Horse Radish, Sloe, Leech,  
 All Hardseeds, Cladder nettles,



Small Nuttree, oates, Parsley  
 Ellotary of the well, Sampine  
 Savery, Smalage, Trefoyle, Valerian.

### Herbs under the Moone

Botany. Burnett. Calceol. (dewort  
 Duchymont, flower de luce, graves.  
 Horse radish, Mouse eare, Worm wort.  
 Orme. Lysichiton, Lysichiton. Trivet.  
 white rosy, Saxifrage, Todea stool  
 Turnips. water Lillies, water yarrow  
 grey, water Plantaine, wall flower.  
 water flaggs, Willow Tree, flax  
 Lin.

Gather the Herbs when the planett  
 is essentially signified, & moorn  
 if possible. Lett the planett  
 be in the either in the ascendent  
 or tenth house, & in some good  
 aspect of the Moone, Lett it  
 be taken in they prime, being  
 full of juce, & green, & in  
 such places men hirve most

Deafnes

### For Deafness

Take a green Elme or Ashen stick put it  
 into fire & save the water that runs out  
 of it, mix it with the salt of an Eele, and  
 boyle it a little, & drop a drop or two into  
 the deafe eare lukewarme at night in Bed  
 & in 3 or 4 dayes it will cure it. H.C.



Baite for a Fox.

209.

Take Roasted mutton put Cantharides  
& Nuc Vomica into it. Then take  
Afratoxida dissolved in water, & dip  
the Tracle, being the garbidge of any  
Fowle, in that water; & anoint the  
Trapp with Gaibarium, or oyle of Amber.

Baite for  
Fox.

For the Collick.

Collick.

Take the innermost skin of a pigeons  
Gizzard in powder as much as will ly  
on sixpence in warme Ale.

Another.

Take Cammin & caraway seeds bruiſe  
them well, boyle them in Ale till it  
be thick, & eat it with a ſpoone.

To Pickle, or make mangus of Walnuts.

Pickle.

Take them about midsummer when  
You may thrust a pin through the shell walnuts.  
Prick them with a quill in severall  
places, put them into faire water &  
salt for 8 dayes shifting them every  
day; hang them over the fire in fresh  
spring water & when that is scalding  
hot & bitter, shift them into fresh water  
& hang them over the fire againe do this  
about 8 times till the bitterness be gone  
& the nuts be tender. Then take them  
out of the water & rub them with a  
course cloth till the skin comes off, then  
lay them one by one in a broad earthen dish  
till next day, then put them up into wide  
mouth glasses, or gally pots, laying first  
a Roe of walnuts, then a little mustard  
seede, nutmeg, mace, clove pepper, cut  
ginger, & some salt, & cloves of Garlick,  
a little of each of these betwene every  
Roe of walnuts till the pots are full  
then

Horſe  
Radish.  
Bay leaues  
shallots

210. Then poure in as much vinegar as will cover them, & a little bill on the Topp. Then lince on Hoggs bladder and paper over them & they will be fit to eat in a months time. Remember that every time you put them over the fire, you stopp the pott close.

This not alwayes eaten as a pickle, but put in made dishes one or two broke - smale with a spoone into the sauce. D. W.

Deafness.

For Deafness.

Ant Eggs beaten & strained, & mixt with a little of the juce of Knotgrass & a little dropt in to the Eare cures Deafness tho, of long Continuance. N. C.

Another for the same.

The Juce of Betony dropt into the Eare puts away Deafness.

Poyson.

A rare Stone against Poyson.

Take a great overgrown Toad & lye her up in a leather bag prickt full of holes; put her bag & all into an Emmet hill; & the Emmets will eat up all the flesh; & then you may finde the Stone.

Trembling Hands.

To cure Trembling Hands.

Magnwort steeped in Roshwater, & wash the hands with it.

Gripping of Guts.

Against Gripping of the Guts.

Carduus Benedictus feedes stamped & taken, easeth pains, aches, and stitiches, in the sides & gripes.

Gripes wormes.

Another. Rue infused all night in sack & the sack drunk in the morning, is also good for wormes.

memory Brain.

For the memory, brain, & stomach. The whitest Frankincense powdered & drunk in white wine.

To cure the Collick: Probatum est. 211.

The Decoction of Hollyonke mixed with a little Honey in Butter doth being drunk warme, wonderfully ease it.

Collick

The virtues of Knotgrass. It is an Herb of the Sun, & cures Discajes of the Heart, Back, Stones, Collick Burstnes, & resisteth the Pestilence.

Heart, Back  
Stones  
Burstnes  
Pestilence

To Proovke a Stool.

Seeth mallows & red nettles together & proovke & let him that cannot go to stool, sit stool over it when it is hott.

Drinking much buttermilk makes one Laxative.

Against Stone, Strangary Collick.

Stone

Six Cloves of Garlick stamped and Strained into a draught of Renish wine & drunk up is a present Remedy.

Strangury  
Collick

For a Corne on the Toe.

Corne.

Take a black Snail royst him well in a white well cloth, bruise him & lay him hot to the corne.

To breake the Stone.

Stone

The Stone that is found in Cocks & Hens Gizzards, a little of the powder of it being beaten in an Iron Mortar (for brass spoils it) being given in white wine breaks the Stone.

To make one see in the night. To see in the night  
A Goates liver applied to the Eyes makes one see very well in the night and the reason is because Goates see as well by night as by Day.

Concoction

To help Concoction of the Stomach. This must be given  
The internal skin of the Gizzard of a hen doth it, & resisteth all Diseases before mentioned from want of Digestion which are as Stones in the Sun. N. L.

212. An Electuary invented by R. Mithridates  
 Plague. & often used by the Emp<sup>r</sup> Charles the 5<sup>th</sup>.  
 Poyson. Take of green Rue gathered in the hour of  
 Physick of Sol. half a handfull, blew figgs six lb  
 Consumptions many walnuts, with forty juniper  
 Rue m.l. Berries, in a little Bay Salt: beate into an  
 Figgs 10. walnuts 10. Electuary. Take the quantity of a huffe  
 Berries 3i. nut. Against any infectious Disease.

Ague For a Quotidian, Tertian, or Quartan.  
 Quartan Give Cinquefoil gathered in the hour of  
 Rue bruised Jupiter, if it be possible, he being alone  
 & worne under the Earth, Give the powder of it in Vin-  
 der of fete eger, or vinegar of Squils, give one leage  
 next to him for a quotidian, three leages for a ter-  
 -tian in a Decoction thereof. It doth the  
 Cure in two or three fits.

For a quartan Ague.  
 Cantharides wrapped in a spiders web  
 & hanged over the party cures it.

Whether for all Agues.  
 Boil halfe a pint of Sack to a quar-  
 ter, with a little Garlick sliced thin  
 in it; & drink it as warm as you can  
 just as the fit comes.

For Hoarsness.  
 Hoarsness. Take a quantity of Sugar & put so  
 much Spirit of wine to it as will just  
 wet it, & this take on a knives point  
 at night going to bed, 3 or 4 times.  
 If the party be feverish use oyle of  
 Sweet Almonds, or the best jallet oyle  
 instead of Spirit of wine.

Another  
 Seeth Pennyroyal in running water  
 & drink a good draught of the Decoc-  
 -tion with a little sugar in it, at night  
 going to bed.

Against Poyson.  
 Juniper berries are a great Counter poyse.

To Stanch Blood & take away Inflammation 213.

An Ointment made with the leaves of Henbane & Hogs grease stancheth blood to stop.

& takes away Inflammation of any wound. Toads

Another to Stanch Blood.

Tye up a Spider in a linnen cloth & bruiſe. Frogs and their spawn.

it a little & hold it neere the nose that it bleedeth. but touch not the nose or the blood.

ing will cease. Another for the same.

Dry some of the Parties blood in a fire shonl.

to powder, & apply it to the wound or snuff

it up the nose if it bleed. Another.

The ashes of hens feathers or bones burnt

& applied to the place. Another.

Let the Party that bleeds hold a dried -

Toad in his hand. & the blood ceaseth.

For the Eye to restore sight.

The herb & Root of Tormentil boyled in

wine & the wine drunk & the Herb laid

to the Eyes plaisternwise restores sight. ~

For hot Rheum in the Eyes.

Fill an Egg shell newly emptied with the

Juice of Houfick set it in hot embers &

take the Juice from it & strain it.

Another. Beate the white of an

Egge then wet a Colwort leaf in it &

lay it to the Eye when you goe to bed.

For Swolne Eyes.

An Ointment made of Irie leaves & hoggs

grease. For Cold Eyes. Dropp a drop of

Good Aqua Composita into them.

Against watry Eyes. Tye peeces of

Amber to the nape of the neck.

For hurt in the Eye with a Stroke.

Bruse Agrimony very well temper it with

white wine & the white of an Egge spread

it thick on a cloth & lay it to the outside

of the Eye lid. To preserve sight. Eat one

branch of Rue & another of Eye bright every

morning with a sig or two three evers weeke.



214. Against an Inflammation in some arm  
Inflammation Leg, or Breast with wound or without.  
Some Leggs or Breast. Apply malt flower made into a pulvis  
with Verjuice.

Breasts Swells. For womens Breasts that are swelled.  
Bruise 9 woodlice, Hog lye, or Scows &  
lay them all night in 8 or 9 Spoonfull  
of Drinke, in the morning strain it &  
let the woman Drinke it all; & lay to  
her Breast a linnen cloth warmed and  
doubled 3 or 4 times; The next morn-  
ing let her take 8 of the said lye used  
as before, the next morning 7. It will  
diminishing one every morning till  
she comes to take but one. If her  
breast be not well by that time let  
her encrease them one by one every  
morning as she subtracted them.

Breasts Broken. For Breasts that are broken.  
Take Wheat flower yokes of Eggs &  
plantane, mix it till it be thick like  
Ointment, spread it upon cloth & apply  
it to the breast: If there be holes  
dip tents in this ointment & rent them  
with it, & lay a playster of the same over.  
Another for sore Breasts.

Breasts Sore. Take a handfull of figs & stamp them  
till the kernels are broken, temper them  
with fresh grease, & apply them to the  
breast as hot as the woman can endure.  
It will take away the anguish & break  
it, or cure it without breaking.  
Let her Drinke the juyce or decoction  
of vervain: make a Syrup of it to  
keep all the year. To cure sore breast

Oyle of Eggs. Take the yolk of an Egg & beate it  
with fresh grease & playster it with  
this: & this good for any wound: and oyle  
of Eggs is likewise.

Against Heart Burning.

215.

Take 5 white pease, chew them well and  
swallow them down, then hold thy breath  
as long as thou canst. Heart  
Burning

Against Heart Trembling.

Dry the maw of an old Cock, beat it into  
powder, & take a dram of it in the morning  
in wine. Or Take a Scruple of the fine  
powder of Red Corral in Borrage water  
first in morning & last at night. Trembling

For Fatness about the Heart.

Clarify the Juice of Fennel & make a  
Syrup of it with Honey, & Take an ounce  
of it morning & Evening. Fatness.

For gnawing about the Heart.

Clarify the Juice of Sage leaves & yarrow  
& drink a spoonful of it in every draught  
of Beere you drink. Things strengthening  
the Heart are. Saffron, Rue, Borrage, mace,  
Bugloss, Harts horne, Mustard, red Roses,  
Violets, good wine, & Spirits of wine. Gnawing

For Heart Qualmes.

Take halfe a Drachm of Pyony roots in  
Powder, every morning, or a Spoonfull of  
the Syrup of Pyonies. Qualms.

Against the Falling Sicknes.

Take a Jay, pull off her Feathers & pull out  
her guts, salt her well for a weeke then fill  
her belly full of Cummin seedes, put her  
into a pot stop it close, & dry her in an Oven  
till she be converted into Mummy. A dram  
of her beaten into powder & drinke all, & taken  
in any convenient liquor every morning, put  
in Rhenish water, is an excellent remedy. Falling  
Sicknes

Against the Gout.

The powder, made of the Mummy of an - Gout.  
Crowe, as was done with the Jay, as before,  
& being mixed with Boars Grease, & anointing  
the place by the fire, is an excellent Remedy.  
For the same. Pigeons dung boiled in  
wine, till the wine be consumed & applied  
plasterwise, to the morning & Evening cures it.

216.  
Gout.

Against the Gout, a present Cure.  
If the pain be outrageous, Take a dram of  
Opium, 2 drams of Gallen, mix them with  
4 or 5 yolks of Eggs, & plaister it upon the  
Greife. It will abstage the pain, & dissolve  
the Corruption. Another. The Juice of  
Broom Flowers, of Scala Cali, or Solomon  
Seal, & of Honey, of each a like quantity  
boyled to the thickness of Honey. Ointment.

Another. A pint of Aqua composita, a  
bullocks gall & an ounce of Pepper beaten  
very small & boyled to a jale, & applied to  
it, & changed once in 12 hours, cures any  
Sciatica, Ach, or Gout. Another. The  
Roots of Holy oak stamped with Hoggs-  
grease, & applied helps it in 3 dayes

Another. The Roots of Menbane stamped  
& applied warme. Peice Grease fryed out  
of Shoemakers leather is good. Also Mugwort  
stamped & boyled in sweet oyle till the Juice  
be consumed. To Cure the Gout.

Stamp Spear grass & fill a walnut  
Shell full of it, & apply it to the place  
pained. binds it on, & in 6 or 8 hours  
it will draw a Blister which cut &  
let out the water, & keepe a Colwort  
leaf to it till the malady is cured.

This hath cured a Gout of 20 years standing.

Another. Walwort is excellent for  
the Gout applied outwardly in oyle and  
Ointments, or inwardly in Jynaps & Electuaries

Another. Garlic & Hartsine of each alike  
stamped & applied to it helps the Gout be  
it hot or cold. For the Gout or Palfie.

Gout &  
Palfie.

The Bones of Horses washed & dry  
in the sun, & then boyled in water long  
time, & the fat saved that cometh from  
them, is a good remedy for Gout or Palfie.

Another Raretie. Take oyle of Bayes, aqua  
vita, Juice of Bayes vineges mustard & Beatts  
gall of each alike, put them into a Bladder  
much too bigg for them tied close. Lye them up  
& down with your handes an hour & halfe, then  
have you as good an Ointment as the most famous

Against the yellow jaundice.

Make a strong Decoction of Centaury  
in stale Ale, & being strained, Boil it with  
double the quantity of Honey to a Syrup.  
A Spoonfull of this taken in the morning helps  
the yellow jaundice, strengthens the Heart helps  
Digestion & prevails Appetite. Another.

A Decoction of Earthworms. Take sundry  
grey Berries in white wine, equal quantities  
of each, & towards the end of the Decoction  
you add a little Saffron tied up in a Ray, it  
will be the better. Black jaundies.

Take a Dram of the powder of Snail-shells, Black  
Dried in an Oven, in Ale, in the morning fasting  
& in 9 or 10 days it cures. Another for the same.

Earthworms flit & washed well in white  
wine, dried & beaten to powder, & a spoonfull  
of it taken in any liquor in the morning fast-  
ing, in little time cures. Another for the yellow jaundice.

Take a great Bur root, scrape it clean,  
put it into a pot of new Ale, & the Ale  
will Boil, let it stand 24 hours close stopp'd.  
Drink a good draught of it 2 or 3 mornings.

Against Pain in the Bones.  
Make a strong Decoction of Ach-rooe or  
ground Ivy in Ale & drink it. Alike Decoc-  
tion of Houseleaves is as good, or you may  
put them both together. For any Ach.

Anoint the place 3 or 4 times with good  
Aqua Composita & dry it in by the fire, &  
then Anoint it again, & while it is wet  
srew the powder of Olibanum upon it then  
sew a cloth round it, & let it ly there 3 or 4  
days, & it will be well.

Ointment for bruises & itches.

Take a quantity of Black Snail-shells alive, Salt  
them well, & hang them up in a linen bag & let  
the water drop out of them, Boil a pound of this  
water & scum it clean, then add as much may  
butter to it, boil it to an Ointment, viz. till the  
water be consumed then add a little wax to it.

Bruse in a ball. Drink the Decoction of  
Egremony, Botany Sage, Plantain, Ivy leaves, & Bruse by  
Rhe-pansy boyed in wine. Or the powder of a fall.  
Stone pitch given in small beer 2 or 3 mornings.

217.

Yellow  
jaundice

jaundies

Black

Bones  
pained.

Bruises &  
itches



- Against Shortness of Breath, lungs stop.  
 Vinegar made of Rue, as you make vinegar  
 of Rofes & taken inwardly. Or the Robbs  
 of Holiore powdered & mixed with 3 times  
 their weight in honey. Another. Slit  
 Figgs, fill them full of mustard, boile them  
 in white wine, eat the figgs & drink the wine.  
 Against the Dropfy. Centaury taken  
 usually will prevent a Dropfy & help it, by  
 drinking the decoction of it in Ale. Another  
 Empty an Egg of all the white & fill up the  
 void place of the shell with Juice of flowers  
 - delues then warm it a little in hot Embers &  
 give it every morning to one that hath the  
 Dropfy, it will make him avoid the Hydropic  
 - cal humour downward. Another. Snails  
 either with shells, or without, being beat with  
 Rhenet, & applyed plaisterwise to the navil  
 draweth out all the water, but it must not  
 be removed till it drop off of it selfe, &  
 this will draw out any thorne or any thing  
 out a Thorne that is got never so deep in the flesh.  
 To help the Dropfy. Bryony rootes boiled  
 in water, & the water drunk. Another.  
 The Roots of Elder trees soe in water & if  
 Decoction drunk for common Drink. So  
 both the Decoction of walwort either  
 in wine or water. For Stone & Dropfy.  
 The Berries of winter Cherries stamped &  
 the Juice taken out & dried, taken inwardly.  
 To know whether the Dropfy be hot or cold.  
 If it beains below & swells upward it is hot.  
 but if it swells downward it is cold.  
 Against Dropfy in the Leggs.  
 Sooth Oates in water till they be soft &  
 hold the swoln Leggs over the fire in co-  
 - vering the vessel with a blanket, that  
 the steame may not goe out, & it will draw  
 Blisters, which call for heale them again  
 with fresh Butter. To cure Aches.  
 The Juice of Asymart mixt with halfe  
 the quantity of Aquavita to anoint with.

To draw  
 out a Thorne  
 a peice of the  
 tongue of a  
 fox moistned  
 with vinegar  
 if too dry ap-  
 - plied to the  
 place.



Against Swollen Leggs & Feet.

219.

Ointment made with Hogs grease Mug-  
works & a little Vinegar. Another. Leggs &  
The Liquor where in Heates feet have. Feet  
ben boiled is good to bathe the leggs in, &  
if you add Chickweed Mallows & Smallage  
to it, it will be the better. when the leggs  
are bathed Apply the Herbs to the soles  
of the feet. Another. Take wormwood  
Southernwood, & Rew of each alike, stamp  
them, & fry them in Honey, till they begin  
to wax dry, & apply it as hot as can be  
endured to Swollen Leggs or hands. Another Swollen  
for a leg that will pit with a touch. Hands.

Take Chickweed & pellitory of the wall,  
of each a handfull. Sheeps ballow 1 pound  
Sartar beaten 2 ounces, boile these in milk  
till they be soft like a pulvis & apply it.  
Another. Take a quart of Red wine, boile  
it to a pulvis with crumbs of Rye bread  
& apply it as hot as can be & in 4 times cures.

Another. For a Red Swelling in Legg or Arm  
Take Oatmeal boile it in milk, & add to it an Arm  
handfull of Mallows, & a handfull of Housleek Swells  
or Senegen chopped small, boile it to a pulvis  
with some sheeps fuet, & apply it, it will either  
break it, or cure it without breaking.

For Ach in the bones of Leggs or Arms. Ach in  
Take a quarter of a pound of Dill seede in Leggs or  
powder, boile it in a quart of white wine, till Arms.  
halfe be boiled away, then put to it a pint of  
Sallet oyle, & boile it till all the wine be con-  
sumed, then straine out the oyle & keepe it.

For lame Limbs, Sallet oyle, Aquavita, Lame  
Oyle of Exeter, & a bullocks gall, of each a Limbs  
like quantity, mixed, makes a good ointment.

Another. Bathe them in a decoction of Rew  
& Rose mary, & wrap them in a Lambs skin  
the wooll side inward. Another. Oyle wherein  
Froggs have ben boild till the flesh is boile off  
the bones is good for lameness in Joints & nerves.

220.

Ach in  
Leggs &  
Armes.

Against Ach in Leggs &amp; Arms.

Take Stale Ale & the Gaul of an Oxe &  
Boil it till it is as thick as bird lime, when  
it is cold anoint with it by the fire, as hot  
as can be endured, when it is dried in once  
or twice, spread some upon a peice of white  
leather, & apply it, when it is hard take it off  
& apply another this doe 3 or 4 dayes.

Knees

Against any Ach, or Swoln Knees.

Tooth

Bruse Rue & Lorage, Boil them in a little  
Honey, & apply them warm.

Thighs

Against pain in the feet &amp; thighs.

The inner Rind of Elder, or dwarf Elder  
boiled in Beares Grease, cures both.

Knees

Rue stamped with Honey & Salt helps  
Swellings in the Knees.

Swoln

Eyes

Head ach

The water of Marigolds helps diseases  
of the Eyes, & the head ach.

wound

Sore

To Cure a wound wonderfully  
Lay an handfull of smart wet in clean  
water, into a wound or sore, then take it  
away & bury it in a moist place, & the  
wound will heale as the fame rots.

joynt

Lynage

To Cure an old joynts disease.

Limbs lame

numb

A Bath wherem Emmeles & their Eggs have  
ben fodd will quickly doe it.

For lame &amp; numb limbs.

Oyle wherem frogs have ben fodd till the  
flesh comes of the bones doth help all lames  
& numbnes of joynts & nerves.

Ague.

For a Quartan Ague.

Knotgrass gathered & the Jague pressed out  
on a Thursday & drunk with the powder of  
7 pepper cornes a little before the fitt comes.

Warts.

To take away warts, anoint them  
with the Juice of Elder Berries.

Teeth to

draw

A Secret to draw Teeth.

Fill an earthen Crucible with Emmeles  
& their Eggs, burn them keep the ashes  
with which if you touch a Tooth it  
aching will fall out. A Hog louse, or wood louse  
Tooth loose prickt with a needle & the aching  
tooth toucht with it the paine will cease.

Wound on the Head

Betony stamped & applied to any wound m<sup>221</sup>  
the head, draws out the broken bones if any. Head  
& heales the wound

To prevent witchcraft.

St Johns wort beinge on one, keeps from witchcraft.  
beinge hurt by witches or Devils.

To kill Tethers. Take an ounce of Tethers. &  
white Copperis dissolved in a pint of Ringworms  
water. Kill Tethers & Ringworms. Stamp Colicaine.  
To kill Lice. The powder of Olibanum

Boyled with as much Barrow Grease. will Lice.  
Kill the Lice in childrens heads, & such as are  
subject to them, will never breed them after.

For Deafness & Impostume in the Eare. Deafness  
Take the Buds leaves or inner rinde of an Elder Eare  
Beat it & drop a drop or two of the Juice into Impostume  
the Eare. The Brains of a weazel dried Fatness

& drunk in vinegar cures the falling Sickness. Sickness

Elder leaves made hot betwene 2 tile Head  
Stones & applied to the forehead & Temples Ach.  
ease the paine of the head.

To cure those that cannot hold their urine. Urine.  
Dry a Bullocks, sheeps or Goats bladder & beate  
it to powder, & give a dram of it in water, vinegar  
or any convenient liquor at night or morning.

For the Stone to break it. Take a Spoonfull Stone  
of the powder made of the roots of red nettles &  
a Linne, in white wine. To kill Tethers & Ringworms  
Anoint them with Black sope & beaten Ginger.

For lame Limbs. Sallet Oyle aquaviva. Lame  
Oyle of Exeter, & a Bullocks Gall of each a Limbs.  
Take quantity mixt together to anoint with.  
Another. But them in the Decoction of Rue  
& Rosemary & wrap them in a lambs skin  
the worky side inward.

For Aches. The Juice of Chymart Aches.  
mixt with halfe the quantity of Chymart  
wines Aches and led with it.

To preserve Health in body & mind. Health

Take of Cinnamon 3 drams, masticke 3  
pomgramat rinde of each 1 dram, Galinagal  
halfe a dram, make all these in fine powder into  
an Electuary with clarified Honey, & take Stomach  
the quantity of a Hable nut every morning. Digestion  
It quicketh a good Stomach, good Digestion &  
keeps the heart & the stomach.

Lame  
Joynts.

For lame Joynts. Rub them well with warm Cloths, & then Anoint them with Aqua composita mixt with a little oyle of Roses. Or els with the Jelly of Hartshorne boyled in sack. Tooth Ach. Seeth Jay berries in Vineger, & sup your mouth full as hot as it may, & when it is cold, sup againe & againe. Or els stop the Tooth if hollow with spirit of Vitriol. Or Take the inner rinde of Elder, bruisse it & put thereto a little pepper make it into balls & Roll them betwene the Teeth that ake.

The Tooth of a dead man born about a man suppresseth the paine of the Tooth. N.C. Roast an Egge hard & beate it with a spoonfull of Salt & 2 spoonfulls of Vineger to a paf & put a little into thy mouth now & then.

Tooth to  
fall out.

To make Tooth fall out. Lay the Roote of the Mulberrie Tree to steep in strong Vineger, dry & beate it to powder touch a tooth with it & it will drop out. Another. The powder of Earthwormes, of mice dung, & of a Hares tooth put into the Hole of a hollow Tooth it drops out.

Tooth Ach.

A little Gun powder tied up in a rag & held in the mouth that it touch the aking Toth. A peice of the Roote of Cromfocke put into a hollow tooth or applyed to it easeth it.

cured for  
ever.

Take & press out the Juice of Water Grass of y<sup>e</sup> part of it that grows above the water & drop a little into the contrary eare of one that hath the tooth ach. it cures him for ever.

Let the party that hath the Toth ach lie on the contrary side, & drop 2 or 3 drops of the Juice of Rue into his Eare of that side y<sup>e</sup> akes & let it remaine 1 hour or 2 & it cures for ever.

For those that cannot hold their water. A dead mouse dried & beaten to powder and given at a time helps them, & such as have a Diabetes if you doe the like 3 dayes together.

To strengthen Memory. Is held forgetfulness. Anoint the Temples once a month with the Gall of a partridge. And The soles of the feete rub with good Mustard helps forgetfulness.

For Bloody Flux. A spoonfull of powder made of what is shorn from a Scarlet & given Scarlet at a time quickly cures the Bloody Flux.



For the Gout. Stamp Spear grass & fill a Walnut shell with it & apply it to the place pained. Bind it on in 6 or 8 hours it will Gout.

Draw a blister, which cut & let out the water & keep a leek wort leaf to it till it is well.

This hath cured such as have had it 20 yeares.

Another. Stamp a handfull of Magwort & boyle it in sweet Sallet oyle till the Joye be consumed & anoint with it. Peice Grease fryed out of Shoemakers Leather is good. The Roots of Henbane stamped warmed & applied to the place cures it both in Toes & Knees. Take a young Puppy all of one colour, Cut him in 2 peices through the back & lay one side hot to the greivous place. The Roots of Holyoak stamped with Hoggs grease & applyed helps it in 3 days. The

Leaves & bark of a willow tree seppd in wine, doth ease the Gout bathed with it.

For such as cannot hold their urine. The Claws of a Goat burnt to powder, & a dram Urine taken in the morning helps it.

To prevent the falling Sicknes. If you give Ten grains of Red Coral in powder to a Child in Falling Sicknes. Brea'd milk for the first sustenance it takes it will never be troubled with the falling Sicknes.

Another. The powder of mans Bones, or rather the Skull of a man not buried, called Cranium humanum.

If the Nose bleeds on the right side, Crush the little finger of the right hand; if on the left side of the left hand. The three cornerd Stone that is found in the kinder part of a Carps head near the neck, beate to powder, & a little of it saup'd up the nose stopp it. Or els write on the partys forehead with his own blood these words, Consummation est.

Receive the smoke of gross powder of Amber up into the nose with a funnell on a Chafing dish of Coales. One that had bled 24 hours was cured by a scain of black thred set on fire at one end, the other end at his nose, the smoke of which stopp'd it. When all other means have faild it hath ben stopp'd by opening a vein in the Eare. The powder of Blew woollen Cloth burnt & saup'd up the Nose stops it. If it be a man that bleeds wrap a cloth wet in Vinegar about his privities if a woman about her breasts.



224. **Ulcers. Sores & Fistulas.** Carduus Beneditus  
 Ulcers Stamp'd & boyled with Barrens Grease & white  
 Sores Flower to an ointment with wine, cures them  
 Fistulas tho the bones be bare. wounds, Sores, Issues,  
 wounds Ulcers, Aches, pains in the Back, Hemorrhoids  
 Sores. three pints, Carduus Beneditus, Valerian,  
 Issues. Sage with the flowers, of each a quarter of a  
 Ulcers. pound, of the leaves & flowers of St Johns  
 Aches. wort halfe a pound, let the herbs & flowers  
 Paines be infused in the oyle & wine 24 hours, then  
 in Back. boyle it in an earthen vessel well glased, or  
 Hemorrhoids Brass vessel, till the wine be consumed, stir  
 Gout. ing it now & then, lest it burn, then take it off  
 & when cold put it in a glass, stop it close,  
 & let it stand in the Sun 10 dayes before used.  
 Ulcers. Egrimony is the herb appropriated for Ulcers.  
 Gout. R. white Sope. scraped fine, & so much good  
 Quarters Aqua vite, put them into a large Retort &  
 French give a large Receiver to it, distill it in sand,  
 Pox. first with a gentle fire, then encrease the fire  
 Scald. by degrees, & there will come out an oyle mixt  
 Heads. with water. The oyle is incombustible, & its  
 To fix vertues many in Alchemy to fix volatile  
 Metals. medicines, & in melting to incorporate Metals,  
 tho never so gross & clammy, Heales malignant  
 Ulcers, the Gout, Quartan Ague, French-  
 Pox, dry scalded heads. The Juice of  
 Ulcer Plantane cast into an Ulcer or Fistula with  
 Fistula. a Syringe heales it, & so doth the Juice of Betony  
 & Cynchoile. R. The Juice of the leaves  
 Festered or Roots of Foxgloves mixed with the like  
 Sores. quantity of the parties urine. wash any  
 festered sore with it. If the Juice be boyled  
 till it be thick, it may be kept all the yeare.  
 Ulcers Put unslaked lime into a new earthen vessel  
 Putrified till tis almost halfe full, then fill the vessel  
 Sores. with boyling hot cleane water, thin it cleare  
 Inflammation off the cleare water, & keep it in a glass  
 close stoppt. This cures Ulcers & putrified  
 Sores by dipping a linnen cloth in it & laying  
 Plastermain over the sore, it takes off Inflammation

For the yells to break the Stone in Kings & is. ar 225.  
A Hens sparrow the feathers taken off & the guts  
also, & kept in salt, or converted into Mummy & Stone.  
Bitter Eaten breaks the Stone in Kings & Bladder.

The blood of a hare, dried & taken inwardly <sup>Bloody</sup>  
breaks the Stone in the Bladder & helps the Bloody Flux.

The Bones of a man or woman taken in powder  
helps the Bloody Flux. Also a Dram of the powder  
of new Tobacco pipes given at a time, in any  
convenient liquor morning & evening. But as  
soone as the Flux is stopped leave off. To stop  
Fluxes of blood in any part of the body, Menstruas  
in women, Aches, <sup>impediments</sup> in the back, & Liver, Menstruas  
heat in fevers, & lastly sleep. 3 Cinamon, <sup>Wches.</sup>  
Cassia lignea, Opium, of each two Drams, <sup>Back.</sup>  
Nyrk; white & long Pepper, of each one Dram, <sup>Liver.</sup>  
Galbanum one Dram, beat into powder what <sup>Fever.</sup>  
can be beaten, make it into a mass with clarified  
honey, & let the patient take 2 pills of it no bigger  
than a pea at night going to Bed. Allom poudet  
stops the overflowing of the Menstruas in women.

For a Pin & web in the Eye. The Head of a Eye a  
Black Cat burned in a new Crucible made fine Pinks  
dries & a little of it blown into the Eye with a quill web.  
3 times a day is a good remedy. If in the cure the  
Patient feel any burning in his Eye, lay 3 or 4 Oaken  
leaves moistned in water to the Eye, & when they have  
tain a while turn them. To prevent Cramps Cramp.  
& Palfys. If you rise when you go to bed to <sup>Palfy.</sup>  
rub your fingers between your Toes & spread to  
them, it prevents Cramps & Palfys. The little  
bone of the Knee joint of a Hares hinder legg  
helps the Cramp if you touch the ground place with it.

Lavender boyles in water & make a pint of the  
Decoction of hung morning & evening cures the Palfy.  
The herb & root of Tormentil boyles in wine  
The wine drunk, & the herb laid plaisterwise  
upon the Eyes restores the sight too lost many yeares.

A Plaster made of young Swallows & their  
nest burnt with oyle & wax & applyed to the Quinsy  
throat easeth the swelling of the throat.

For any Ague just when the fit comes, A gue.  
Boil halfe a pint of sack to a quarter of a pint  
with a little Garlick sliced thin in it & bind it warm.

Spleen.

Bruised

Head to  
purge.

Vertigo

Dizziness.

Head Ach.

Impostume

Speaking  
in Sleep.

Head Ach.

Lethargy.

Vertigo

Dizziness.

Megrim.

Head Ach.

For the Spleen. Drink the water when

in Smiths quench their Iron: Eat Capers

Anoint the Side with the marrow of Beef

mixt with the like quantity of Oyle of bitter

Almonds swarmed well. Or Dye the marrow

Rinde of an Ash tree well in white wine &amp; drink

a draught of it every morning. Or use Tamaris

Bark &amp; Capers with the same wine. Or wash your

left side in the morning with your own urine.

If the Spleen be cold Rub your left side

with your hand every morning, &amp; anoint it with

ointment of Tobacco. Or lay a Tobacco pipe to

the Region of the spleen moistened in the continued

Or apply a plaister of Ammoniacum cum

Scicuta; Cut the plaister to the same form

the Spleen is of To purge the Head clear

Make Tents of the Root of Pellitory of Spain

Linnen cloth &amp; dip

them in Cinamon water &amp; put them up the nos-

trils it helps the Vertigo &amp; Dizziness.

For Head Ach. Make vinegar of verruin

as you make vinegar of Roses, only of leaves

of verruin not flowers &amp; Bath the Head.

For Impostume in the Head. Apply to it a

Red Rose cake warm moistened either

with Romans Brest milk or Red Rose

vinegar. Also a handfull of Betony leaves

&amp; half an ounce of Cummin seeds boiled

in stale Ale &amp; drunk is good for the same.

The Juice of Rue mixed with vinegar

&amp; the Head washed with it, cures all evils.

A draught of the same drunk going to bed

helps such as speak in their sleep.

Camomile &amp; Betony boiled in vinegar to

a pullis &amp; lay warm to the head helps the

megrim & head ach called *Ague & nois*.

Rosemary tops boiled in Ale &amp; laid to

the temples doth the like. Root 3 or 4

great Onions new in embers, pill &amp; bruise

them with the powder of Cummin seeds &amp; apply

it plaisterwise helps head ach, And the haire be-

ing shaved off is good for the Lethargy.

The Roots of Beets pare of the kind press

out the juice &amp; hang it up the nose, it purgeth

the head, helps vertigo, Dizziness, Megrim.

A Diamond held to the head that aches

quite takes away the pain. Verjuice laid put

into a tin bottle with narrow mouth fits to the eare that the pain

may go up into the head helps the Head ach & Head 227  
noise in the eares, & if any live thing be got Eare.  
into the eare it quickly thrust it out.

To stay Vomiting. Take a Toaft very well Vomiting  
dip it in Vinegar, Chew a little in your mouth to stay.  
whilst it is hot, & hold the rest to your Nose.

For Stoppage of the Liver. Use Garden- Liver.  
Thyme in all your drinks & broths, it will  
prevent & cure it. The Liver of a hare dried  
& beat to powder, cures all Diseases of the Liver.

For wind in the Side. Take leaves of Holly Side  
in powder 2 drams at a time in wine. Wind.

For a Stitch. Anoint the side with your own Stitch.  
urine wherein wormwood & Cummin seeds brayed  
have been boiled when you go to bed. Oyle of Bay is good.

For the Navel Swollen. Lay on the Navel a  
plaister of Cowdung boiled in the milk of the same Cow. Navel.

For weakness in the Back. Apply a Plaister Back  
made with Barly flower & Beak flower with oyle weakness  
of Eggs & the yolk of an Egg. A Rice in fine flower  
& wheat flower of each alike temper it with Clarred  
wine & Sugar. The powder of Clary & musk, make  
it into a Cake with fresh butter bake it & eat no other  
breakfast for some days. For paine of the Back Back.

Apply a Plaister made with fresh Cowdung Pain.  
fried in Vinegar. Figs in & Fundament.

Purge Melancholy with Confection of Hamech. Fundament  
or Pills of Lapis Lazuli. R. the powder of a Figs in it

Dogs head burnt mix it with the Juice of

Impenriel & make long Tents & put it up

the Fundament. Pulling out of Fundament.

Boil Bay leaves well in water, put it in an earthen Pulling out  
or pot & sit over it as hot as you can endure it, & Fundament

the same may go up the Fundament so may you put

it up & when it is up, sit down with your bare

breast on an Oaken board made as hot as you can

suffer it. Another Bruise Red Nettles very well

& Boil them in white wine in an earthen pottill.

half be consumed & drink this first in morning &

last at night as Day hath, so the Fundament as hot. Ask in

as can be suffered. Anoint with the Juice of Kne.

Night jaine made into an ointment with May butter.

For a swollen Leg that will pit with a touch.

Boil a quart of Red wine to a pultiz with Leg  
Crums of Rye bread & apply it to the Leg. Swollen.

To make a Nail grow when it is narrow. Nail.

Bruise Cinkefoil with fresh grease & apply it to the place  
where it is swelling, it will make another grow.



Head

Purged

Head is purged by Gargarisms, of which Mustard is Excellent. A Spoonfull put into the mouth is good for the Catarrh; purge the head by Sneezing. Mix the Juice of Primrose leaves with a little milk & let one blow it up the nostrils with a quill.

Rheum  
& Palsy.

For Rheum in the Head & Palsy. Bruise a Red Onion well, boyle it in verjuice & put to it clarified Honey to a good Spoonfull of good Mustard, when it is well boyled, let the party receive the smel up his nose twice a day while it is very hot. Such things as purge the Head purge the Eyes. Take care of taking cold after Sneezing. To cleare the sight.

Eyes.

Take green walnuts before they have shells & walnut leaves, distill them cold & drop the water into your Eyes. For the Polipus.

Nose

Polipus.

Make a Tent with Cotton dip it in the Juice of Ivy & put it up the Nostril. Saunt up the Juice of Red Beate roots, it will cleare both Nose & Head. To keepe the Mouth, Tongue, Nose, Eyes, Eares & Teeth from pain, use Sneezing for most of their pains, proceed from Rheum.

Mouth

Nose

Eyes

Eares

Teeth

Spie Blood

Speech lost

For Spitting Blood. Drink a Spoonfull of the Juice of Betony mixed with milk every morning.

Lost Speech. The Juice of Sage & Primroses held in the mouth will cause one to speake.

Canker.

For Canker in the Mouth. Wash the mouth often with Verjuice. Or water of Burnet, Fumitory, Lavender, or Periwinkle, or the decoction of either of them. Teeth to fasten.

to fasten

Teeth loose.

Seeth the Roots of Vervain in old wine & wash your teeth often with it & it will fasten them.

Gums Scurvy.

Boyle cloves in red Rosewater, or y<sup>e</sup> bladders & beat them to powder, rub the Gums with the powder & drink the decoction in morning fasting an houre after it. Canker in the gums.

Canker.

Take halfe a pint of white wine, aquavie of a pint of water & water an ounce of burnt Allom, & a handfull of Cinkefoil roots bruised. Boil these in an earthen pot over a gentle fire till half be consumed, strain it well, strain it, keepe it in a glass, and wash your Gums with it. Rotting of Gums.

Rotting

Gums or

Consuming

Wash your mouth every morning with Sage water, and afterwards rub your mouth with a Sage leaf.



For a Red Face. Boil Southwiche, Borrage 229.  
Sorrel, purgian, French barley, Bayly roots, Red Face  
& Liguorish in running water to drink a  
draught of the Decoction first in morning &  
last at night. Face with red pimples Dissolve pimple  
Camphire in Vinegar, & mix it & the Vinegar with  
Saltsome water, & wash the Face with it.

Wash your face with the water distilled from  
Hony suckle leaves or meadow Trefoil. white  
Face Faire, wash it with Beauflower water. Scales

To take away the marks of the small Pox. Small  
When the small Pox are well shabbed, anoint Face  
the face divers times a day with the Juice of  
Fennel, 3 or 4 dayes together. To prevent the  
small Pox marks & cure deep wounds & Ulcers. Ulcers.

without a scar, anoint the place with Oyle of Eggs.  
South Perry royal in running water and Throat  
drink a good draught of it at night going to bed  
to bed with a little Sugar in it.

Bleeding is good in all inflammations therefore  
in this, go's good to have Symplic  
alm of Orange always in house for such  
occasions to drink the Syrup & anoint the  
throat with the ointment. Break the Lungs

of a Fox into powder & take a dram of it every  
night in Rose water. For Inflammation, Dissolve  
Sugar cane in Rose water & drink it  
Or else anoint the Break often with oyle of violets

or oyle of water Lilies. Stoppings of the Breast  
Dissolve the Gum of a Cherry Tree in old wine  
& drink thereof. Hair Bald without pain. Stops

Stamp the herb Mercury & Mallow together  
& make a plaister thereof to lay to the Navel. Hard  
Dress Claret the Juice of Rose, to drink a spoon

full of it in all the drink you drink. Belly Sore  
Dissolve Perry royal & mix a little powder of  
Ginger with it & apply it plaisterwise to the Belly.

Stamp Wormwood Rue Motherwort, Balfam  
Lavender Cotton, & mix the Gall of an  
Ox with them warmed & apply plaister

wise to the Belly. Rue Bruised & Quarten  
under the foot next the Skin is a remedy  
for a Quarten chagrin. Any part of the

Done of a mans Arm with the biggest end of a  
Goose roling born about one that hath a quarten Nails  
in the ear, Drop the Juice of Bayleany in the  
ear.

Take the Juice of Bayleany in the  
ear.

For the Rie water in Sheepe.

Put halfe an ounce of *Asafetida* in a pint of water & give the sheepe two Spoonfulls of it milk warme. let him walk upon it half an hower. *Giedynopistis* for *Giediness* put a Spoonfull of the same water into each Eare something more then milk warme and let them rest upon it 3 howers.

For the Murren in beaſts & Piggs.

Take 2 or 3 roots of Beeres foot black Hellebore pound them well in a mortar mixt with Garlick a handfull of Rue & a handfull of Southerwood being well mixt put it in a quart of strong Ale ſtraine it out cleane & give halfe a pinte to each Beast with a horne & let them rest upon it & give them no water for 24 howers. Give Piggs 2 or 3 Spoonfulls & give them no water for 12 howers.

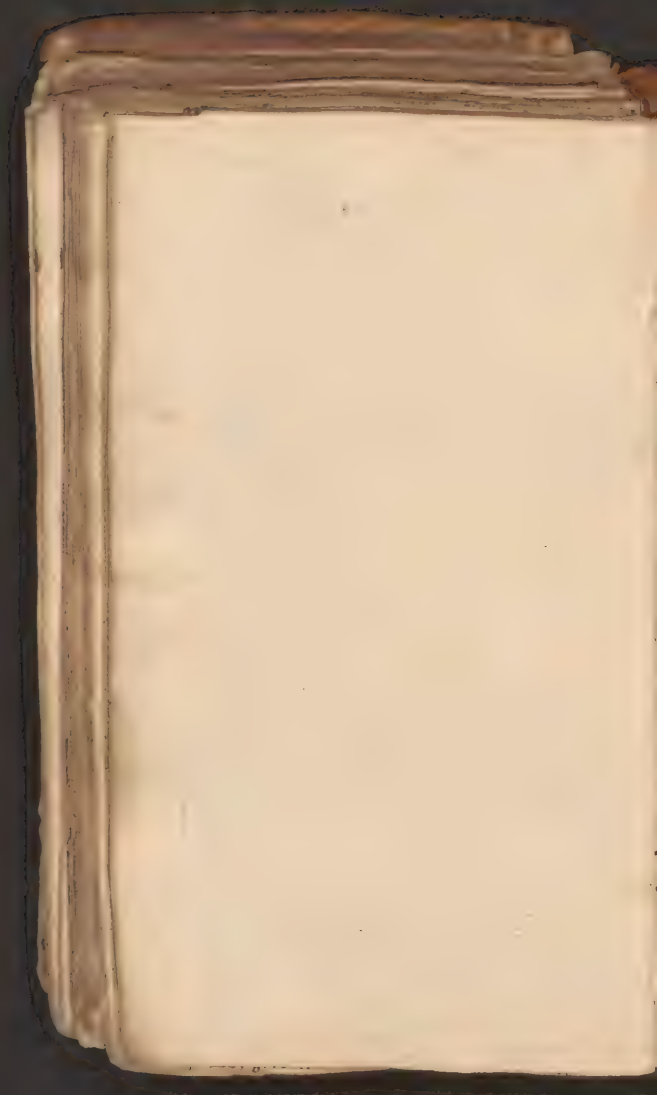
To make Limmon Brandy.

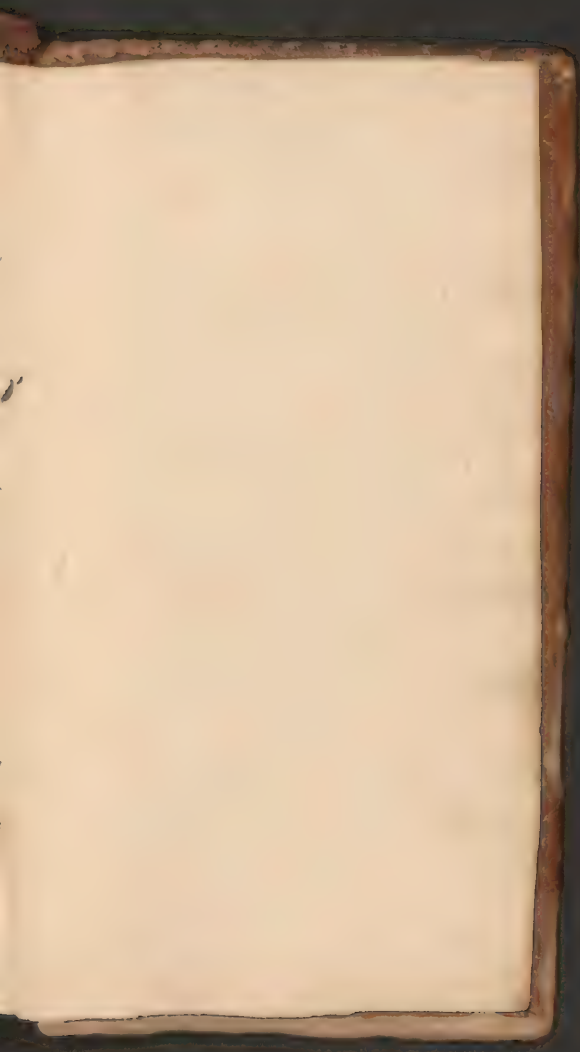
Peele a large limmon & ſteepe the rinde in a quart of Brandy 48 howers cloſe covered. Then take a  $\frac{1}{2}$  of a pound of fine ſugar put to it  $\frac{1}{4}$  of a pinte of fair water a few cloves mace & nutmeg - boyle it a little. Then ſtraine the Brandy thro flannel, & when the Symp is blood warme ſtrain it thro the ſame cloth into the Brandy & when it is cold bottle it. Stir it well before you bottle it.

*Droffy*. 48 Diet Drink for the Droffy.

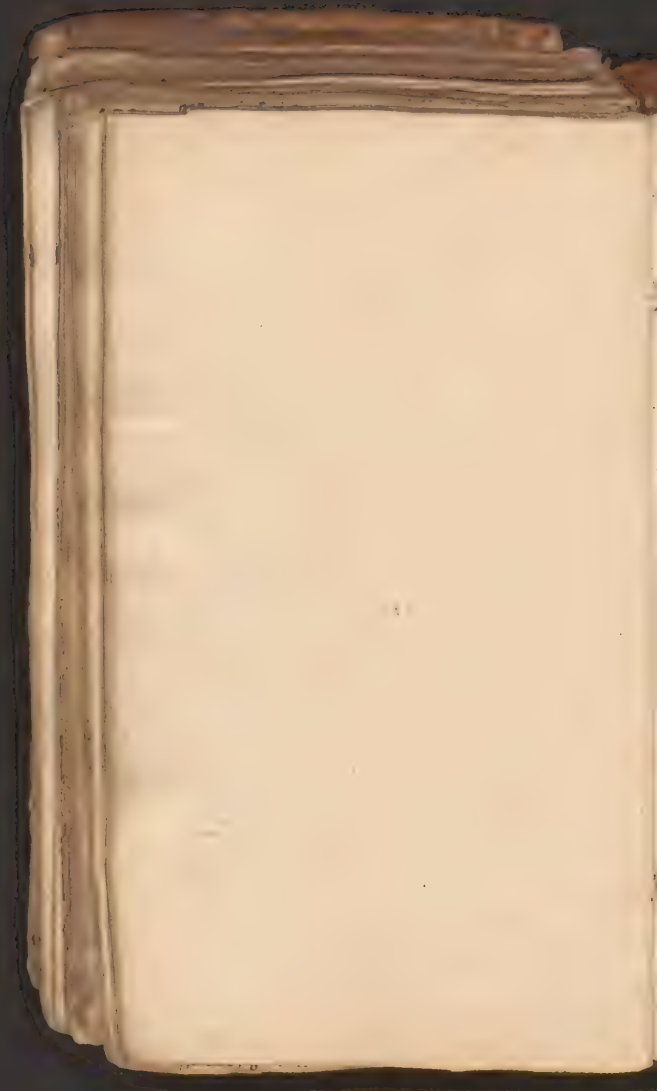
Take 1 handfull of daisy Elder Roots. 1 handfull of horſe Radish roots. 2 handfulls of Broome. Boile theſe in one gallon of the beſt port halfe an houre, & when cold put ſugar to it to worke & ripen it. & put into it in bags Sena & 1 unper berries of each halfe an ounce & when it hath ſtood ſix dayes drink it.

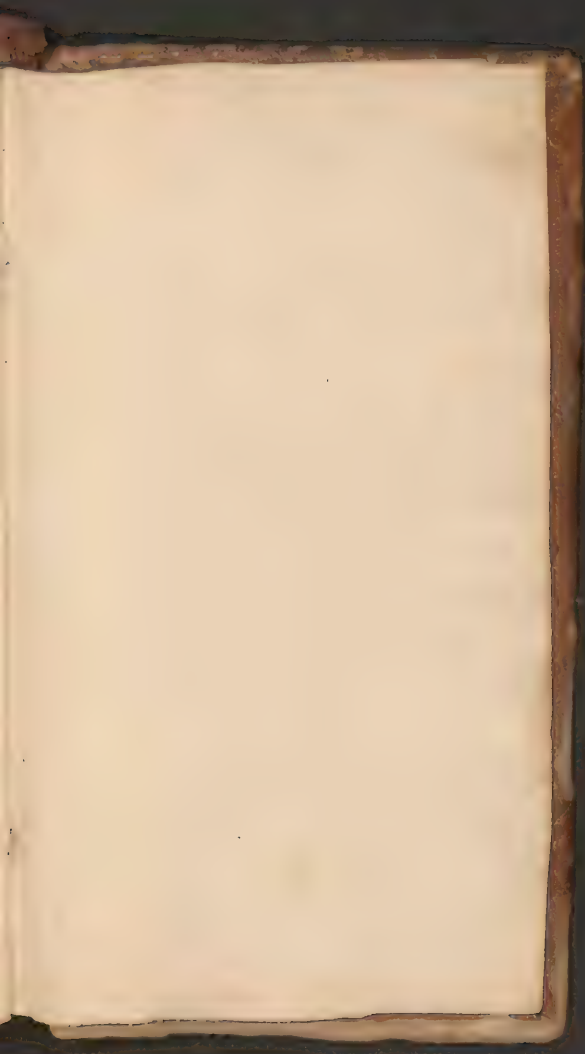




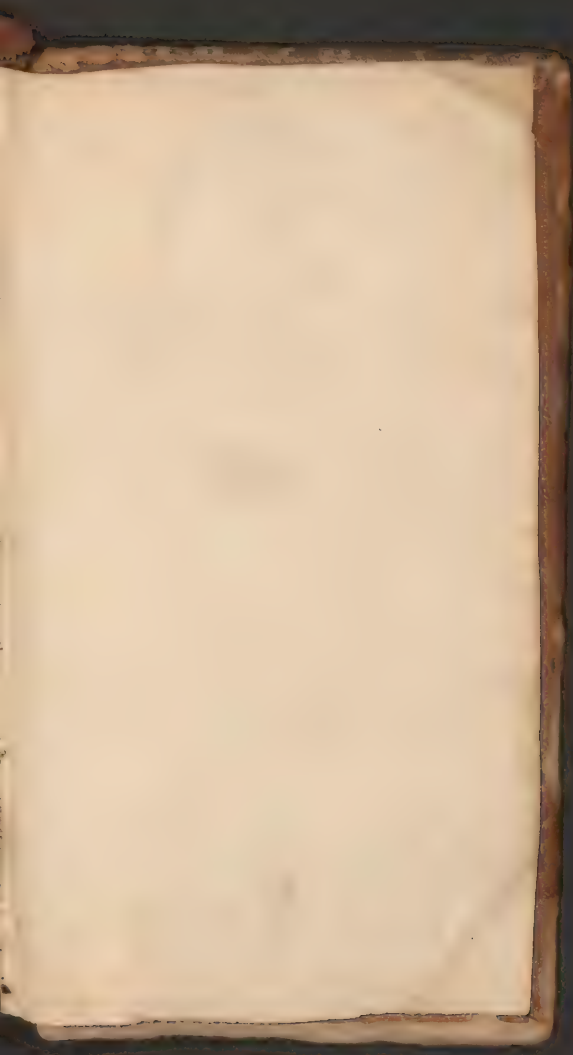


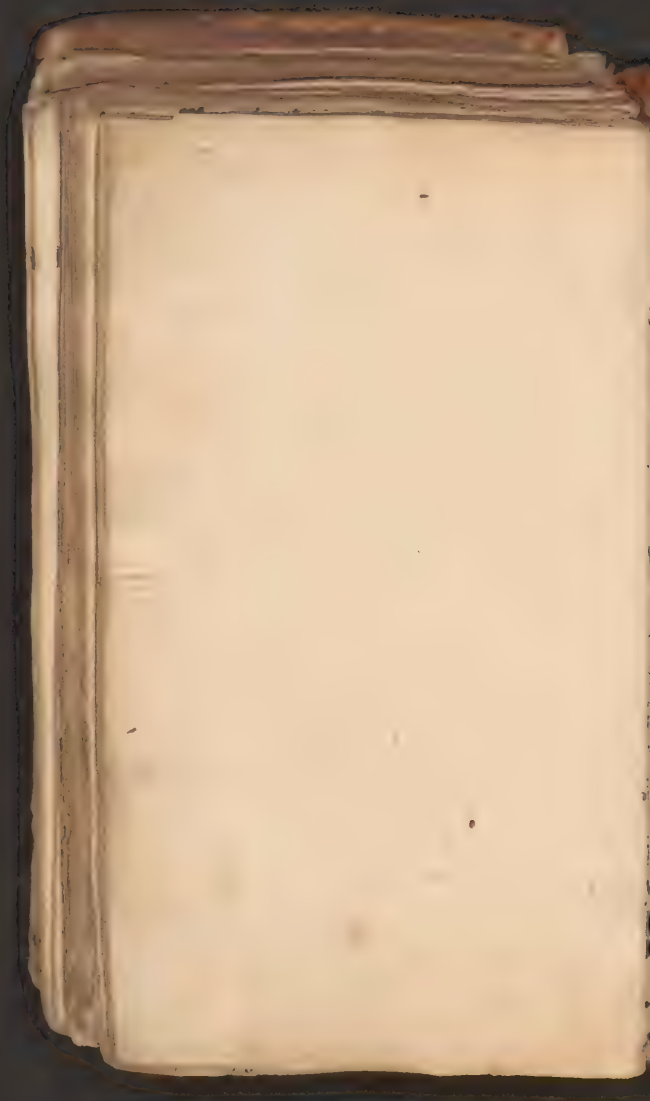




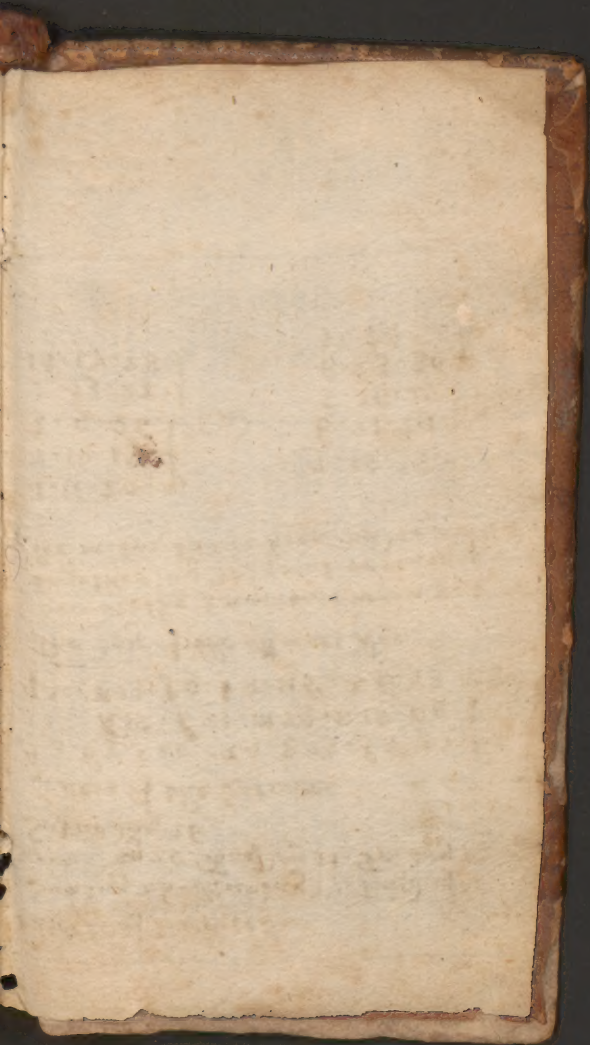












Days of the week.

Sunday 26. Monday 17. Tuesday 15.  
Wednesday 25. Thursday 11. Friday 17.  
Saturday 26.

Letters of the Surname.

A. 3. 8. 3. C. 22. 24. E. 25. F. 3. 9. H. 6.  
I. 15. K. 15. L. 21. M. 24. N. 15. O. 9. P. 14.  
Q. 21. R. 13. S. 8. 9. T. 8. U. 5. X. 6. Y. 3. Z. 3.

The day of the Moones Age.

Divide the 3 numbers (when put  
together) by 30: what remains

see in the table, keepe under with.

Good { 1. 11. 20.  
2. 13. 22.  
3. 9. 26.  
7. 16. 19.  
14. 17. 28.

Bad { 4. 15. 25.  
6. 21. 29.  
5. 18. 27.  
8. 23. 30.  
12. 24.



